

Ingredients:

- 1 fresh turkey, about 15 pounds, preferably free-range
- 1 tablespoon olive oil
- 1 quart apple cider
- 2 teaspoons dried poultry seasoning
- Coarse sea salt and freshly ground black pepper

Remove the giblets from the turkey and discard (or save for another use). Rinse the turkey inside and out and pat dry with paper towels. Rub it all over with salt and pepper. Refrigerate, uncovered, for at least 12 hours and up to 24 hours. During that time, the surface of the turkey will become visibly dry and the skin will tighten; this encourages a nice crisp skin on the finished bird.

Remove the turkey from the refrigerator 1 hour before you plan to start roasting. Preheat the oven to 450 F.

Put the turkey on a rack set in a large, flameproof roasting pan. Drizzle the oil over the top.

See **RECIPE A3**



NEWS: HS students 'Rock the Belt'

See page **A3**

THE RAVENA News-Herald
Albany County's oldest continuously published weekly newspaper

Volume 149, NO. 44

www.theupstater.com

THURSDAY, NOVEMBER 02, 2023

CAPITAL REGION INDEPENDENT MEDIA

\$2.00

Chili cook-off offers tasty way to help seniors **Four on ballot for two town council seats**

Chili cook-off offers tasty way to help seniors

By **Melanie Lekocevic**

Capital Region Independent Media

RAVENA — From moose meat to venison to “boomer chili,” there was something for every culinary taste at the first annual chili cook-off at Senior Projects of Ravenna last weekend.

“We are having our first annual chili cook-off,” said Assistant Director Lakken Kovacic from Senior Projects. “Earlier this year we did Soup for Seniors in February, but this is our first chili cook-off, and I’m hoping to make both of them annual events.”

There were 15 contestants, most of them home cooks, bringing their special brand of chili for the community to try out. Each paid \$10 to enter the contest, and the \$150 that was raised was the prize money for

See **CHILI A2**

address label space



Ronald Hotaling

By **Melanie Lekocevic**

Capital Region Independent Media

COEYMANS — Four candidates will be on the ballot vying for two seats on the Coeymans Town Council when voters head to the polls Nov. 7.

Republican incumbents Brandon LeFevre and Marisa Tutay are both seeking re-election, while Democrats Ronald Hotaling and Michael Stott are making their bids for the two town council seats.

All four candidates were asked to complete a questionnaire about their candidacy. Their responses are presented in alphabetical order.

Name: Ronald J. Hotaling

Age: 56

Family: Tina – wife, Savannah (daughter 27), Shane (son 25) and Samuel (son 22)

Place of residence: Ravenna

How long you’ve lived in the town: Lifelong resident

Occupation: Senior parole officer, New York State Department of Corrections and Community Supervision and also self-employed polygraph examiner – Northeast Polygraph Services

Are you an incumbent: No



Brandon LeFevre

Party line on ballot: Democratic and Coeymans Forward

Previous elected offices, if any: N/A

College: Associates degree: Columbia-Greene Community College; Bachelor’s degree: SUNY - Albany

Military service: N/A

What do you think is the top issue facing your community?

What would you do to address this issue if elected?

Communication and transparency between current board and community. I would like to see more involvement and communication between all board members. Current board meetings offer no meaningful open discussion in public between council members, giving the public the perception that all decisions are made behind closed doors with no public consideration. I want to bring back public workshops between the town and village boards on a monthly basis to discuss areas of mutual interest. We need to work together, not against each other. There should be better accountability of public funds and where and how they have been or will be spent. We need a comprehensive ethics plan to govern our town board and employees.



Michael Stott

Party line on ballot: Democratic and Coeymans Forward

Previous elected offices, if any: N/A

College: Associates degree: Columbia-Greene Community College; Bachelor’s degree: SUNY - Albany

Military service: N/A

What do you think is the top issue facing your community?

What would you do to address this issue if elected?

Communication and transparency between current board and community. I would like to see more involvement and communication between all board members. Current board meetings offer no meaningful open discussion in public between council members, giving the public the perception that all decisions are made behind closed doors with no public consideration. I want to bring back public workshops between the town and village boards on a monthly basis to discuss areas of mutual interest. We need to work together, not against each other. There should be better accountability of public funds and where and how they have been or will be spent. We need a comprehensive ethics plan to govern our town board and employees.

Why do you think you will be a good trustee? If you currently hold office, what are you most proud of accomplishing? If you are a newcomer, what are you looking forward to accomplishing if elected?



Marisa Tutay

Party line on ballot: Democratic and Coeymans Forward

Previous elected offices, if any: N/A

College: Associates degree: Columbia-Greene Community College; Bachelor’s degree: SUNY - Albany

Military service: N/A

What do you think is the top issue facing your community?

What would you do to address this issue if elected?

Communication and transparency between current board and community. I would like to see more involvement and communication between all board members. Current board meetings offer no meaningful open discussion in public between council members, giving the public the perception that all decisions are made behind closed doors with no public consideration. I want to bring back public workshops between the town and village boards on a monthly basis to discuss areas of mutual interest. We need to work together, not against each other. There should be better accountability of public funds and where and how they have been or will be spent. We need a comprehensive ethics plan to govern our town board and employees.

Name: Brandon L. LeFevre

Age: 36

Family: Son of Patricia and Lou LeFevre (passed away in 2021) and an uncle to two beautiful nieces who I adore.

Place of residence: Ravenna and I own a two-unit apartment in Coeymans

How long you’ve lived in the town: I have lived in the town of Coeymans my entire life (36 years).

Occupation: I work in Human

See **COUNCIL A2**

GOOD NEWS!: Community pulls together to support breast cancer survivors



Supporters gathered outside the VFW Post before taking off on the walk.

Melanie Lekocevic/Capital Region Independent Media

GOOD NEWS STORIES
SPONSORED BY
HI-TECH ADVISERS
www.advisers.com

By **Melanie Lekocevic**
Capital Region Independent Media

RAVENA — There was a sea of pink making its way through the village when VFW Post 9594 hosted the annual walk in support of breast cancer survivors.

The 1-mile walk, hosted by the VFW’s Auxiliary, started at the post and wound its way through the village, raising awareness of breast cancer and collecting funds to support those battling the disease.

October is Breast Cancer Awareness Month.

Last year’s walk raised money to support local resident Darlene Mergendahl, who is living with breast cancer and said there are many people in the community that have faced the disease.

“There are so many people here who have gone through this, so they are supporting it because they know what it’s like,” Mergendahl

said. “Support like this is definitely needed.”

This year’s walk was organized by resident Lori Nunziato, an Auxiliary member who set up several committees to oversee the various components of the walk. She has a good friend who was diagnosed with breast cancer last year, so the cause is near and dear to her heart.

“It’s an important cause,” Nunziato

See **SURVIVORS A2**

Find Us Online

For video, photo galleries and breaking news, go to:

TheUpStater.com



Facebook.com/ravenanewsherald



Twitter.com/RavenaNews

This Day In History

2016 Chicago Cubs win first World Series title since 1908, snapping “curse”

1983 MLK federal holiday declared

1865 Warren G. Harding is born



8 97697 00180 5

B1 Sports



Winter 2023-24

RCS sports registration information

Index

- Local/County.....A3
- Neighbors.....A4
- Back To Nature.....A5
- Religion.....A8
- Calendar.....A10
- Kids Page.....A11
- Crossword.....A11
- Sports.....B1
- Column.....B3
- Community.....B5
- Classifieds.....C1



Melanie Lekocevic/Capital Region Independent Media
Fifteen cooks entered their chili recipes in the first annual chili cook-off at Senior Projects of Ravenna.

CHILI from A1

the winning cook. Local residents paid \$10 for adults and \$5 for children under age 12 to try out the chili and pick their favorite.

"People from the community are given tickets to vote for their favorite chili and whichever contestant has the most tickets at the end of the day wins the prize money," Kovacik said.

"You get to taste all 15 chilis and we have little corn muffins and some of the chilis have toppings you can put on, like sour cream and cheese," Kovacik said. "You taste all of them and then vote for your

favorites."

After trying out 15 different versions of chili, no one went home hungry.

At the end of the contest, the big winner was Hayden Hyslop, but the race was close.

"Every one that I've tried so far has been really good," Kovacik said.

The money raised during the event will go towards the various needs of Senior Projects of Ravenna, which may include the purchase of a new ice machine or a warming oven.

"Every single penny that we raise goes right into the



Melanie Lekocevic/Capital Region Independent Media
Village Ambassador Rebecca Shook with her 100% venison "Huntsman's Chili."

senior center, whether it's for paying bills or buying a new appliance that we desperately need," Kovacik said.

Volunteers Lou Smith and Sarah Covey signed in visitors at the reception table, and said Senior Projects is an important resource for the area's elderly. Both are also members of the facility.

"I love the senior center because I get to meet all kinds of different people and serve dinner to them," Smith said. "It's a lot of fun and I really enjoy it."

"I have been here for 25 years and we do a lot," Covey said. "We go on many trips,

we have parties — it keeps you young and out in the public, helping people."

Village Ambassador Rebecca Shook entered her chili — a family recipe for venison "Huntsman's Chili" that she got from her uncle John. She was happy to see the community sharing each other's bounty.

"This annual chili cook-off is another good example of being a community by sharing what we have with one another," Shook said. "It shows how much we care for each other."

Mayor Bill "Moose" Misuraca, owner of the Half-



Melanie Lekocevic/Capital Region Independent Media
Pictured, left to right, are Candace Nolan, Mira Nolan and Brandy Trifiletti at the first annual chili cook-off.

way House Tavern, brought his special "Moose Meat Chili," giving many their first taste of moose.

"This recipe uses actual moose that my friend got in Nova Scotia. He hunted it there," Misuraca said.

Senior Projects provides much-needed resources for the senior population, the mayor said.

"Senior Projects is a very valuable resource for seniors in the community," Misuraca said. "They can get a lot of the things they need at little to no cost, and also socialize, which is really important, too."

Darlene Mergendahl

worked for the facility since 1984 and now serves on the organization's board of directors. She has seen many generations of area residents come through the doors over the years.

"I have watched my friends' great-grandparents coming here back in the '80s, to their grandparents, to their parents, and now it's us ourselves starting to show up," Mergendahl said. "So, I've seen generation after generation using the services that we provide, which is wonderful because that means we affect the whole community, not just the senior community."



Melanie Lekocevic/Capital Region Independent Media
Walkers set out from the VFW Post 9594 on the annual breast cancer walk in Ravenna.

SURVIVORS from A1

ziato said. "Our community faces a lot of breast cancer cases. We have a member in the Auxiliary who is currently battling breast cancer and I asked her if she wanted us to designate the funds raised for her and she said she doesn't need assistance, but she would like for the money to go to an organization that can help others."

Two-thirds of the money

raised by the walk and associated activities like a raffle, bake sale and donation jar, will go to To Life!, a Capital Region non-profit group that provides education and support to people living with breast cancer.

"The other one-third will remain in our fund as a breast cancer fund in case more members or someone from the Post needs help because of breast cancer," Nunziato said.



Melanie Lekocevic/Capital Region Independent Media
VFW Post 9594 Auxiliary members also sold baked goods to raise additional funds for breast cancer advocacy.

Last year's walk raised \$3,000.

This year, Nunziato added, included a raffle for 27 gift baskets — last year there were three — and there was a bake sale, a 50/50 raffle, and chances for a donated quilt, which Auxiliary members sold at a local supermarket through the month of October.

Members of the Ravenna Fire Department were also on hand selling hamburgers

and hot dogs to raise money for the department and to attract new volunteers. Supporting breast cancer survivors is an important cause, said Megan Aurelia from the department.

"We are here to support the VFW in their breast cancer awareness walk," Aurelia said. "This is the second year that we participated. We are here to support our community."

Deputy Fire Chief Tra-



Melanie Lekocevic/Capital Region Independent Media
Raffle tickets at the event helped raise more funds in support of breast cancer patients.

vis Witbeck said cancer has touched the lives of so many people in the community.

"As a department, we want to make sure we are a part of this community," Witbeck said. "It's not just about serving the community, it's about being part of it and supporting all of these kinds of events. And if we can raise awareness and funds for eradicating this scourge, that would be awesome."

Nunziato was pleased to see so many people turn out to support the cause.

"I'm all about community," she said. "I've lived here my whole life and when there is somebody that is struggling, we all roll up our sleeves to help, no matter what it is. That is what I admire and like the most about this community — it's all about community."

COUNCIL from A1

Resources as a recruiter for Carver Companies. Previous positions held were project manager at Kasselmann Solar and finance manager at Porsche.

Are you an incumbent: Yes, I have been a town of Coeymans councilman for the past four years.

Party line on ballot: I am a registered Republican (Row B) and am also endorsed by the Conservative Party (Row C).

Previous elected offices: Town councilman 2020-2023 and appointed deputy supervisor in 2023.

College: I attended Rensselaer Polytechnic Institute for four years, earning a bachelor's degree in business management.

Military service: N/A

What do you think is the top issue facing your community? What would you do to address this issue if elected?

The biggest issue our town is facing is the need to strike a balance between economic development while maintaining our residents' quality of life. We also need to support the offshore wind project which could potentially create hundreds of jobs. The money that will be invested into our community will boost our local economy and keep our tax rate low. We can accomplish this by continuing to work together with our local businesses, elected officials and community residents.

Why do you think you will be a good supervisor/trustee? If you currently hold office, what are you most proud of accomplishing?

As a councilman these past four years, we have worked on many projects that have improved our community. I'm especially proud of the Joralemon and Coeymans

Landing Park improvements. New permanent bathrooms that are handicap accessible will soon be completed, making life easier for all residents visiting our beautiful parks. Joralemon Park now has new basketball court as well as tennis and pickleball courts. The park also has a new state-of-the-art playground that was designed to welcome children with special needs. I'm also proud of our 350th celebration, which Councilmember Tutay and I co-chaired. The two-day event was filled with free festivities, live music, carnival rides, and a spectacular display of fireworks over the Hudson River. I must credit the success of the event to a large group of community members who spent countless hours for over a year planning and organizing the celebration. If re-elected, I look forward to representing and serving the residents of the town of Coeymans.

Name: Michael Stott

Age: 41

Family: Megan (wife), Jesse (10), Harper (8)

Place of residence: North Coeymans

How long you've lived in the town: I've lived in the Town of Coeymans my entire life

Occupation: Teacher at the RCS Central School District

Are you an incumbent: No

Party line on ballot: Democratic line, as well as an independent line called Coeymans Forward

Previous elected offices, if any: None

College: College of Saint Rose

Military service: None

What do you think is the top issue facing your community? What would you do to address this issue if elect-

ed?

While campaigning, I've talked to many people throughout the town of Coeymans. Several concerns were brought up, but the one that seems to stand out the most pertains to the balance between industry and residential life. Many people feel that the town of Coeymans has made concessions to industry in the past, in turn neglecting some aspects of residential and environmental life. If elected, I'll work collaboratively with the other members of the town board and local businesses to come up with solutions to this problem. I think periodic meetings should be held with various business owners with the hope of working together to mitigate such issues. Helping to solve issues such as this will hopefully create a balance between industry and residences.

Why do you think you will be a good trustee? If you are a newcomer, what are you looking forward to accomplishing if elected?

As someone who has lived in the town of Coeymans my entire life, I believe I can look at the town in a holistic and unbiased manner. When concerns are brought up that require the town board's attention, I feel I can make sound decisions as to what is best for the town. I am also someone who is easily approachable. I look forward to having discussions with the public about town issues and believe local government should be a place where community members and local officials work cohesively to create a great place to live.

Name: Marisa Tutay

Age: 54

Family: I have been married to my husband, Stan Tutay, for 31 years. We have three children: two daugh-

ters, Lauren Tutay, aged 29, and Lindsay Tutay aged 22, and one son, Logan Tutay, who is 21. This past December we were blessed with a granddaughter, Emilia, aged 10 months. We also have a loving Labrador retriever, Mia, who is 5.

Place of residence: Feura Bush (this is at the very western and northern parts of the town, thus the Feura Bush address)

How long you've lived in the town: 54 years, 23 of which I lived in the village of Ravenna on both Main Street and then Woodlawn Drive, and the other 31 at my current address.

Occupation: I have been an elementary school teacher for 33 years. My first 13 years I taught grades 3 and 5 at Guilderland Elementary School in the Guilderland school district. The last 20 years I was in the classroom teaching grades 3 and 4, with the last six years holding the position of Curriculum Content Specialist for Math and Science at A.W. Becker Elementary school. I also work with students as a math interventionist for grades K-5.

Are you an incumbent: Yes, I am currently a council member on the board.

Party line on ballot: Republican and Conservative lines

Previous elected offices: I have not served as an elected official in a municipal office prior to my tenure on the Coeymans town board. However, I did serve on the town of Coeymans planning board/zoning board of appeals for two years prior to serving on the board. I was also a member of the Coeymans Hollow Volunteer Fire Company Ladies Auxiliary, serving as both vice president and president.

College: After graduating from RCS in 1987, I attended the College of St. Rose,

receiving my Bachelor of Science in elementary education in 1991. I then attended SUNY Albany, receiving my Masters of Science in Reading in 1994.

Military service: N/A

What do you think is the top issue facing your community? What would you do to address this issue if elected?

I believe we need to continue to move forward and build upon the progress we have made. We are continuing to work on revitalizing our town and a major part of that is the offshore wind project at the port, which will bring jobs and tax revenue to the town. We also need to make sure that our economic progress is balanced according to our Comprehensive Plan and provides for quality of life for our residents. In addition, we need to address the issue of the town hall building and determine what route we want to take, whether it be renovating our current town hall, purchasing another property and renovating that, or new construction. This means ensuring that we provide a balanced budget and that spending plans are sensible while providing affordable taxes to our residents.

Why do you think you will be a good trustee? If you currently hold office, what are you most proud of accomplishing?

As a current board member I am proud of several accomplishments that have taken place while I have sat in my seat. The first is providing internet service to more rural areas of our town which assists residents in being able to work from home and their children being able to complete assignments that are digitally based. Another accomplishment that I am proud of was the honor of serving as the co-chairper-

son of the 350th Anniversary Committee for the town of Coeymans and helping to plan and provide a celebration which was enjoyed by many this past June and September. In addition, I had the pleasure of working with village of Ravenna trustee Linda Mueller and my colleague on the town board, Linda Bruno, in revising the Town of Coeymans/Village of Ravenna Summer Program to ensure greater accountability and safety for the children of our town. We were also able to partner with the RCS school district's Discovery Camp, hiring assistants to the teacher, working in the program, and helping to enhance the program for the children who took part in the camp. Helping to enhance the quality of life for our residents by building permanent bathrooms at both Joralemon and Coeymans Landing (which is still in the construction phase) is another accomplishment by the board that I am proud of being a part of. Lastly, being part of the budget process that has enabled the town to receive a score of zero, the best you can attain, from New York State Comptroller's Office for fiscal stress and creating a budget that provides for increases to both the Ravenna Rescue Squad and Senior Projects of Ravenna, while maintaining a 0% tax increase to residents, is an accomplishment that my fellow board members and I are incredibly proud of. All of these, while very important, take a back seat to my proudest accomplishment and that is being a resident of the town of Coeymans and being able to represent our residents, who are the best thing about the town of Coeymans. I am honored to serve the town and hope to continue to serve a place that I am proud to call home.

News from the Past in Memory of Harry A. Sturges



IN MEMORY OF Harry A. Sturges

News Herald – October 26, 1923 - F.E. Bleezarde, Publisher

Coeymans:
• A much-needed rain visited this section on Tuesday and Wednesday. It made that

section of Main Street, which is under construction for the new road, a pretty slippery place for traffic.

• Capt. Percy Wolfe, with the tugboat Bronx No. 2, passed by this village with a tow of barges loaded with sulfur, a shipment from New York to Buffalo by the Hudson River and barge canal. The shipment is to go to Duluth and Mr. Wolfe had charge of the tow as far as Buffalo.

• A pancake and sausage supper will be served in the Reformed church chapel on Wednesday evening, Oct. 31, by the Ladies Aid Society. Supper 50 cents. There will be a short entertainment

afterward relative to Halloween. The girls of the Junior Mission Band will sell popcorn and candy.

• William H. Seabridge has been confined in his home the past few days by illness.

• Mr. and Mrs. Frank LaPoint gave a party in their home on Church Street on Saturday afternoon in honor of their daughter Margaret. A number of her friends were present and a very pleasant time enjoyed. Each one received a Halloween favor.

Ravena:

• The Ravena Lumber Company moved into its new office on Main Street on Tuesday morning. The new headquarters of the compa-

ny is now in the center of their sheds and storehouses, and they are all equally accessible from the office. Besides the office, the paint and glass supply will also be kept in this new office location, which is directly east of the former office.

• George Dunnigan, of Providence, R.I., and Miss Catherine VanAlstyne, daughter of Mr. and Mrs. Garret VanAlstyne, were quietly married at the Christian church parsonage on Sunday afternoon by the Rev. W.E. Baker. The brother of the bride, William VanAlstyne, attended them. The groom is an iron worker in the employ of the contracting or erecting

bridge section of the Hudson.

• The LeRoy M. Whipple Council, No. 90, D. of A., will hold its regular meeting this Friday at 8 p.m. Everyone is particularly urged to be present to help along with the fair, which is to be held in the near future.

• N.O. Cronk brought in a fine big bunch of Columbia raspberries on Saturday, as evidence of the second crop on his plants.

• The W.C.T.U. will have their annual dinner and supper on Election Day at Odd Fellows Hall, Tuesday, Nov. 6, from 6-8 p.m. The public is cordially invited to come.

Coeymans Herald – Oc-

tober 24, 1888 - S.H. & E.J. Sherman, Proprietors

• Mr. L.R. Carhart is in the West, taking orders for Briggs' ice harvesting machinery.

• The young people of this place will give a private dancing party in Music Hall on the evening of Nov. 1. Invitations are out.

• Orrie Seabridge has a position on the steamer Saunders, which with her consort, the Whitney, is in the West Shore's service at Newburgh.

• Conrad Smith will sell his entire stock of farming utensils, horses, cattle and household goods at auction, Friday, Nov. 2, 1888, at 10 o'clock a.m.

Historical Society's final 2023 program: 'Barent, the Miller, He Pays No Rent'



Karen Hess

RAVENA-COEYMANS — This year the town of Coeymans has been celebrating the 350th anniversary of its founding. The Ravena Coeymans Historical Society's final program of that anniversary is to be held Sunday, Nov. 12, at 2 p.m.

Karen Hess will present "Barent, the Miller, He Pays No Rent," which chronicles the life and times of a Dutch

man whose name is memorialized.

Barent Pieterse Coeymans sailed across an ocean to the Dutch colony of New Netherland to serve the patronship of the Van Rensselaer family on the Upper Hudson River. As an apprentice to the patroon's miller, Barent learned the trade of sawing planks and grinding grain.

Filled with ambition, he possessed all the ingredients for success — skill at his trade, willingness to work hard, doggedness and shrewd business acumen. His success is evident in 125 square miles of riverfront land conveyed to him by Native people and confirmed by an English governmental patent on April 7, 1673.

Karen Hess, who has

extensively researched the Coeymans family, returns to discuss another aspect of Coeymans history. Using primary source documents, she will follow the life of Barent Coeymans from the Netherlands, his life as a miller and landowner, his marriages, his family, and the many disputes he had with the Van Rensselaers for whom he worked, from

whom he leased mills, and to whom he bested in his fight for land.

Join in for this final program of 2023, open to the public, at the museum at 15 Mountain Road, Ravena. And mark your calendars for the museum's holiday open house on Sunday, Dec. 10, from 1-3:30 p.m.

'New' book donations needed

The Book Nook at Grace United Methodist Church is looking for donations of newer novels and nonfiction — books released in the past five years or so — for the upcoming semi-annual Holiday Sale.

The group is also taking donations of puzzles, CDs and DVDs (no VHS, please).

Donations can be dropped off through Nov. 21 during The Book Nook's regular hours, 9 a.m. to noon on Tuesdays and Saturdays.

As always, books must be in good condition: no torn or damaged covers, missing or water damaged pages, mold- and dirt-free. They do not take textbooks, en-

cyclopedias, or out-of-date computer, medical or health books. Out-of-date means any published more than two or three years ago.

For more information, call 518-756-6688 and leave a message for Jean. The Book Nook is located at Grace United Methodist, 16 Hillcrest Drive in Ravena.

RECIPE from A1

Roast for 1 hour. Reduce the oven temperature to 175 F. Pour the cider into the roasting pan and sprinkle the poultry seasoning in the liquid. Continue roasting until an instant-read thermometer inserted into the thickest part of a thigh (but not touching bone) registers to 170 F.

Transfer the turkey to a carving board, tent loosely with aluminum foil, and let rest for about 15 minutes (see tip). Meanwhile, skim

the fat from the surface of the liquid in the pan. Put the roasting pan over two burners and bring the pan drippings to a boil over high heat. Cook until the juices reduce and thicken slightly, enough to coat a spoon, about 10 minutes. Taste for seasoning. Carve the turkey and serve with cider pan juices.

Resting tip: Slow-roasted meats need far less resting time (pretty much none) than those that are traditionally roasted. The reason for resting

meat that has been roasted at a high temperature is to allow juices that have collected in the cooler center time to migrate back into the dryer (hotter) exterior sections after it comes out of the oven. Because slow-roasted meats are cooked evenly and a temperature that keeps most of the juices in place, a resting period is largely unnecessary. A brief resting time does allow the meat to become a little firmer as it cools, making it easier to carve.



Courtesy of RCS Central School District
RCS students in SADD — Students Against Destructive Decisions — reminded their peers about the importance of wearing a seat belt.



Courtesy of RCS Central School District
LEFT: Students who arrived at school wearing a seat belt were given Smarties candies — and just about every student who drive onto the campus was wearing one. RIGHT: Students arriving at the high school wearing their seat belts.



Courtesy of RCS Central School District

RCS alumna and local author Ashley Zeoli spoke with students in the high school's writing class about the writing process.

RCS alumna author offers students writing tips

RAVENA-COEYMANS-SELKIRK — Ashley Zeoli, a local author and an RCS graduate, presented to the high school's UHS Creative Writing

class as they prepare for their next unit of writing their own stories.

Zeoli spoke about her journey as an author and the valuable lessons she

gained from publishing her own work.

Zeoli has written two children's books and is currently in the process of finishing her third.

HS students 'Rock the Belt'

RAVENA-COEYMANS-SELKIRK — Students in SADD (Students Against Destructive Decisions) held a Rock the Belt event Thursday before school to remind drivers of the importance of wearing a seatbelt as part of National Teen Driver Safety Week.

The National Highway Safety Administration notes

that motor vehicle crashes are the number one killer of teens today.

Of these crashes, 54% of teens (13-19) were unbuckled.

In 2021, an estimated 94,201 teen passenger vehicle drivers were injured in motor vehicle crashes and an estimated 170,083 were injured in crashes involving

a teen driver, accounting for almost 7% of all those injured on the roadway that year, according to the national Highway Safety Administration.

SADD members gave out Smarties candy to all whose seatbelts were buckled. Almost everyone arriving at school was wearing a seatbelt!

PUMPKIN PATCH BOEHM FARM, LLC

Pick Your Own **Apples**

Sweet Corn, Tomatoes, Sweet Cider, Cider Donuts, Baked Goods!
Local Maple Syrup & Honey, Jams & Jellies.
Pies on the Weekends

Open 7 days a week from 10am-5pm • Orchard closes at 4:30
(518) 731-6196 • Cty Rt 26, Climax, NY 12042
(1/4 Mile Past Quarry Steakhouse on County Route 26. Big red barn on the hill)

Follow us on Facebook



RCS SCHOOL MENUS

RCS Elementary School Menu November 6 to November 10 Breakfast Menu

MONDAY:
Blueberry muffins, peaches, apple, skim or 1% milk.

TUESDAY:
Staff development day. Staff only.

WEDNESDAY:
Waffles, apple sauce, pears, skim or 1% milk.

THURSDAY:
Cheese omelet wrap, banana, mixed fruit, skim or 1% milk.

FRIDAY:
Veterans' Day. No school.

Lunch Menu

MONDAY:
Peanut butter and jelly sandwich or chicken patty Parmesan, whole-grain roll, green beans, fries, apple sauce, mixed fruit, skim or 1% milk.

TUESDAY:
Staff development day.

Staff only.

WEDNESDAY:
Ham sandwich or macaroni and cheese, whole-wheat roll, carrots, apples, bananas, skim or 1% milk.

THURSDAY:
Mixed sandwich or homemade cheesy pizza, green leafy salad, apple sauce, oranges, skim or 1% milk.

FRIDAY:
Tuna salad sandwich or stuffed crust pizza with cheese, green leafy salad, mixed fruit, oranges, skim or 1% milk.

RCS Middle & High School Menu November 6 to November 10 Breakfast Menu

MONDAY:
Blueberry muffins, peaches, apples, skim or 1% milk.

TUESDAY:
Staff development day. Staff only.

WEDNESDAY:
Waffles, apple sauce, pears, skim or 1% milk.

THURSDAY:
Cheese omelet wrap, banana, mixed fruit, skim or 1% milk.

FRIDAY:
Veterans' Day. No school.

Lunch Menu

MONDAY:
Chicken patty Parmesan, whole-grain roll, green beans, fries, apple sauce, mixed fruit, skim or 1% milk.

TUESDAY:
Staff development day. Staff only.

WEDNESDAY:
Macaroni and cheese, whole-wheat roll, carrots, apples, bananas, skim or 1% milk.

THURSDAY:
Homemade cheesy pizza, green leafy salad, apple sauce, oranges, skim or 1% milk.

FRIDAY:
Veterans' Day. No school.

Senior Projects

RAVENA — Senior Projects of Ravena offers dinner every Monday and Thursday at 5 p.m., and lunch on Tuesdays, Wednesdays and Fridays, at noon. Senior Projects of Ravena is located at 9 Bruno Boulevard, Ravena.

If there is a senior who needs assistance or you are concerned about a senior,

please call Senior Projects at 518-756-8593.

Below is the menu for the week of Nov. 6 to Nov. 10

MONDAY:
Barbecued chicken, baked potato, coleslaw, bread, milk and coffee.

TUESDAY:
Election Day. Closed.

WEDNESDAY:

Tuna salad sandwich, Romaine lettuce and tomatoes, soup, bread, milk and coffee.

THURSDAY:
Meatball sub, coleslaw, bread, milk and coffee.

FRIDAY:
Veterans Day. Closed.

Lekocevic named executive editor at CRIM

Staff Reports

Melanie Lekocevic, the top editor at the Ravena News-Herald, the Greenville Pioneer and TheUpStater.com for the past two years, has been promoted to the newly created position of executive editor of Capital Region Independent Media, company President Mark Vinciguerra announced this week.



Melanie Lekocevic

The company includes nine media properties — six weekly newspapers in Albany, Greene, Columbia and Washington counties in New York, one paper in Vermont, and two regional news websites.

In addition to the three Capital Region Independent Media editorial departments she already leads, Lekocevic becomes the top newsroom executive at the Whitehall Times, the Granville Sentinel, the FreePress and NYVTmedia.com — all in Washington County — along with The Columbia Paper in Columbia County and the Lakes Region FreePress in Vermont.

"I am pleased to promote Melanie to this position," Vinciguerra said. "As an experienced journalist with

decades of experience in the communities we serve, Melanie brings the right mix of news savvy and managerial experience to this new position, which will help our company expand its mission of journalism to our readers and advertisers."

tor at a cable television station, BronxNet, where she launched the news program BXNY-TV. She started her career in advertising.

Lekocevic, 56, said she is looking forward to her new role at Capital Region Independent Media.

"I am so grateful to be given this opportunity to lead the editorial department," she said. "We have a talented staff of editors and reporters, and we will all work together to expand and grow and bring our readers high-quality news content in myriad ways, including print, our website, social media, videos, broadcasting — the list goes on and on.

"It feels very good to be on the cutting edge of the news industry and finding new ways to share our stories with the communities we serve. It is an exciting time to be in the news business."

Lekocevic has a bachelor's degree from Boston University and an MBA from Regis University in Denver. She was born in Germany, grew up in New York City, lives in Greene County and has a college-age daughter.

Veterans Day turkey dinner, November 11

SELKIRK — The Bethlehem Grange 137 will hold a Veterans Day turkey dinner on Saturday, Nov. 11, from 3:30-6 p.m., eat-in or take-out.

The dinner includes turkey, gravy, dressing, mashed potatoes, vegetables, cranberry sauce, roll and dessert. Beverages are included for eat-in meals.

The cost is \$15 per meal. Veterans and active service members will receive \$2 off their meal with proof of their service.

Please pre-order by Nov. 9 for your eat-in or take-out dinner by calling Carol Carpenter at 518-421-1384.

HOSE REEL RAFFLE
The Grange is raffling off a residential hose reel, donated by Hannay Reel out of

Westerlo.

Hannay Reel is the leading manufacturer of hose and cable reels for fire/rescue, LP gas, petroleum and aviation fuel delivery. Although the company focuses on the larger reels, they also produce garden reels. The reel is stainless steel with powder coating and is retailed at \$510.

The raffle tickets can be purchased at any Grange event, or by calling Charles at 518-227-8954 or Jackie at 518-810-6031 or Carol at 518-421-1384. The cost is \$2 for one ticket or \$5 for three tickets.

The raffle drawing will be Dec. 9, after the Grange's craft fair.

CRAFT FAIR AND MORE

The Bethlehem Grange's annual craft fair will be Saturday, Dec. 9, from 9 a.m. to 3 p.m. The Grange is located at 24 Bridge St. in Selkirk. The building is handicapped accessible.

Space for crafters and vendors is still available.

In addition to a broad range of crafters and vendors, the Girl Scouts will again have homemade cookies for sale and there's a rumor that Santa Claus may pay a visit, so be ready to take some photos.

There will also be face painting and a gift-wrapping table. You can bring your own wrap or choose from theirs. The cost for wrapping is a donation of your choosing.



RCS COMMUNITY LIBRARY

• Romp and Read Friday, Nov. 3, from 10-11 a.m.

Romp and Read will help get the wiggles out on Tuesdays and Fridays at 10 a.m. with interactive themes, stories, and actions songs with props. No need to register.

• Chair Yoga for Seniors: November and December Series Friday, Nov. 3, from 10:30-11:15 a.m.

This series of gentle classes is for folks ages 50 and up. No experience or equipment is required. Join in at Senior Projects of Ravena on Bruno Boulevard for this series of yoga classes throughout November and December, taught by local instructor Kelley Curran of Well & Kell. No class on Nov. 24, or Dec. 22 and 29. There is no fee for this class but registration is required.

• Saturday Fun for

Families: Concert Saturday, Nov. 4, from 10:30-11:30 a.m.

This month the library will welcome the Meadow-suite ensemble, a trio of local musicians who play the flute, clarinet and tuba. They will be putting on a 60-minute concert for the whole family featuring "The Ugly Duckling" by Hans Christian Andersen set to music. Registration is required.

• Fiber Arts Meetup Saturday, Nov. 4, from 11 a.m. to 12 p.m.

Unwind at an informal meeting with fellow yarn crafters to work on your projects, ask questions, get inspired, and just enjoy crafting in a group. Bring your own supplies. All skill levels are welcome. Join in on the first Saturday of the month. Sign up at rcscommunitylibrary.org and reserve your spot.

• Romp and Read Tuesday, Nov. 7, from 10-11 a.m.

Romp and Read will help get the wiggles out on Tuesdays and Fridays at 10 a.m. with interactive themes, stories, and action songs with props. No need to register.

• Family Storytime Thursday, Nov. 9, from 10-11 a.m.

Family Storytime meets on Thursdays at 10 a.m. and combines music, movement, stories and play to encourage early literacy. For kids of all ages (and their grown-ups, too). No need to register.

NEW FICTION

"Becoming the Boogeyman" by Richard Chizmar
"The Stranger Upstairs" by Lisa M. Matlin
"The Museum of Failures" by Thrity Umrigar
"Brooklyn Crime Novel" by Jonathan Lethem

Thank You



for participating in our customer appreciation program.

This is when an advertiser buys newspapers for new readers. For more information please call 413.212.0130.



IN OUR BACKYARD

TV, Cell Phones, WiFi & More



HI-TECH ADVISERS
22 Main Street Ravena
(518)756-3800
www.advisers.com

If you'd like to advertise here please contact:
Amy Filiault
amy.filiault@nyvtmedia

The Ravena **NEWS-HERALD**
Capital Region Independent Media

MARK VINCIGUERRA
PRESIDENT
WARREN DEWS JR.
PUBLISHER
MELANIE LEKOCEVIC
EXECUTIVE EDITOR



The Ravena News-Herald, USPS # 386-720, is published weekly by Capital Region Independent Media at PO Box 13, Ravena NY 12143. Periodical postage is paid at Albany NY.

POSTMASTER: Send address changes to The Ravena News-Herald at PO Box 13, Ravena, NY 12143.

To order a subscription, call our circulation department at (518) 859-6353

SUBSCRIPTION RATES

The Ravena News-Herald is published weekly for \$80 per year in Albany & Greene Counties, and \$85 elsewhere.

PHONE: 1-518-756-2030 After April 1: 1-518-642-4138

EMAIL: markvinciguerra@ravenanews.com

WEBSITE: www.theupstater.com

COLLINS & SON

TRUCKING & EXCAVATING

SITE WORK · LAND CLEARING
SEPTIC SYSTEMS · ROLL-OFFS & MORE
RESIDENTIAL · COMMERCIAL · FULLY INSURED



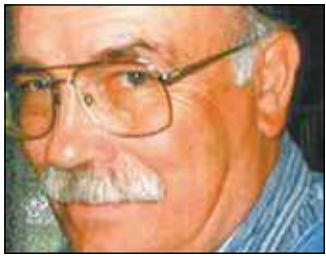
COLLINS & SON, INC. - A NAME YOU CAN TRUST
In Business Since 1966 - Family Owned & Operated

BOOK A JOB NOW & SAVE

518-756-2070

Financial savvy

WHITTLING AWAY



DICK BROOKS

Watching the news over the past few weeks has me wondering if I followed the wrong career path during my working days.

I chose to go into the field of education, which I have never regretted, but now I

see that maybe I should have gone into the area of finance. When I retired from teaching, I was presented with a nice shiny brass school bell for my desk; it's lovely, but with things the way they are now, I think one of those "golden parachutes" they seem to be handing out to everyone in the financial field might be more useful.

Looking back, I see that the signs of a natural aptitude in finance were apparent. As a small child, I never saved any money, spent it as fast as I could get it. If a stray quarter came my way, I spent it as soon as I could get to the nearest store.

My tries at deficit spending were thwarted by my

siblings, who were unwilling to lend me any of their allowance. I did manage to convince them that because I was the oldest, I owned the family dog. I then sold them shares so they became part owners and could have petting rights.

I invested some of my allowance in a small brown bag of penny candy, which I purchased at Mr. Avery's store. I then smuggled my small sack of contraband into school where on the playground, I could sell the contents for as much as a nickel apiece, thus practicing the law of supply and demand at an early age.

Having reached adulthood, I did make some in-

vestments. I even took a jaunt or two into the arena of stocks and bonds. I still have the Betamax and Edsel stock I purchased at the time.

The Princess and I have a large amount of money invested in her Beanie Baby collection. I remember standing in line for hours for the privilege of paying an outrageous sum for the newest ones to appear on the market. I haven't checked their value lately, but they must be worth a fortune by now!

I think all of the above shows a certain natural talent in the financial area. I think I could run a large corporation into the ground with the best of them. In fact, I think I

could do it better, faster and cheaper than most.

One of the items on the news talked about a corporate head that had been on the job for three weeks and qualified for an \$18 million buyout. I feel fairly confident that I could have ruined the company in under two weeks and would have only charged them \$10 million.

Another item in the news concerned a large insurance company that the government had to bail out; as soon as they got a boatload of cash from Washington, they had a \$400,000 party. I bet I could have had the party for at least \$10,000 less and have kept the amount spent on spa treatments down by

not allowing pedicures.

I think I would have been a natural talent had I gone into the financial world, too bad we'll never know.

Actually, I'm really ticked off about the whole mess. Greed is an ugly word. Given the weight of gold and its aerodynamic qualities, it might be good for the country if some of these guys took their "golden parachutes" to a very high place and tried to put them to use.

Thought for the week — Exceptions always outnumber the rules.

Until next week, may you and yours be happy and well.

Reach columnist Dick Brooks at Whittle12124@yahoo.com.

Beyond the track: Tiny Magoo and the quest for ethical horse protection

Horses of Unbridled



SUSAN KAYNE

By Melanie Lekocevic

For Capital Region Independent Media

In August 2021, as the Unbridled team was bustling with preparations for a significant field trip with the South End Children's Cafe, a new member made a grand entrance. Her name, Tiny Magoo.

She was impossible to ignore. With her stunning dappled-gray coat and majestic presence, she was more than just another horse, she was a beautiful Thoroughbred mare. From the moment she arrived, Tiny's personality shined with curiosity, gentleness and friendliness, equally as bright as her striking appearance.

RACING CAREER

Born on April 12, 2017, in New York and bred by Eagle View Farm, LLC & Richard Scelfo, Tiny Magoo gave her all on the racetracks of Aqueduct, Belmont Park and Saratoga. Although she never clinched a win, she did secure several second-place finishes, amassing over \$45,000 in her racing career.

While these numbers might appear commendable, it's crucial to remember the impact that high-stress environments like racing can have on young horses, as evidenced by a 2016 study in the "Journal of Applied Animal Welfare Science."

Fortunately for Tiny, she was retired in a mostly sound condition, aside from the usual wear and tear that racehorses experience.

A NEW CHAPTER

When owner Sandy Goldfarb, and trainers Rob and Brittany Atras decided it was time for Tiny to retire, they chose Unbridled to be her new home. The initial months to transition a horse from the racetrack into life beyond the track requires experienced handlers and skilled care; it is crucial to the horse's chance of successful integration into a new life.

In 2003, a powerful bond was forged between Sandy Goldfarb and Susan Kayne when Sandy was searching

for a forever home for his 10-year-old racing warrior, Stalwart Member. It was a time when aftercare options for racehorses were few and far between. This pressing need inspired Sandy and Susan to establish the Unbridled Thoroughbred Foundation, with Stalwart Member as its inaugural equine member.

For nearly two decades, Sandy has been an unwavering supporter of Unbridled, aiding in the rescue and rehoming of countless Thoroughbreds from a range of situations — whether retired thoughtfully by their original caregivers or facing bleak futures in slaughter-bound feedlots.

Tiny's arrival at Unbridled not only marked another chapter in a fruitful partnership that began with Stalwart Member, but it also stood as a testament to Unbridled's unceasing commitment to turning around the lives of horses with love, new opportunities, and a promise of lifelong protection. Tiny thrived under the specialized care tailored to meet her individual needs.

THE RETIRED RACEHORSE PROJECT

When Tiny Magoo arrived at Unbridled, the interest in her was immediate and overwhelming, thanks in part to her gorgeous grey coat — a color highly sought after in the horse world.

Yet, as much as the adoption inquiries poured in, it was clear that Tiny needed time to discover her own path, her own identity beyond that of a racehorse. This led her to a temporary home in October with Christina Sawelsky-Morse in Massachusetts, an experienced horsewoman and trusted collaborator with Unbridled.

Sawelsky-Morse initially aimed to prepare Tiny for participation in the Retired Racehorse Project, but it soon became evident that the competitive circuit wasn't where Tiny's heart lay. Instead, she found her true calling as an ambassador for Thoroughbreds, taking on a significant role in November at the Equine Affaire, a prestigious national expo.

At Unbridled, we pride ourselves on truly listening to the horses in our care. We allow them the space and time to express themselves, respecting their unique personalities, emotions and inclinations. We never impose an agenda on them; instead, we let them guide us in understanding when they are



Contributed photo

Tiny Magoo successfully transitioned from racehorse to Thoroughbred ambassador.



Contributed photo

Tiny and her fan club, led by Rachel Zanchelli, right.



Contributed photo

Tiny Magoo says "hello" to Snowball.

ready to step into new roles or experiences. It's this philosophy of care — acknowledging each horse as a unique, sentient being — that allows us to genuinely honor and protect the lives of horses like Tiny Magoo.

TRANSFORMATIONAL JOURNEY

Tiny Magoo returned to the fold of Unbridled in August 2022, after a period of meaningful advocacy work. The changes in her were remarkable — she had not only gained weight and grown taller by 2 inches but also developed a fuller, richer personality during her time under Christina Sawelsky-Morse's thoughtful ground-

work. This transformation is a testament to the profound impact a gentle approach with compassionate care can have on a horse's physical and emotional well-being.

Today, Tiny stands as a living example of the potential that slow, thoughtful care, adequate rest, and a supportive environment can unlock in a former racehorse. Her story serves as a poignant call to action, urging us to re-evaluate our existing practices and regulations that leave too many horses in its wake.

Tiny isn't merely an asset or a means to an end; she is part of a larger community that includes fellow horses,

caregivers, advocates and potential future owners. Her secure future exists because Sandy Goldfarb made the conscious decision to retire her from racing while she was still in good health.

CONSIDER THE HORSE FIRST

Unfortunately, many owners see horses as mere commodities rather than as sentient beings deserving of ethical consideration. Horses in these hands are often pushed to the breaking point, raced until they are no longer fit for the track or any other purpose. This grim reality often leads to a high number of Thoroughbreds ending up in slaughterhouses,

sometimes with their racing plates still intact.

At Unbridled, we strongly advocate for mandatory imaging procedures at racetracks, to ensure unsound horses are not raced, and that horses are retired before they are permanently damaged. Though Tiny may not have been a champion on the track, thanks to Sandy Goldfarb's proactive choice, she is a big winner in the race of her life.

Susan Kayne operates the horse rescue organization Unbridled Thoroughbred Foundation, on the border of Albany County and Greenville.

GO RCGS I



GO GET 'EM!

INDIANS!

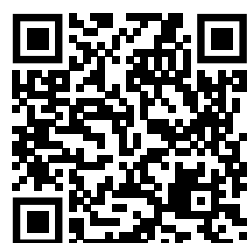


#RCS INDIANS

SPONSORS



SUBSCRIBE



Arguments

Positively Speaking



TOBY MOORE

In my formative years, I often chose silence over confrontation, retreating rather than facing the storm.

While there's merit in sidestepping conflict, I've realized that a well-constructed argument can illuminate hidden truths and pave the way for genuine healing in certain situations.

Let's confront a reality: Our world seems more divisive than ever. Social media amplifies differences, news outlets fuel polarizing views, and personal beliefs become fortified fortresses,

impenetrable to outside perspectives. It's vital to discern when to engage and when to retreat.

Is arguing synonymous with fighting? Not necessarily, though the lines often blur. At its best, an argument can be a passionate exchange of ideas — a debate where parties respect boundaries, stick to facts, and prioritize understanding over being understood.

A delicate balance exists; sometimes, a mere divergence of views can unexpectedly escalate into something more contentious.

What about author Dale Carnegie's advice in the groundbreaking book, "How to Win Friends and Influence People?"

In the book, he describes how nobody ever wins an argument. If you win, you lose; if you lose, you lose. He suggests that winning an argument comes at the expense of a relationship and often feels like losing.

Nine times out of ten,

an argument ends with each contestant more firmly convinced than ever that they are right. He believed that arguments fail to change the opposing party's mind and create a barrier.

In most circumstances, he's correct, and we must learn to choose our battles.

In professional settings, tread carefully. Avoid disputes with business partners, co-workers, superiors, or anyone you might seek assistance from. Disagreeing with acquaintances or those you're just getting to know rarely fosters rapport.

Consider this scenario: You're talking with an individual you've recently met, seeking guidance on a new business venture. The topic unexpectedly shifts to the forthcoming presidential election, and it becomes evident you're on opposite sides of the fence. Is debating your stance likely to garner their support? Chances are, it won't.

Recently, I came across

an enlightening article in Psychology Today that posited that arguing, at times, can be beneficial. It can serve as a lens, helping you discern the other person's viewpoint more distinctly and fostering mutual understanding.

There's a notable exception: the effectiveness diminishes when one isn't receptive to the alternate stance, lacks flexibility, or when emotions run too high. Under these circumstances, things can quickly devolve.

Think about a couple arguing over something small, like who forgot to take out the trash. In no time, they're bringing up old problems and yelling. Doing this too much destroys the relationship.

What about two old friends? They've grown to have different beliefs about politics and religion: A simple talk can get heated fast.

The cost of relentless arguing is far steeper than strained relationships. Prolonged exposure to such

stressful situations can lead to traumatic responses, evoking symptoms akin to PTSD in some individuals. The body's constant high alert — fight or flight — can have severe mental and physical repercussions.

A profound truth lies at the heart of every argument: we can choose our reaction. Every argument offers an opportunity — a chance not to escalate, not to wound, but to understand.

Conflict is natural, but how we handle it defines its outcome. This is where conflict resolution shines. Instead of positioning oneself against the other, one could try to bridge the gap. Active listening, asking open-ended questions, and validating feelings can turn a potentially volatile situation into a productive conversation.

I say to protect the relationship. A moment of understanding is better than a lifetime of regrets.

There's a significant difference between arguing to

understand and arguing to win. The former helps us evolve, while the latter only holds us back.

Instead of diving head-first into every argument, we must choose which battles are worth our energy.

When tempers flare, and voices rise, take a deep breath. Remember that every choice, every word spoken and action sets us on a trajectory. By consciously choosing understanding over hate and compassion over confrontation, we preserve our peace and pave the way for deeper and better relationships.

In every disagreement, let's prioritize understanding. In every argument, strive for unity. Only then can we bridge divides and foster more profound, lasting connections with one another.

Toby Moore is a columnist, the star of Emmy-nominated "A Separate Peace," and the CEO of Cubestream Inc.

Veterans Day: Honoring America's heroes



Courtesy of Pexels

Veterans Day will be celebrated on Nov. 11.

By Melanie Lekocevic
Capital Region Independent Media
Veterans Day, observed on Nov. 11 each year, is a holiday dedicated to honoring and expressing gratitude

to the brave men and women who have served in the U.S. armed forces.

The day has a rich history that dates back to the aftermath of World War I and has

since evolved to become a symbol of respect and appreciation for all veterans who have defended the nation.

ARMISTICE DAY

The origins of Veterans Day can be traced back to World War I, known as the Great War.

The armistice that ended the hostilities on the Western Front was signed on the 11th hour of the 11th day of the 11th month in 1918, marking the end of one of the deadliest conflicts in human history. November 11 became a day of remembrance and reflection on the sacrifices made during the war.

Armistice Day was officially recognized as a national holiday on May 13,

1938, and it primarily focused on honoring veterans of World War I. The day included parades, ceremonies, and a brief cessation of business activities to honor the fallen and living veterans of the Great War. It was a solemn day of remembrance for a generation profoundly impacted by the horrors of World War I.

EXPANDING THE SCOPE

After World War II and the Korean War, it became evident that a broader approach was needed to honor all veterans, not just those who served during World War I.

As a result, the holiday's scope was expanded, and

on June 1, 1954, Congress passed the "Veterans Day Bill," which replaced "Armistice" with "Veterans." President Dwight D. Eisenhower signed the bill into law, establishing Nov. 11, as Veterans Day. This change allowed the holiday to recognize the sacrifices of veterans from all wars and conflicts, not just World War I.

Since its renaming, Veterans Day has become a day to honor and celebrate all veterans, living and deceased. Parades, ceremonies and events are held across the country to show appreciation for the men and women who have selflessly served their nation. These activities often involve vet-

erans themselves, as well as their families, friends and grateful citizens.

The National Veterans Day Ceremony takes place at the Arlington National Cemetery each year, and it symbolizes the unity of the American people in recognizing and appreciating the sacrifices of all veterans. In addition to these ceremonies, various organizations and schools hold special programs and events to educate the public about the significance of Veterans Day.

Veterans Day is not merely a day off from work or school but a day for Americans to reflect on the service and sacrifices of those who have sworn to protect their nation. It is an opportunity for citizens to express their heartfelt gratitude to veterans who have dedicated their lives to the defense of freedom and democracy.

The history of Veterans Day is a testament to the enduring spirit of remembrance and gratitude. From its origins as Armistice Day, marking the end of World War I, to its evolution into a day that honors veterans from all wars, the holiday serves as a reminder of the sacrifices made by those who have worn the uniform of the United States armed forces.

Thank you for supporting Local Journalism

At the heart of every community is its local newspaper, a reflection of the residents and businesses that make it unique. With more people turning to online sources for their news and businesses struggling to meet the demands of our economy, the traditional advertising model that supported local journalism is no longer sustainable. That's where you come in. We need your help to support local journalism and keep our community informed and engaged. Our local news is more important than ever, and our online presence has expanded our reach to new audiences. However, we can't do it alone. We need the support of our readers to help fund our operations.

Become a supporting member and commit to a single donation of just \$15, \$25, or \$50. We believe that our community values and benefits from professional journalism and that you are willing to contribute the cost of a few cups of coffee to keep it going. Thank you for your support in maintaining strong local journalism within our communities.



To donate scan the QR code or send check to:

Capital Region Independent Media
PO Box 330
Granville, NY 12832



Make checks payable to Capital Region Independent Media. You may notate your preferred receiving newspaper in the memo. Again, thank you for your support to keep local journalism alive within our community.

House of Worship - News & Services

Babcock
Funeral Home, Inc.

SPONSORED BY
518-756-8333

19 Pulver Avenue • Ravenna, NY 12143
www.babcockfuneralhomeinc.com

Pre-Planning Available Handicapped Accessible

"Four Generations and Over One Century of Service to Our Community"

Riverview Missionary Baptist Church
"The Church at Riverview"
11 Riverview Drive,
Coeymans, NY 12045
(518) 756-2018
www.riverviewchurchcoeymans.com
Rev. Antonio Booth &
Rev. Dr. Roxanne Jones Booth
Co-Pastors
"Being God's family: loving,
caring, supporting and
encouraging one another"
• Sunday Bible School 9:30 AM
• Sunday Morning Worship 11:00 AM
• 2nd Tuesday of the Month - Prayer
Meeting 6:30 PM - 7:30 PM
• Wednesday Bible Study
6:30 PM - 8:00PM

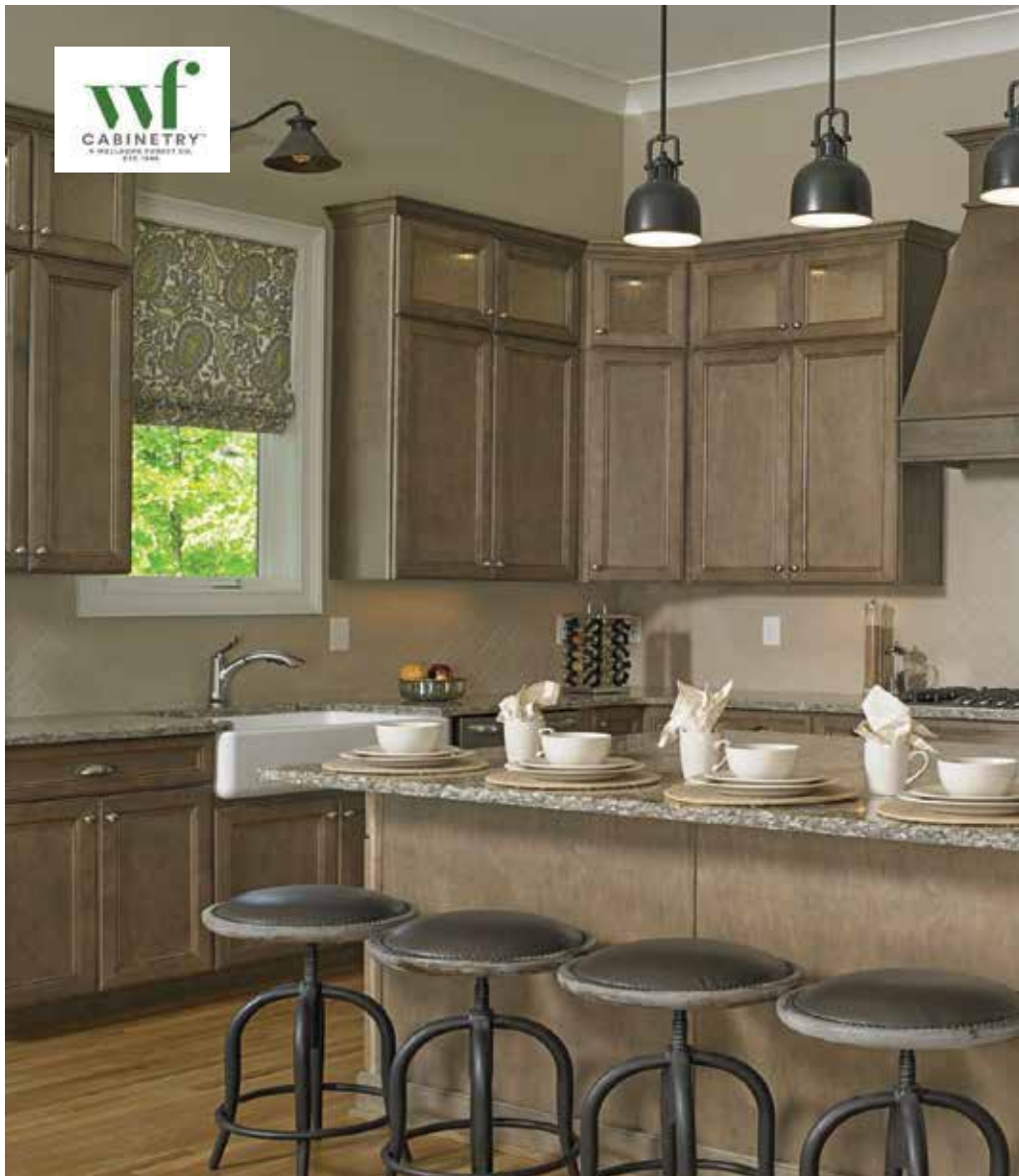
Grace United Methodist Church
16 Hillcrest Dr
Ravenna, NY 12143
(518) 756-6688
Rev. Kim Krause
SUNDAY
9:30 AM Worship Service
TUESDAY & SATURDAY
9:00 AM - Noon
Book Nook & Bargain Shed
Working together to put our
faith and love into practice.

New Baltimore Reformed Church
Telephone: 756-8764
Rt. 144 and Church St.
NBRChurch@aol.com
www.nbrchurch.org
Rev Rick L. Behan
• Sunday Worship - 9:30 AM
• Fellowship before and after worship
• Sunday school time TBD
• Choir Thursday - 4:45 PM
• Bible Study Friday - 10:00 AM
• Helping Hands
2nd Sunday - 10:30 AM
Working together since 1833

Church Of Saint Patrick
21 Main Street,
Ravenna, NY 12143
(518) 756-3145
Fr. Joseph O'Brien,
Parochial Vicar
Weekend Masses: Sat. Vigil 4:30
p.m., Sun. 9:30 a.m. (also St. Patrick's
YouTube channel or Mid-Hudson 901)
Weekday Mass: Tue. 8:30 a.m.
Also Exposition of the Blessed
Sacrament 8:30-9 a.m. Wed., Thu.
Food Pantry Hours
Tuesdays & Fridays 10-11 a.m.
and Wednesday 6-7 p.m.
Thrift Shop Hours
Thursdays 1:00 - 3:00 p.m.
Saturday from 9:00 a.m. - Noon
You Are Welcome Here!

SOUTH BETHLEHEM UNITED METHODIST CHURCH
67 Willowbrook Ave, PO Box 98;
South Bethlehem, NY 12161
PH# (518) 767-9953
FX# (518) 767-2189
Pastor Noel John
PH# (518) 209-6635
Sunday Worship 11AM
Zoom Service Available
For Link Info Please Contact:
sbumc.church@gmail.com
Fellowship immediately following
Worship in Church Hall
ALL ARE WELCOME

To be featured on this page please contact Warren Dews at 413-212-0130.



A Kitchen Designed for Your Life

Create a kitchen that's beautiful as it is functional. Find a layout that works for your family, and durable cabinetry and countertops that withstand the test of daily use. Let's start planning together, today!



Greenville | Windham | Latham



1-YEAR MANUFACTURER'S WARRANTY

i45 model
as shown in the picture

INVERTER GENERATORS

3 Models:
120-2000w
130-3000w
145-4500w

Few things come in as handy as a portable generator. Power up your RV, campsite or hunting shack. Or bring it along to that remote work site on the back forty. Jobs like these are perfect for a compact-sized inverter generator from CFMOTO. Our three models are easy to handle and run at low noise levels. But the best part about these amazing little power sources is you can get one now at your CFMOTO dealer.

TOWN LINE MOTORSPORTS

6003 Rt. 32, Westerlo, NY 12193
(518) 797-3540 | www.townlinemotorsports.com

PARTS | SERVICE | SALES

We service all major brand motorcycles, dirt bikes, snowmobiles, and ATVs. Call us at (518) 797-3540 to schedule your service.



RIDE WITHOUT COMPROMISE



TOWN LINE AUTO

Full Service Auto Repair | Body Shop & Collision Repair
6501 Route 32, Greenville, NY 1208
(518) 966-8003 | www.townlineauto.com

TOWN LINE SELF-STORAGE

Safe, Secure & Convenient | Storage Units | Boat & RV Parking
6501 Route 32, Greenville, NY 1208
(518) 966-8003 | www.townlineself-storage.com

Cluckin' "A" Farm

680 West Road
Greenville, NY 12083
518-966-5157

Friday & Saturday 12 noon until 5:00
other times by appointment only



Unique Items From LOCAL ARTISTS!

Honey, Maple Syrup, Eggs, Jams, Local made gifts, Yarns, Fiber, Crystals, Angel Cards and a line of Native American Items and Antiques to choose from. Stop by and see our items & Us!



TCI NY provides an essential service to New Yorkers

Processing, recycling, and repairing transformers



TCI of NY is deemed an essential business in New York for its role in the power industry. The company goes to the utilities with specialized trailers to pick up damaged or broken transformers to be inspected. They are either repaired or recycled. 99 percent of the material processed is salvaged for beneficial re-use rather than landfilled.

"The service is especially important today due to severe storms knocking out transformers. This has resulted in supply chain issues for the utilities," said John Hamor, Capital Energy Partners. "TCI removes the damaged transformers so they can be replaced or repaired."

Transformers move electricity from higher to lower voltages so it can be delivered safely to homes, schools, and businesses. Everything related to electricity uses a transformer.

To find out more about working at TCI, please email HR@tci-ny.com or go to www.tci-ny.com for more information.

PLEASE RECYCLE THIS NEWSPAPER



Community Calendar

RAVENA Community Bulletin Board

NOVEMBER 2023

- 4 - Trinity UMC Souper Saturday, 12-2 p.m., on Route 143, Coeymans Hollow. Join in for free soup, bread and fellowship. All are welcome.
- 7 - Election Day. Town and village offices closed.
- 7 - Election Day. No school.
- 9 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 10 - Veterans Day. Town and village offices closed.
- 10 - Veterans Day. No school.
- 11 - Community Veterans Day Breakfast at Trinity UMC, 8-11 a.m., on Route 143, Coeymans Hollow. Serving everyone assorted pancakes, farmer's casserole, bacon, sausage, sausage gravy, muffins, hot and cold beverages and fellowship. Cost is a donation.
- 12 - Ravena Coeymans Historical Society's final program of 2023: "Barent, the Miller, He Pays No Rent," at 2 p.m., at Ravena Coeymans Historical Society Museum, 15 Mountain Road, Ravena. Free admission.
- 13 - Coeymans Planning/Zoning Board of Appeals meeting, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 14 - Ravena Village Board meeting, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 15 - RCS Board of Education meeting, 6 p.m., at RCS High School, Route 9W, Coeymans.
- 16 - RCS High School Drama Club Cabaret, 6 p.m., at RCS High School cafeteria and auditorium, Route 9W, Coeymans.
- 20 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 22 - Coeymans Planning/Zoning Board of Appeals meeting, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 22-24 - Thanksgiving holiday, RCS schools closed.
- 23-24 - Thanksgiving. Town offices closed.
- 28 - Ravena Village Board workshop, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.

DECEMBER 2023

- 2 - Trinity UMC Souper Saturday, 12-2 p.m., on Route 143, Coeymans Hollow. Join in for free soup, bread and fellowship. All are welcome.
- 5 - Ravena Village Board meeting, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 10 - Ravena Coeymans Historical Society Museum holiday open house, 1-3:30 p.m., at 15 Mountain Road, Ravena. Free admission.
- 11 - Coeymans Town Planning/Zoning Board of Appeals meeting, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 14 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 19 - Ravena Village Board meeting, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 25 - Christmas Day. Town and village offices closed.
- 26 - Ravena Village Board workshop, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 27 - Coeymans Planning/Zoning Board of Appeals, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 28 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.



• Tree Trimming and Pruning
• Large Tree Removal
• 60ft Bucket Truck
• Free Estimates

www.sevenzocks.com

• PROFESSIONAL SERVICE • GREAT PRICES • FULLY INSURED
518-635-4111 • 1277 Rte 9W, Selkirk (2 miles south of Jericho Drive-In)



Brightway Cleaning Service

Deep Steam Extraction
For your carpets, upholstery, vehicle, & office!

518.756.2669
Raymond Magee - Owner

MATTRESS BY APPOINTMENT RAVENA

50% to 80% Less than retail stores

Visit our website at <https://bit.ly/3BosuKH>

Visit our Facebook page

Find us on Google

TO SET A TIME TO MEET CALL OR TEXT
Anne **518-852-9379** <https://g.page/r/CfZCtP8bzzTWEAE>
Mike **518-852-0071**

Wright's CART-AWAY

Dumpster Rentals Made Easy!

Commercial & Residential

- Construction • Demolition • Roofing • Clean-Out Work

Cartaway, LLC is located in Glenmont, NY

518-439-0533

TAYLORS MONUMENT CO. INC.

- Monuments • Markers
- Cemetery Lettering
- Memorial Cleaning

Conveniently Located: 13199 Rt. 9W • Hannacroix, NY

756-3530



SHANNON LOVERIDGE

EXPERIENCED MASTER ELECTRICIAN
FULLY INSURED • HOME ADVISOR

SERVICING WASHINGTON COUNTY, ALBANY, TROY, COLUMBIA COUNTY, SCHENECTADY, S. GLENS FALLS

518-248-4460

SHANNONLOVERIDGE01@GMAIL.COM

UPSTATE FINEST ELECTRIC

The UpStater.com

local news YOU NEED & TRUST ALL IN ONE PLACE!



THE COLUMBIA PAPER

The Ravena News-Herald PIONEER

MUELLER'S AUTOMOTIVE

FULL SERVICE AUTOMOTIVE REPAIR SHOP - 28 Years in Business -

- Alignments • Fuel Injection
- NYS Inspections • Computer Diagnosis
- Transmissions • Electrical
- Brakes • Suspension & More
- Engine Overhauls • We Even Sell Tires!

AAA Approved Auto Repair
NAPA Auto Care Member

88 MAIN STREET, RAVENA, NY 12143



MEET MELANIE LEKOCEVIC



Melanie is an accomplished journalist for theUpStater.com and provides breaking news for the community that she loves. Her experience and knowledge really shines throughout her work.

You can contact Melanie with any story ideas or tips at Ravenanewsroom@gmail.com

SUPPORT LOCAL JOURNALISM
SUBSCRIBE NOW 413.212.0130 **TheUpStater.com**



Persico
OIL

75 YEARS **LONG ENERGY**
Family Owned Since 1945



98 MAIN STREET, RAVENA, NY

Propane HVAC
 Fuel Oil Plumbing
 Diesel Generac Generators

GENERAC
PRO

*Offering Propane and Heating Oil Energy Savings
 Contract at No Charge
 (Value at over \$200)
 Terms and Conditions Apply*

FUEL DELIVERY 24 / 7 / 365

518-756-2555

Family-Owned Since 1945

LONGENERGY.COM



This section is sponsored by
Ravena
SHOP 'n SAVE
 2481 Rte 9W, Ravena, NY | (518) 756-2057



SPORTS

RAVENA NEWS-HERALD | CAPITAL REGION INDEPENDENT MEDIA

Thursday, November 2, 2023

B1

Indians steamroll past Gloversville 55-0 in first playoff game

By **Melanie Lekocevic**
Capital Region Independent Media
 RAVENA - COEY-MANS-SELKIRK — The Indians won their ninth straight game heading into the playoffs Friday night against the Gloversville Huskies.

The Huskies ended the 2023 regular season with a 4-4 record, while the Indians had a perfect 8-0 season.

While Gloversville threatened a few times throughout Friday night's game on the gridiron at RCS, it was never even close, with the Indians coming out on top 55-0.

Gloversville had the first possession of the game and turned the ball over on downs at the Indians' 40-yard line. It took the hometown team only two plays to put the ball in the end zone — a Kaden Potter completed pass to Jack McFerran that brought the Indians to the 28-yard line, and on the next play, Dominick Paljusaj scored the first touchdown of the game on a 28-yard run. The extra point kick was no good, keeping the score at Indians up 6-0.

On the next play, Mc-

Ferran made an inside kick attempt that McFerran recovered, giving the ball back to the Indians at the Gloversville 45-yard line, but a fumble would turn the ball back over to the Huskies. After a couple of sacks by Jack Reif and Ethan Green, and a costly penalty for the Huskies, Gloversville was able to move the ball to mid-field before punting on 4th and 28.

The Indians took over the ball at their own 27-yard line and on the first play of the possession, Paljusaj had a 73-yard touchdown run to put the score at 12-0, and then Paljusaj had a successful 2-point conversion, making the score 14-0 at the end of the quarter.

The Indians — and Paljusaj, who would go on to score another three touchdowns — never looked back.

At the top of the second quarter the Indians' Ethan Green had a couple of carries to get a first down before Paljusaj had another touchdown, running the ball 33 yards down the field. The extra point kick was no good, keeping the score at Indians

20, Huskies 0.

With 8:15 left in the second quarter, Gloversville fumbled the ball and Green recovered, giving the Indians the ball at mid-field. RCS went on to fumble the ball, but flags on the play and a costly facemask penalty on the Huskies put the ball at the Gloversville 21-yard line. Quarterback Kaden Potter was injured on the play but was able to walk off the field, with Mason Carkner coming in to take over the quarterback duties.

Then Paljusaj did it again, scoring his fourth touchdown of the game on a 25-yard run. The extra point attempt was blocked, with RCS up 26-0.

With 1:04 left in the half, Wyatt Algozzine caught a 32-yard pass reception from Carkner before he was knocked out of bounds at the Gloversville 21-yard line. A couple of penalties on the Indians — holding, which was declined, and illegal blocking, which was accepted — put the ball back to the Huskies' 25-yard line before Paljusaj scored yet another touchdown on a 25-yard run.



Courtesy of YouTube

The RCS Indians defeated Gloversville 55-0 to make it to the semi-final game Friday night against Mechanicville/Hoosic Valley.

The two-point conversion by Green made the score Indians 34, Huskies 0, with :27 left in the half.

The Indians recovered the kick and took over the ball yet again at the Huskies' 25-yard line. Within seconds, a 25-yard touchdown pass from Carkner to McFerran ran the score up to 40-0 before the extra kick went through the goalposts and the score was Indians up

41-0, ending the half.

At the top of the second half, Algozzine caught the kick and returned the ball all the way down the field for a touchdown just seconds into the third quarter. The score went to 48-0 with the extra point.

The Huskies threatened with three minutes left in the third, getting to the Indians' 11 yard line before losing the ball on downs.

On the first play, Green blazed across the field with an 85-yard touchdown run with the final seconds of the third quarter ticking down. The extra point put the score at Indians 55, Huskies 0, which would be the final score of the game.

The Indians move on to the semi-finals next Friday at 7 p.m. when they host Mechanicville/Hoosic Valley game.

Winter 2023-24 RCS sports registration information



File photo

Registration for winter sports is now ongoing in the RCS Central School District.

RAVENA - COEY-MANS-SELKIRK — The RCS school district has released winter sports information for the 2023-24 school year.

Please note that not all details, such as coaches, first practice dates, etc., are available yet. The documents will be updated as the season gets closer.

Junior varsity (JV) and varsity winter sports registration began on Friday, Oct. 13, and runs through Friday, Nov. 17, and is open to students in grades 9 through 12.

Modified winter sports registration began Friday, Oct. 27, and runs through Friday, Dec. 1, and is open to students in grades 7 and 8.

Winter sports physicals will be held on a date to be determined. These physicals are for students who have not seen their own doctor

to get their sports physicals prior to the winter season. To make an appointment, contact your student's nurse. The physical appointments will be held at the RCS Middle School.

All JV and varsity winter sports can begin on or after Monday, Nov. 13. Modified winter sports can begin on or after Monday, Nov. 27.

REGISTRATION

RCS families now have the convenience of online athletics registration through FamilyID (www.familyid.com), according to the RCS Central School District. Please note that this is the only way for families to register students for sports, if you cannot access the program, please contact your school nurse to make arrangements to do so at school.

FamilyID is a secure

registration platform that provides you with an easy, user-friendly way to register for RCS programs, and helps the district be more efficient and environmentally responsible. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs.

Once you have created and logged into your FamilyID account, you will be able to view a full list of available sports for the winter once the registration periods begin.

If you need assistance with registration, contact FamilyID at: support@familyid.com or 781-205-2800 x1. Support is available five days per week, Monday through Friday, and messages will be returned promptly.

ELVIS

Is In The House

(Or You'll Think He Was!)

A Special Holiday Concert

November 17, 2023 @ 6:30 PM,

RCS High School Auditorium

To benefit Ravena, Coxsackie and area Senior Centers



Sylvain Leduc of Montreal, one of the greatest Elvis Tribute Artists in the World.

Tickets are \$25 per person: available at any one of the following:

- 1.) **Eventbrite.com** "Elvis Is In The House"; Nov. 17, 2023
- 2.) **Make checks out to** "HEART Ear Boutique" with ELVIS in memo and mailed to: P.O. Box 292, Glenmont, NY 12077. (Please include your email.)
- 3.) **Cash or Check, in person** on WEDNESDAYS ONLY between 10am-4pm at HEART Ear Boutique, 26 Hope Plaza, Coxsackie
- 4.) **Cash or Check, At the door** after 6pm at RCS High School Auditorium the night of the show. **Advance-purchased tickets will be seated first at 5:45pm, the night of the show on a first come basis. This is a general admission concert.** Tickets are non-refundable.



Concert donated by
 HEART Ear Boutique
 & The Age Sage Podcast



Glenmont, Ravena, Coxsackie

120514_4

Enjoying and sharing the outdoors safely

Fall in New York is a great time to experience the outdoors.

All New Yorkers and visitors should be able to access, enjoy and feel welcome on state lands, according to the New York State Department of Environmental Conservation.

The DEC reminds the public that most public land across New York state is

open to multiple forms of recreation, so it's important to share the woods and recreate safely.

Bowhunting seasons for deer and bear began in the Northern Zone on Sept. 27. Hunting and trapping seasons are posted on the DEC website.

The DEC requires big-game hunters using a firearm to wear hunter orange

or pink and encourages non-hunters to wear blaze orange, blaze pink, or other bright colors during fall and winter months to be seen more easily and from greater distances.

Pet owners are encouraged to put bright colors on their pets and keep them leashed at all times as well.



PLEASE RECYCLE THIS NEWSPAPER

BE A BETTER GARDENER

A new perspective on Peter Rabbit



Contributed photo

Many gardeners have developed a new perspective on rabbits that try to dine in their gardens.

By Thomas Christopher
For Capital Region Independent Media

“Peter Rabbit Had It Coming.” That was the title I gave to a chapter about garden pest control in a book I wrote many years ago. In fact, even as a child I rooted for Peter’s adversary, Mr. McGregor.

For those whose parents never read them Beatrix Potter’s classic children’s book, “The Tale of Peter Rabbit,” the story recounts a day in the life of a young cottontail. His mother warns Peter

to stay away from Mr. McGregor’s garden, saying — “Your father had an accident there; he was put into a pie by Mrs. McGregor.” Peter, of course, pays no attention and has stuffed himself with Mr. McGregor’s vegetables before he is caught in the act and pursued by the infuriated gardener.

In the book, Peter eventually escapes more or less unscathed. The cottontails who have invaded my garden over the years were rarely so fortunate.

Recently, though, I’ve

had a change of heart. I’ve learned about the plight of the New England cottontail, a species once abundant in the northeastern United States but now endangered throughout its former range.

The natural history of this population decline makes a useful supplement to Beatrix Potter.

In large part, this is a story of changes in human management of the land. New England cottontails, like many other species of small animals and plants, flourish in the brushy thickets of young forest, woodland recovering from natural disturbance such as fire or human disturbance such as logging. The abandonment of farms across our region initially provided lots of new habitats as fields reverted to brush. As these overgrown fields developed into mature forests and the local logging industry declined, habitat shrank. Fire suppression removed a prime source of natural disturbance, and the conversion of forest into housing developments since World War II posed a new threat by breaking the remaining woods up into isolated fragments often too small to support a healthy population of New England

cottontails.

Hunters began introducing a Midwestern rabbit species, the Eastern cottontail, as early as the turn of the 20th century, and they proved more successful at living around people. They multiplied rapidly and crowded the New England cottontails out of much of their remaining territory.

I became aware of the New England cottontail’s plight through outreach from the state of Massachusetts, which had joined with its New England neighbors and the state of New York to create a recovery plan for the New England cottontail in 2009. State foresters identified a couple of areas in our Berkshire woodlot as suitable for New England cottontail habitat and worked with my wife and me to create two clear-cuts that quickly developed into dense shrubland and native saplings.

Soon thereafter, a rabbit began to feed in my vegetable garden. Instead of reaching for my air rifle, I greeted this as a possible success. I say possible because I only got a quick glimpse of the rabbit and New England cottontails closely resemble Eastern cottontails.

The New England cottontail typically has a darker back than the Eastern cottontail, a black spot between its ears, and shorter ears edged with black. The two species are similar enough, however, that wildlife biologists rely on a DNA analysis of the rabbits’ droppings to distinguish one from the other.

Why should you care, I suspect you are muttering, about some rare rabbit so similar to the species that is displacing it? As is commonly the case, the decline of one species is a warning sign of broader changes in the local wildlife. The habitat the New England cottontail requires is also essential to dozens of other species of songbirds, reptiles, mammals and rare plants.

I’ve barred rabbits of every kind from my vegetable garden by surrounding it with a woven wire fence whose bottom is buried in the ground. This has saved me from confrontations such as the ones Mr. McGregor endured and has promoted peaceful coexistence. This last is important as gardeners such as me move from our old role of monarchs of the landscape to a new one of stewards of our ecosystem.

For more information about New England cottontail rabbits and other wildlife dependent on young forest and shrubland habitat, visit the Young Forest & Shrubland website at <https://youngforest.org/>.

Be-a-Better-Gardener is a community service of Berkshire Botanical Garden, located in Stockbridge, Mass. Its mission, to provide knowledge of gardening and the environment through a diverse range of classes and programs, informs and inspires thousands of students and visitors each year. Thomas Christopher is a volunteer at Berkshire Botanical Garden and is the author or co-author of more than a dozen books, including Nature into Art and The Gardens of Wave Hill (Timber Press, 2019). He is the 2021 Garden Club of America’s National Medalist for Literature, a distinction reserved to recognize those who have left a profound and lasting impact on issues that are most important to the GCA. Christopher’s companion broadcast to this column, Growing Greener, streams on WESUFM.org, Pacifica Radio and NPR and is available at berkshirebotanical.org/growinggreener.

DEC: The 2 most important things hunters can do to improve deer management

The Department of Environmental Conservation often receives and responds to recommendations from hunters on how to improve deer management and hunting opportunities in New York. However, data collected and tracked by DEC indicates that hunters often overlook or do not participate in the two simplest and most important ways that they can directly improve deer management:

1. Harvesting antlerless deer; and,
2. reporting all the deer they harvest.

In 2022, only 12% of deer hunters harvested one antlerless deer, and only 4% of hunters harvested two or more antlerless deer. Whether by choice or circumstance, 84% of hunters didn’t harvest any antlerless deer, despite antlerless deer being the most abundant and commonly observed portion of the deer population.

Further, in 2022, only

46% of hunters reported the deer that they harvested, the second lowest reporting rate DEC has documented over the previous five years.

Ensuring sufficient harvest of antlerless deer and deer harvest reporting are the backbone of DEC’s deer management program. DEC adjusts the number of Deer Management Permits (i.e., antlerless deer tags) available to hunters in each wildlife management unit to ensure deer populations remain in balance with available habitat and do not exceed levels of public acceptance that can lead to increased crop damage, deer-vehicle collisions, and other deer-related impacts.

Harvest reporting by hunters allows DEC to accurately estimate the number of deer harvested, as well as track the age and sex distribution of the deer harvest each season. This information greatly informs DEC’s deer management

planning and decisions the following year. It’s a virtuous cycle that relies heavily on hunters’ willingness to participate and meet their moral and legal obligations as stewards of New York’s shared white-tailed deer resource.

The DEC recently published an educational video that provides an overview of how DEC uses hunter harvest reports to estimate the annual deer and bear harvests. Watch the video on DEC’s YouTube channel.

By harvesting antlerless deer and reporting every deer harvested, you play a critical role in deer management and help inform DEC’s future deer management decisions. Take at least one antlerless deer this season if given the opportunity and report all of your deer harvests through DEC’s website, the HuntFish NY mobile app, or by calling 1-866-426-3778.

AG: Election protection hotline set up for November elections

New York Attorney General Letitia James announced that the Office of the Attorney General (OAG) will make its Election Protection Hotline available for the upcoming Nov. 7, election and during New York’s early voting period, which runs from Saturday, Oct. 28 through Sunday, Nov. 5.

The hotline will be available to troubleshoot and resolve a range of issues encountered by voters, including issues with voting by absentee ballot or in-person at their polling place. A guide addressing frequently asked questions is also currently available to assist voters with the absentee ballot request process and voter registration issues in advance of the election.

“Free and fair elections are integral to the foundation of our democracy,” James said. “My office will always defend New Yorkers’ right to vote, and I will ensure every voter is able to cast their ballot free from fear or intimidation. Our election protec-

tion hotline is here to help voters address challenges and provide helpful guidance, whether they’re voting absentee, during early voting, or on Election Day.”

New Yorkers are protected from voter intimidation, deception, and obstruction under state and federal law. Attorney General James urges voters experiencing problems voting to call the OAG hotline at 866-390-2992, or submit a complaint online to request election-related assistance.

The telephone hotline will be open between 9 a.m. and 6 p.m. during early voting, and between 6 a.m. and 9 p.m. on Election Day, Tuesday, Nov. 7. The hotline will also be available on Wednesday, Nov. 8, between 9 a.m. and 6 p.m. to help voters who need assistance following Election Day. Written requests for election-related assistance may be submitted at any time through the online form. Hotline calls and written requests for election-related assistance are

processed by OAG attorneys and staff.

The OAG has operated its Election Protection Hotline since November 2012. During previous elections, OAG fielded hundreds — and sometimes thousands — of complaints from voters across the state and worked with local election officials and others to address issues. The OAG has also taken legal action to protect against voter registration purges and to ensure that voters have adequate and equitable access to vote early as required by law.

All registered voters have the right to accessible elections. On Election Day, polls are required to be open from 6 a.m. to 9 p.m., and if voters are in line before closing, they must be allowed to vote. In addition, all registered voters have the right to vote free from coercion or intimidation, whether by election officials or any other person.

Crossroads Ford

518-756-4000 • 2351 Rt. 9W Ravena, NY • (Just 10 miles South of Albany)

ALERT!!!

These NEW VEHICLES WON'T last long!

<p>2023 FORD MUSTANG MACH-E Stock #: A70980 - MSRP \$58,795 CROSSROADS PRICE: \$54,545</p>	<p>2023 FORD BRONCO SPORT BADLANDS Stock #: E11924 - MSRP \$41,555 CROSSROADS PRICE: \$40,555</p>
<p>2023 FORD F-150 XLT Stock #: D50177 - MSRP \$64,970 CROSSROADS PRICE: \$61,680</p>	<p>2023 FORD EXPLORER XLT Stock #: B07189 - MSRP \$48,075 CROSSROADS PRICE: \$48,075</p>

PRE-OWNED SPECIALS

<p>2017 NISSAN ROGUE S</p> <p>AWD 4dr Crossover, Power Windows/Locks/Mirrors, CVT Automatic Transmission, 4 Cyl Gas Saver, 70,848 Miles.</p> <p>\$14,870</p>	<p>2014 CHEVROLET SILVERADO 1500 LT</p> <p>4X4 CREW CAB, 5.3L V8 Automatic, Power Windows/Locks/Mirrors, Back Up Camera, Tow Package, Bed Liner, 127,718 Miles.</p> <p>\$20,485</p>
<p>2017 FORD F-150 XLT</p> <p>4X4 SUPERCREW, Power Windows/Locks/Mirrors, HEATED Seats, Tow package, V6 EcoBoost Gas Saver, 44,925 Miles.</p> <p>\$34,930</p>	<p>2018 FORD F-350 DRW XLT 4X4</p> <p>Diesel Dump Truck, 4X4, Gallon-Godwin Dump Body, Running Boards, 6.7L Power Stroke Diesel, 70,838 Miles.</p> <p>\$58,995</p>

Prices include all costs to be paid by a consumer, except for licensing costs, registration fees, and taxes.

Check out our inventory online at:

www.crossroadsny.com

We are locally-owned & operated & our staff is customer-friendly with no pressure, so you can make the best decision for your next vehicle purchase.

We only have one chance to make it right

LIVING ON PURPOSE



Dr. William Holland

The other day I was speaking with a person I've known most of my life, and he asked me if I could go back in time and live my life again, what would change.

You would think this would be a question from someone who has maybe

suffered and now contemplates how much better life would have been if different decisions had been made. However, this person has been very blessed with a nice family, decent health, and more wealth than they will ever be able to spend.

It's true that many people are just never satisfied and often even a great life is not really appreciated. Instead of thanking God for all the good things we have, some will spend their lives day-dreaming about a life that could have been. The truth is they would still not be satisfied. Jesus is the only person in heaven and earth that can give true peace and contentment whatever the situation.

I've heard others say the only way they would possibly even consider going back is if they could know what they know now. Good point, as I realize that going back for a do-over without

this knowledge would risk making even more mistakes and being worse off than the first time.

Even as a young man making foolish choices, I still believe that God was with me and was trying to guide me into the life that He wanted me to live. But what makes us think a second chance would be the charm? We learn and develop from our failures. Often, we do not recognize God's presence at the moment, but hopefully, we can look back and see that He not only wants to save us spiritually, but also physically, mentally and emotionally. Blessings we enjoy today are a direct result of Him intervening, inspiring, and warning us in times of difficulties.

Most humans who visualize a second chance are only thinking about what would make them more happy, instead of how they

could cause God to be more pleased with them. I rarely hear individuals say that going back in time would allow them to help others, do more good deeds, or tell more people about Jesus. It's usually about regretting decisions they wish they could change.

These folks might laugh and joke around about this, but for some, their personal agony is very real. Why are they secretly haunted? Instead of listening to their creator who wants to speak His truth and heal their pain, they are listening to the voice of the great deceiver, the enemy of our souls, and often called the accuser of the brethren. It is a dark demonic influence that speaks lies and negative information with the intent to make us feel rejected, envious and depressed. This is why it's imperative to realize that God never condemns, mocks or laughs at our misery. He is always there to for-

give, comfort, and encourage us to keep our eyes on His endless love and grace.

When Satan through the serpent communicated with Eve, the temptation to embrace evil was introduced and it has been a continuous flow of twisted and distorted information since that time. This malicious lying presence never stops suggesting and roams the earth seeking someone who will listen.

The devil cannot actually make anyone do anything but is considered extremely clever when it comes to verbal persuasion. Why else would a person who has every material blessing and pleasure you can think of cry themselves to sleep at night? Instead of being grateful to God for His mercy and praising Him for all the miracles they have received, they choose to dwell on what life would be like if they could go back and choose again.

King Solomon was at one time the wealthiest man in the world and was also the most miserable. He said he realized that earthly possessions and pleasures did not bring spiritual joy. In fact, he said the natural world was vanity. What did he mean?

The earth is a temporal realm that passes away and can give us good things for a short while, however beware of carnality as the lust of the flesh and love for possessions take us further away from God. Galatians 5:26 says, "Let us not desire to be prideful, provoking one another, envying one another."

Next week, we will continue this conversation. Take a peek at Philippians 4:4-8 when you have a minute.

Dr. William Holland is a Christian minister, author, worship leader, and counselor. Read more about the Christian life at billyholandministries.com.

Three shows to see in the Capital Region this fall

By Sophie Valkejian
For Capital Region
Independent Media

ALBANY — As red and golden leaves scatter our streets and scarves and sweaters reappear in our wardrobes, many upcoming productions are worth cozying up to. Whether you're in the mood for a contemporary indie or a centuries-old classic, the stages (and streets) of the Capital Region have something for you in the coming months.

• **"Sympathetic Magic"**
Nov. 9-19
Bridge Street Theatre
in Catskill, NY

This lesser-known work by the beloved playwright

Lanford Wilson is getting a breath of new life from the Bridge Street team, who also put up Hannah Moscovitch's "East of Berlin" earlier this year. In their words, the story follows "a young astrophysicist who makes a potentially world-changing discovery at the same time his long-term companion, a sculptor on the verge of a brilliant career, discovers that she is pregnant." Knowing this theater's penchant for bold choices and powerful themes, it's sure to be a moving show. Get tickets here.

• **"Straight White Men"**
Sunday, Nov. 5,
at 4 p.m.

Town Hall Theatre in Middlebury, Vermont

Brought to the stage by the Middlebury Acting Company and Director Becky Strum, "The Cutting Edge" is a series of off-broadway play readings that favors dynamic new playwrights from the New York City scene. This one comes from Young Jean Lee, and explores timely, subversive questions of identity and privilege through the Christmas gathering of a white father and his three adult sons. When this first ran at the Hayes Theater in 2018, it crowned Lee the first Asian-American woman to have a play produced on Broadway. Ad-

mission is free but donations are encouraged. Get tickets here.

• **"A Midsummer Night's Dream"**
Nov. 16-19

Fort Salem Theatre in Salem, New York

Fort Salem Theatre has a strong reputation for bringing old classics to dazzling new life on their stage, from their recent run of "The Pirates of Penzance" to this summer's "Footloose." Enjoy the enchanted forest setting and hilarious turns in their take on Shakespeare's most popular and beloved comedy, "A Midsummer Night's Dream." Get tickets here.



Contributed photo
"Sympathetic Magic" is one of several plays being performed around the Capital Region this fall.

Huge opportunity to have your own Studio. Turnkey

◆ We are motivated to sell ◆

Busy area with potential for Success!
Studio in Clifton Park, family owned for 16 years since 2007.

Asking 55K Fully Furnished,
with many extra's

- ◆ This location since 2017
 - ◆ This Studio has 8 stations
 - ◆ A private color area
 - ◆ A private eyebrow, lash Room with massage table
 - ◆ 3 stand behind sinks, with custom back bar
 - ◆ Lounge area with Comfy couches
 - ◆ 2 bathrooms, one can be private for team members
 - ◆ An equipped breakroom with dishwasher, fridge etc.
 - ◆ A Utility room with washer and dryer, Utility sink
 - ◆ Huge retail space
 - ◆ Fully equipped Studio
 - ◆ Cabinets & counters for colors
 - ◆ Approximately 2,000 sq ft
 - ◆ Parking lot has lots of parking spaces
- And sooo much more.

✂️♥️ 518.466.0155

You will assume the lease of \$2,700 monthly. Also, can easily be made into salon suites, Please reach out to Leah with any questions you might have.



My birthday is on the 1st of the month: When should I claim Social Security?

SOCIAL SECURITY MATTERS



RUSSELL GLOOR

Dear Rusty:

I will be 62 on Nov. 1, and I have chosen to take my benefits early.

I know that my benefit will be less than it would be if I waited and that does not

concern me, but I don't want to be without income for a long period of time. I know that if my birthday is on the first or second of the month, then I can draw that month.

Does that mean that when I turn 62 on Nov. 1, that I can receive my first check on the second Wednesday of November? And should I select November as the month I'd like my benefits to start?

I also read that I would be paid the month following the month I select, hence my confusion.

Signed:
Confused Senior

Dear Confused:

There are a few different Social Security rules that come into play in your specific circumstance, which are

likely creating your confusion.

First, since you will be 62 on Nov. 1, you will first become eligible for Social Security starting with the month of November. Those born on the first or second of the month are eligible for benefits for that entire month, whereas those who turn 62 later in the month wouldn't be eligible for benefits until the following month.

To claim benefits, you must be 62 for the entire month and, because your birthday is on the first, your first month being 62 for the entire month will be November, and that is the month you should specify as your benefit-start month on your application.

The next thing to be aware

of is that Social Security pays benefits in the month following the month those benefits are earned. That means that your November benefits will be paid in December. The exact payment date is determined by the recipient's birthday – born before the 11th of the month, SS payments are made on the second Wednesday; born between the 11th and 20th of the month, payments are received on the third Wednesday of the month; and for those born after the 20th of the month, payment is received on the fourth Wednesday.

Thus, since you were born on the first of the month and are claiming benefits to start in November, your first Social Security payment will be deposited in your bank ac-

count on the second Wednesday of December, and all subsequent Social Security payments will be made on that same second-Wednesday schedule.

You can apply for your Social Security benefits up to four months prior to the month you wish them to start, and SS recommends you apply at least two months prior to allow time for processing your application.

On the application, they will ask which month you wish your benefits to begin, and you can indicate November to get your earliest possible payment in December. Actually, you can simply select the following option on the Social Security benefit application: "I want benefits beginning with the earliest

possible month and will accept an age-related reduction," which will accomplish the same thing.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Chilly Willy Winter's Eve Tours

COXSACKIE — The Bronx Museum will once again be holding its popular Chilly Willy Winter's Eve tours.

These special-content tours are designed to provide visitors with a small taste of winter living in times past, long before the comfort and convenience provided by central heating and artificial light made winter life much

easier.

A costumed guide will lead visitors through the interiors of the venerable Bronx houses, decorated for the celebration of the late fall and early winter holidays of Martinmas, St. Nicholas Day and St. Lucia Day.

The old traditions associated with these now largely forgotten holidays will be remembered and retold. What

a great way to begin your holiday season!

The Chilly Willy tours will be offered at 1 p.m. and 3 p.m. on Friday, Nov. 10, and at 11 a.m., 1 p.m. and 3 p.m. on Saturday and Sunday, Nov. 11 and 12. Advance reservations are required for these popular tours.

To purchase tickets for the Chilly Willy Winter's

Eve Tours at the Bronx Museum, go to the following link: <https://www.gchistory.org/chilly-willy-tours>.

Tickets are \$10 per person, be sure to purchase the correct number of tickets for the number of people in your party. Space is limited to 15 people per tour.

The Bronx Museum is located at 90 County Route 42 in Coxsackie.



Shelby Mattice from the Bronx Museum in period garb during a Chilly Willy Winter's Eve tour. Contributed photo

The art of saving money: A roadmap to financial freedom

By Melanie Lekocevic

Capital Region Independent Media

Saving money is a fundamental aspect of achieving financial stability and security. Whether you have a specific financial goal in mind or simply want to build a safety net for unexpected expenses, mastering the art of saving money is an essential skill.

WHY SAVE MONEY?

- **Emergency Fund:** Saving money provides you with a financial cushion for emergencies such as medical bills, car repairs or unexpected job loss. An emergency fund ensures that you can weather these storms without going into debt.
- **Achieving Goals:** Saving money allows you to

work towards your goals, whether they are short-term (like a vacation) or long-term (such as buying a home or retiring comfortably). Saving makes your dreams financially achievable.

- **Reducing Financial Stress:** Having savings gives you peace of mind. You won't have to worry constantly about how to cover your bills, which can significantly reduce financial stress.

- **Retirement Planning:** Saving for retirement is crucial. By consistently saving, you can build a substantial nest egg that will support you during your golden years.

PRACTICAL STRATEGIES

- **Budgeting:** Creating a budget is the cornerstone of effective money management. It helps you track your income, expenses, and identify areas where you can cut back. There are numerous budgeting apps and tools available to assist you in this process.

- **Pay Yourself First:** Treat your savings as a non-negotiable expense. Set up an automatic transfer from your checking account to a dedicated savings account right after you receive your paycheck. This way, you save before you have the chance to spend.

- **Reduce Unnecessary Expenses:** Evaluate your spending habits and identify areas where you can cut

back. This might include dining out less, canceling unused subscriptions, or finding more cost-effective alternatives.

- **Set Specific Goals:** Establish clear, achievable savings goals. Whether it's saving for a vacation, a down payment on a house, or your child's education, having specific goals gives you a target to work toward.

- **Create an Emergency Fund:** Aim to save at least three to six months' worth of living expenses in an easily accessible account. This provides peace of mind in case of unexpected setbacks.

- **Invest Wisely:** Consider investing some of your savings in assets that have

the potential to grow, such as stocks, bonds, or real estate. Consult a financial advisor to create an investment strategy that aligns with your goals and risk tolerance.

- **Track Your Progress:** Regularly review your financial situation and adjust your savings goals and strategies as needed. Monitoring your progress can help you stay on track and motivated.

- **Live Below Your Means:** Avoid the temptation to keep up with the Joneses. Living below your means and prioritizing savings over excessive spending can lead to long-term financial security.

- **Negotiate and Shop Smart:** When making pur-

chases, look for deals, discounts and coupons. Negotiate prices when possible and compare prices before making significant expenditures.

- **Reduce Debt:** High-interest debt can erode your savings. Focus on paying down debt, starting with the highest-interest obligations, and then redirect the money you were paying toward savings.

Saving money is not about depriving yourself of the things you enjoy, it's about making conscious choices that will benefit you in the long run. Financial security, the ability to reach your goals, and peace of mind are the rewards of disciplined saving.

Support Your Local Newspaper

SUBSCRIBE TODAY!

TheUpstater.com
413.212.0130

WE ACCEPT ALL N.Y. STATE DEPOSITS

- ✓ NO WAITING AT MACHINES
- ✓ WE PAY MORE
- ✓ BOTTLE DRIVE'S FUNDRAISERS
- ✓ WE COUNT FOR YOU
- ✓ PICK UP SERVICE

JUST MAKES CENTS
6¢ BOTTLE & CAN REDEMPTION

2381 Rt 9W, Ravena, NY 12140
518-577-3084 • Justmakescents6@gmail.com
HOURS: M-F: 10A - 5P / SAT: 10A - 3P / SUN: Closed
Only taking drop offs.

GLASS & PLASTIC CANS

3 Year TV Price Guarantee

AMERICA'S TOP 120

190 Channels \$79⁹⁹/mo.

Smart HD DVR included.

Offer expires 11/13/23. Restrictions apply. Call for details.

Great entertainment with a local touch.

HI-TECH ADVISERS
(888) 633-6082

PLEASE RECYCLE THIS NEWSPAPER

The mysterious relationships of sisters

BODY, MIND & SPIRIT



PAT LARSEN

Having contemplated the direction I would take with this topic for several days now, it finally came to me that I just needed to sit at my desk and begin by pouring

my heart out.

I am a sister, a sibling to three other sisters, often hearing sentiments offered to my dad about the unfortunate circumstance of having four girls and no boys. Maybe that's where the trepidation began for me. I was the oldest with 8 and 10 years between myself and the two youngest. Yes, the math then indicates that there was a great loss in our family when my sister, at the delicate age of 34, lost her battle with cancer. Maybe that's when the family dynamic split down its center.

Try as we may to keep the connections, things just kept getting more difficult as time passed. My parents moved away. My sisters followed suit and then, you already know this, things were

just never the same. Physical proximity seems to matter. At least in our family's case, it did indeed.

This story isn't about my story but the story of the relationships between sisters and how they evolve. Perhaps because of my story, I am keenly aware of those sisterly relationships around me and how they developed.

I find it very mysterious that for some, there is an incredible closeness that is so loving and kind and offers solace even if adversity crosses their path.

For others, especially after the final parent has passed, the relationship among sisters splits apart as though each were the suspected villain in a horror film. Some of these siblings run and hide. Others

curl up and become victims to the overbearing sibling.

Each strength or weakness blossoms, leaving so very little room for the true meshing of love to exist or be defined.

But why? What tends to be missing? Where is the glue between the sisters that eventually erodes? That's the mystery that I am trying to understand.

Feelings get so stomped on and disregarded. Self-preservation and walls go up, leaving little room to communicate adequately.

There is no compassion left to allow for each to be heard.

I'm truly stymied by all of this. I've chosen to write about this topic in the hopes of triggering perhaps just a

conversation, if this is the collision course you're headed toward.

The thought of anyone else going through what seems like a secondary loss after the final parent has gone, seems cruel. To me anyway.

My fallback position has been my reliance on the four agreements, the principles and the tools that I live by to navigate this world. First and foremost, not taking anything personally, then followed by always doing my best.

Gratitude and reflection of what "was" at its finest is next on my go-to considerations, and then simply forgiving and letting go.

The mysterious relationship of sisters is one that truly requires quite a bit of

strength, fortitude, and self-love to understand.

Perhaps the great mystery will be resolved one day by those much more savvy than I, but for now, I will re-read the Serenity Prayer and hope.

Pat Larsen lives in Greene County with her husband of 50 years. Her passions include bringing fitness to Baby Boomers and seniors weekly at The Shamrock House in East Durham. She is also a clinical hypnotherapist helping others with the process of aging and navigating an ever-changing world. As a syndicated columnist, she is able to get her message out to help others to navigate this life. Please contact Pat at 518-275-8686.

Do what makes your soles happy

Concepts in Fitness



MARY SCHOEPE

Chances are that if you're a healthy adult, you take your feet for granted. I know I do!

It never really occurred

to me that my feet take a pounding every single day, from walking to climbing the stairs. But when your feet hurt, the simple act of walking can become an unbearable task.

A study from the American Podiatric Medical Association found 77% of people over 18 suffer from some form of foot pain including the most common problem — bunions.

According to Dr. Georgeanne Botek, head of the section of Podiatry and medical director of Cleveland Clinic's Foot Clinic, "Bunions often run in fami-

lies, but they can also be the result of the way we walk or the shoes we wear."

Women are more likely to develop bunions from wearing high heels, pointy shoes and flip flops. Those fashionably pretty high heels put the weight of your body onto the ball of your foot. Plus, they force your toes into a small space, encouraging bunions to form.

Unfortunately, bunions are permanent unless you have them surgically corrected. "If the pain persists for more than a year it may be time to consider bunion surgery, but surgery should

be your last resort," said Dr. Botek.

But what about wearing flip flops — are they any better? Unfortunately, wearing flip flops causes your toes to overgrip to keep the flip flop on, resulting in chronic tension. Eventually this ongoing tension alters your balance, straining the forefoot and worsening any bunion or pre-bunion problems you may have.

And speaking of tension — at one time or another we've all had stressful days; believe it or not, your feet can be a cause of that stress. Poor foot biomechan-

ics — the way the toes and feet function as they interact with your muscles and gravity can reach up the body, making it hard for muscles and joints to work properly. This can lead to hip pain, poor balance and more. So while your feet are stressed out, so is the rest of your body.

Ill-fitting shoes are the cause of stress in your feet, as are hard- or thick-soled shoes, both of which prevent feet from receiving the stimulation they need to keep them strong and supple.

According to Dina Stock DPM, "Be sure to choose

low-heeled, comfortable shoes that provide plenty of space for your toes and the widest part of your foot."

Another option is walking barefoot (outside is optimal) as much as possible. Doing this helps "keep your feet strong and supple and will improve your balance and stability," according to Dr. Frank Lipman.

Wearing properly fitting shoes, maintaining a healthy weight and walking barefoot whenever possible will allow the feet and toes to be in their natural position and may help prevent the development of bunions.



Introducing an HVAC Game Changer: The Hylex™

The Hylex™ from Samsung is compatible with virtually any existing HVAC system out there. Even better, there's practically no additional equipment needed — no new wires, lines sets or piping. This also makes for much faster and easier installation should the consumer choose to replace their existing ODU. In other words, the Hylex™ is going to be an HVAC game changer.

SAMSUNG
HVAC. Built brave.

13640 US RT 9W
HANNACROIX, NY
WWW.CA-ALBRIGHT.COM



518-756-3127

Coeymans Hollow Volunteer Fire Corporation News

• Coeymans Hollow recruitment and fundraising:

By now, the residents of the Coeymans Hollow Fire District have received a letter from the Coeymans Hollow Volunteer Fire Corporation. Membership is at an all-time low and the company found it necessary to send out an emergency recruitment letter to explain its needs. They are asking you to review the letter carefully and consider taking an active role in your community. Stop by the firehouse on Tuesday to see drills and how they train. You can pick up an application or call 518-756-6310 and one will be mailed to you. You can also check it out online at <http://www.coeymanshollowfire.org/> volunteer. Volunteers are neighbors helping neighbors. They will provide all the training and equipment that

you will need to become a volunteer firefighter, EMT, fire police member, ladies auxiliary member or an associate member. All have an important role in the fire company.

The second part of the letter is the department's annual fundraising and the 79th annual turkey drawing. All donations received will be eligible for the drawing. Donations can be mailed to: Coeymans Hollow Volunteer Fire Corporation, P.O. Box 147, Coeymans Hollow, New York 12046, or donations can be dropped off on Election Day. This call for help is not unique to the Coeymans Hollow fire company. Sadly, most volunteer fire departments are very short-staffed. Please consider joining their ranks. With your help, the plan is to provide you with a calendar next year.

• Assistance requested:

The fire company is looking for members to assist with the collection of donation envelopes on Election Day. If you can assist, please sign up for a time slot in the downstairs kitchen or contact Jack Dennis

• CHVFC Line Officers meeting scheduled:

Due to Election Day on Tuesday, Nov. 8, Coeymans Hollow Line Officers will hold its monthly meeting on Wednesday, Nov. 9, beginning at 6:30 p.m. All Coeymans Hollow line officers are encouraged to attend.

• CHVFC membership meeting scheduled:

Due to Election Day on Tuesday, Nov. 7, the Coeymans Hollow Volunteer Fire Corporation will hold its monthly membership meeting on Wednesday,

Nov. 9, beginning at 7:30 p.m. All Coeymans Hollow members are encouraged to attend.

• Recruiting firefighters and EMTs:

Please consider joining your local volunteer fire company. They all need your help, and are in desperate need of firefighters and EMTs. They will provide all the training necessary for you to become a volunteer firefighter or EMT at no cost to you. If you are 16 years old or older, and are interested in the volunteer fire service, please call the firehouse at 518-756-6310 or stop by on drill night (Tuesdays) to see what it is all about or to obtain an application. For junior firefighters, remember — volunteering for your community looks good on your college or work application. They have the equipment, now

all they need is you. Please join today. Remember, these are neighbors helping neighbors. You can make a difference!

• Events scheduled by neighboring fire companies and community groups:

- CHVFC donation envelope collection at the firehouse on Election Day, Nov. 9, from 6 a.m. to 9 p.m. Membership applications will also be available.

- Trinity United Methodist Church will hold a chicken and biscuit dinner on Election Day, Tuesday, Nov. 8, from 12-6 p.m.

- Mystery Lake Trail Riders and the 25th annual Oak Hill/Durham Vintage Snowmobile Show & Swap Meet will be held on Saturday, Nov. 11, at Sycamore Country Club beginning at 7 a.m. For information, contact Shawn

Mayo at 518-469-9463.

- RCS High School Auditorium will hold an "Elvis Is In The House" special holiday concert Nov. 17, beginning at 6:30 p.m., to benefit area senior centers.

- New Baltimore Fire will hold a Pizza and Wing Night, take-out only, on Wednesday, Nov. 22, from 3-7:30 p.m. Please call 518-756-6222 after 2:30 p.m. to order.

• Safety tip:

Cold weather is just around the corner. Check your tires to make sure they will get you through the snow. If they are worn, replace them before the snow starts to fly.

• Fire and EMS report:

The Coeymans Hollow Volunteer Fire Corporation responded to one fire and four EMS calls in the past week.

Teaching Gallery exhibit features work by HVCC alumni

TROY — Following its biannual faculty exhibition, The Teaching Gallery at Hudson Valley Community College will display the work of two Department of Fine Arts, Theatre Arts and Digital Media alumni: Rezart Bushati and Ossie Jon-Nwakalo.

The exhibit opens on Thursday, Nov. 2, with a reception from 4-6 p.m. The Teaching Gallery is located on the ground floor of the administration building on the Troy campus.

The exhibition showcases Hudson Valley's two visual arts degrees: Digital Media and Fine Arts. In addition to their A.S. degrees, Bushati, a graphic designer/illustrator, has a Bachelor of Arts degree in Graphic Design from SUNY Cobleskill, and Jon-Nwakalo, a painter, has a Bachelor of Arts degree from SUNY Albany and a Master of Fine Arts degree from the Tyler School of Art and Architecture at Temple University in Philadelphia. Both graduated from HVCC

in 2016.

The two artists work in different fields with distinct means of production, but both demonstrate a "strong sense of exploration and experimentation in their respective work," said Professor Tara Fracalossi.

Both Fine Arts and Digital Media faculty nominated Jon-Nwakalo and Bushati for the invitational exhibition that will allow each artist to show a significant body of work.

About his work, Bushati writes: "As a designer and illustrator, I look for ways to best communicate ideas visually. Influenced by the cerebral/openness of conceptual art and the logical/strictness of modern design, I move shapes and text around until it resonates with my soul."

In his work, Jon-Nwakalo explores "the edges of form and how size, scale, space and material impact the viewer's relationship to those borders and spaces of a physical object. I use the

physicality of the paint and structure of the surface in order to emphasize the tensions that emerge from these border spaces."

Bushati will present an artist talk at 3 p.m. on Nov. 2 in the college's BTC Auditorium, prior to the opening reception. The talk and reception are open free to the public.

Also free, gallery hours through Dec. 2 are 10 a.m. to 4 p.m. Tuesdays, Thursdays and Fridays; noon to 7 p.m. Wednesdays; noon to 4 p.m. Saturdays, and closed Sundays and Mondays. Visit www.hvcc.edu/teachinggallery or contact d.gardner@hvcc.edu for more information.

Exhibitions in The Teaching Gallery are installed by students enrolled in Gallery Management courses with support from the Department of Fine Arts, Theatre Arts and Digital Media, the Cultural Affairs Program and the HVCC Foundation. Fracalossi is the gallery director.



Contributed photo

A painting by HVCC alumnus Ossie Jon-Nwakalo.



Courtesy of Department of Environmental Conservation

The state is urging drivers to take care on roads as deer are in breeding season and more likely to be out and about.

Beware of deer on roads this season

The months of October, November and December are breeding season for deer and moose — they become more active and are more likely to enter public roadways in the fall.

In 2022, 41.5% of crashes between deer and vehicles occur during this three-month span.

Motorists should also be alert for moose on roadways in the Adirondacks and surrounding areas this time of year.

Drivers should be aware that animals are especially active at dawn and dusk when visibility may be reduced and commuter traffic may be heavy.

DEC recommends these precautions motorists can take to reduce the chance of hitting a deer or moose:

- Decrease speed when you approach deer near roadsides. Deer can "bolt" or change direction at the last minute.
- If you see a deer go

across the road, decrease speed and be careful. Deer often travel in groups so expect other deer to follow.

- Use emergency lights or a headlight signal to warn other drivers when deer are seen on or near the road.

- When a deer or moose is seen approaching the roadway ahead, honk your car horn to help them avoid entering the roadway.

- Use caution on roadways marked with deer crossing signs.

SHOP 'n SAVE

Feed Your Mind, Feed A Family

THE RAVENA News-Herald

The Ravena News-Herald will provide turkey dinners to families in need and you can help. From now until December 21st, we'll donate one meal to families in need for every item purchased on the menu below.*

HOW TO HELP:

Subscriber's Menu

- 1 year (\$80) = 1 meal
- 2 years (\$160) = 2 meals

MEAL: 12 lb. turkey, 2 cans of corn, 1 box of stuffing, 1 bag of potatoes, 1 can of cranberry sauce, a 12 pack of rolls, and a liter of soda**

THE FACTS:

- 1 in 9 people in New York are facing hunger every day.
- 1 in 6 children in New York are facing hunger every day.
- 32.4% of households receiving SNAP benefits have children
- Charitable programs are unable to fully support those facing hunger. The combination of charity and government assistance programs are necessary to help bridge the meal gap.**

Participating Organizations:

Helping Harvest, St. Catherine's Center of Children, The Albany Teen Challenge, Church of Saint Patrick and Trinity United Methodist Church

GAME CHANGERS:



CALL 413-212-0130

<https://theupstater.com/ravena-subscription/>



*Each meal will be hand delivered to a family in need and/or given to a vetted food pantry or organization that helps to feed our community. **<https://www.feedingamerica.org/hunger-in-america/new-york>

Support Your Local Newspaper
SUBSCRIBE TODAY!



Specializing in Botox, Filler, Micro-needling, Chemical peels, skin care products, and IV Nutrition therapy. **NEW**

Call to set up a consultation today!

518-339-0952



20 Country Estates Road, Greenville, NY

BUILDING PROGRESS FOR PEOPLE AND THE PLANET.

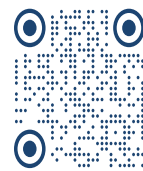


As a global leader in innovative and sustainable building solutions, Holcim is enabling greener cities, smarter infrastructure and improving living standards around the world.

All across America, we build communities –in our workplace, with our neighbors, and with our business partners.

With sustainability at the core of our strategy, we're becoming a net zero company, with people and communities at the heart of our success.

We make cities greener and infrastructure smarter to improve living standards for all.



For more information, please visit holcim.us



Nolan's customers save \$\$\$

What does your PROPANE PROVIDER do for you?



Family Owned & Operated Since 1965

Unbeatable Rates

JUST ONE REASON WE ARE

GREENE COUNTY'S #1 PROPANE PROVIDER

Why continue to overpay? Call Nolan today!

2477 Rte 9W • Ravena, NY | **518-756-2010**
www.nolanpropane.com

DEC on the lookout for 'frankenfish'



Courtesy of Department of Environmental Conservation

"Frankenfish" are an invasive species that can harm local waterways' ecology.

Almost as scary as Frankenstein's Monster, northern snakehead are an invasive, predatory fish species native to Asia.

Dubbed the "frankenfish," northern snakehead can breathe air and survive for days out of water. Once established, these voracious predators have the potential to wreak havoc on an aquatic ecosystem – out-competing top predators, throwing off the balance of native fish communities and more.

When it comes to identifying northern snakehead, they're commonly confused with bowfin and burbot, which are both native to New York. They are long, thin fish with a flattened head and a single dorsal

(top) fin running the length of its back. They also tend to have a more pronounced blotchy pattern along their sides.

Bowfin can most easily be distinguished from northern snakehead by a shorter anal fin and a rounded tail fin, while burbot have two dorsal fins and a single chin barbel.

Federal and state regulations strictly prohibit the possession, sale and transport of snakeheads in the state.

How you can help:

- Do not dump aquarium contents in any waterbodies, drainage ditches, or sewers.
- Use certified bait that is non-invasive and disease-free.

- Learn how to identify northern snakehead and report any encounters.

- If you believe you have caught a northern snakehead, DO NOT RELEASE IT. Take several photos of it from different angles, including the fins, and freeze it, then:

- Email isinfo@dec.ny.gov or your Regional Fisheries Office noting where it was caught (coordinates preferred);
 - Submit a report through iMapinvasives; or
 - Contact your local Partnership for Regional Invasive Species Management.
- For more information, visit the DEC northern snakehead webpage.

AG provides tips to protect NYers from scam phone calls



NYS Attorney General Letitia James

NEW YORK — New York Attorney General Letitia James provided tips to New Yorkers who are receiving fraudulent calls from individuals claiming to call from banks or other institutions.

The Office of the Attorney General (OAG) has received complaints from New Yorkers in Western New York and across the state who are receiving calls from scammers impersonating banking institutions and trying to get their personal information, banking or security information, or money.

James urged New Yorkers to not engage with those callers and to avoid providing any personal information, transaction information, or codes over the phone.

"Scammers claiming to be a trusted bank, or any institution relied on for financial services, can seriously harm New Yorkers by taking their money and their personal information," James said. "I urge everyone to be very careful when they receive an unexpect-

ed call from any individual claiming to represent their bank or a government agency. Please follow the tips provided by my office on how to handle and identify a scam call to protect yourself, your family, and your finances."

James offers the following tips on how to handle phone scams:

- Never give your personal or financial information if you made the call. If banks do contact you by phone, it will be to request verification of activity. Banks will never call and then ask you to provide personal information, account or transaction information, or codes received over the phone.

- Don't engage the caller. Scammers can manipulate caller ID so that it appears to be an "official" call or a call from your city or town. If you do answer, just hang up if it seems like a scam. Consider using a call blocking app such as Nomorobo.

- Contact your bank directly to resolve any concerns. If you have any doubts that the person on the phone is not legitimate or that your account may be in jeopardy, you should hang up and contact your bank directly using a trusted source, such as the number provided on the back of your debit card or electronic messaging systems made available by banks online or through mobile apps.

- Government agencies usually reach out to you in writing. A government agency will not call you and threaten your arrest or demand payment.

The attorney general also provided tips on how to identify a scam phone call. Some reported scam calls have included scammers claiming:

- To be your bank calling about funds or recent account activity;

- To be from a government agency and that you will be arrested or deported unless you comply;

- You've won a sweepstakes, but you must pay the taxes up front;

- To be your grandchild in trouble who needs you to help them out;

- To be holding a loved one hostage or to have incriminating information about you.

Sometimes callers are also interested in your personal and financial information. They may claim to need your Social Security, banking or green card numbers in order to directly deposit money or to verify your identity. This is always an attempt to steal your identity. Never provide your personal information or bank codes over the phone.

New Yorkers who suspect that they are a victim of a phone scam are encouraged to file an online complaint with OAG's Consumer Frauds Bureau at ag.ny.gov.

HOT TOPICS

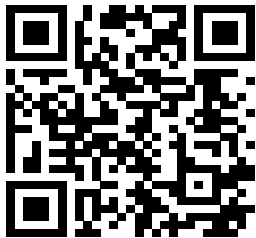
OBITUARIES

SPORTS

Sign Up for Our Weekly Newsletters

Go to:

theupstater.com/newsletters
or scan the QR Code to select the newsletter of your choice.



CAPITAL REGION
INDEPENDENT
MEDIA
P.O. BOX 13
RAVENA, NY 12143

The *Greenville* PIONEER News-Herald
The *Ravena* News-Herald
TheUpStater.com

In Print & Online | TheUpStater.com
ravenanewsroom@gmail.com

Cornell Cooperative Extension announces 'Taste of Twin Counties' fundraiser

Cornell Cooperative Extension of Columbia and Greene Counties will present the "Taste of Twin Counties" Fall Harvest fundraising event on Wednesday, Nov. 8, from 5:30-7:30 p.m., at The BARN at Liberty Farms in Ghent.

All proceeds earned from this fundraiser will directly support the future work of Cornell Cooperative Extension. Year-round, CCE offers various workshops to the public, conducts conservation management across New York state, educates the public on childhood health and nutrition, supports local farmers who grow our food, and much more.

CCE would not be able to offer these valuable opportunities to the public without generous fundraising and

donation support from our nearby communities, organizers said.

The evening will feature local chef Tom Ellis preparing meats from The Johnk Family Farm in Greene County, a silent auction, a dessert selection, and robust charcuterie spread highlighting local products from the Taste NY Market. The market is managed by CCE Columbia & Greene Counties.

The BARN at Liberty Farms is a rustic-themed wedding barn venue with over 400 acres of serene pastures, making it the perfect countryside location for the Fall harvest-inspired event.

Anyone from Greene and Columbia Counties or nearby areas is welcome to join in. Ticket prices are \$80 per person, or \$150 for

two attendees, and you can find more detailed information/register at: <https://www.eventbrite.com/e/taste-of-twin-counties-tickets-690129244147?aff=oddtcreator>.

For more information on Cornell Cooperative Extension and its programs, visit the website www.cceccolumbiaandgreene.org.

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. If you have special needs related to program participation, please notify CCE's office in advance at 518-622-9820.

HVCC sets November 11 open house

TROY — Hudson Valley Community College will host an open house for prospective students from 9 a.m. to 12:30 p.m. on Saturday, Nov. 11, on the college's main campus in Troy.

Attendees will be able to tour the campus and speak with representatives from

academic departments as well as the college's student services and academic support offices, including Admissions and Financial Aid.

Hudson Valley enrolls nearly 8,500 students in more than 80 degree and certificate programs each year. Tuition for the current

academic year is \$2,528 per semester, plus fees, for New York state residents.

For more information, contact the Admissions Office at 518-629-7309, or register to attend the open house online. Pre-registration is recommended.

The Ravena News-Herald
CLASSIFIEDS
 518-756-2030 • classifieds@ravenanews.com

Take advantage of the the largest audience in the RCS and Greenville areas for very affordable rates!
Call for details!!

Private party classifieds items valued up to \$1,000 cost only \$20 to advertise in our publications (BOTH GREENVILLE AND RAVENA). If it doesn't sell, you call us back, we run again for you at no cost.

The Ravena News-Herald • 164 Main Street • Ravena, NY 12143 **DEADLINE: Thursday 11:00 am • Must be paid in advance**

Legals

Notice of Formation of ALNH LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-06. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Gerard Carter : 13591 RTE 9W Box 15 Hannacroix NY 12087. Purpose: Any lawful purpose

Notice of Formation of THE SCHLENKER BREWING COMPANY, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-10. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Christopher J Schlenker: 1692 State Route 385 Athens NY 12015. Purpose: Any lawful purpose

Notice of Formation of The Groom Shop LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-31. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of NTM Services LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-03. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway Ste Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Operation Waters LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-28. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of GAM Career Services . Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to SOP: 418 BROADWAY, Suite R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of AB & Bostick Property LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to SOP: 418 BROADWAY, Suite R Albany NY 12207. Purpose: Any lawful purpose

SAY IT WITH BALLOONS LLC. Art of Org. filed with the SSNY on 09/27/2023. Office: Bronx County, SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of Limited Liability Company: 1393 Glenwood LLC Art. Of Org. filed with Secretary of State of NY on 10/5/23. SSNY is designated as agent of LLC upon whom process against it may be served. Office in ALBANY County. SSNY shall mail process to: The LLC, 5 Arbor Gate Court, Cohoes, NY 12047. Purpose: Any lawful purpose.

Notice of Formation of SUNGATE RECORDS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-01-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process

to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Parisea. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest: 418 Broadway Suite N. Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of ikey ink LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-18. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Christopher J Schlenker: 1692 State Route 385 Athens NY 12015. Purpose: Any lawful purpose

Notice of Formation of Higher Concept, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to THE LLC: 17 Freleigh Place Coxsackie NY 12051. Purpose: Any lawful purpose

Notice of Formation of Direct Positive Media LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-15. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Field Sparrow Physical Therapy, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-03. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12209. Purpose: Any lawful purpose

Notice of Formation of GF WOODWORKS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-22. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Greg Farley: 13 Academy St. Apt. 10 Catskill NY 12414. Purpose: Any lawful purpose

Notice of Formation of The Real McCoy LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2013-12-10. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to The Real McCoy LLC: 6 Holly Mill Road Selkirk NY 12158. Purpose: Any lawful purpose

Notice of Formation of Enoki Catskill LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-01. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Shirley Lim: PO BOX 108 WEST CAMP NY 12490. Purpose: Any lawful purpose

Notice of Formation of GOOD HAIR NYC LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Green Street Acres LLC: 10 Prospect Street Catskill NY 12414. Purpose: Any lawful purpose

Notice of Formation of MAXURBAN GROUP LLC. Arts of Org filed with the SSNY on 09/18/2023. Office: Albany County. SSNY designated as agt upon whom process against it may be served. SSNY shall mail process to the LLC, 7001 Brush Hollow Rd, Westbury, NY 11590 Purpose: any lawful activity

on 2023-09-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Idleflora LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

UNTAMED FILLY LLC. Art of Org. filed with the SSNY on 09/20/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of Fetterwork LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Todd Lent: 38 E Wiggand Dr GLENMONT NY 12077. Purpose: Any lawful purpose

Notice of Formation of Serbetci Law PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-08. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of T & T Contracting Services LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-23. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to T & T Contracting Services LLC: 344 Frank Hitchcock Road Cairo NY 12413. Purpose: Any lawful purpose

Notice of Formation of Hunter TS, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Anika McGrath: 10 W 74th St, Apt 8EF New York NY 10023. Purpose: Any lawful purpose

Notice of Formation of Lyons and Son Operations LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-22. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Lyons and Son Operations LLC: 806 Route 23A Catskill NY 12414. Purpose: Any lawful purpose

Notice of Formation of Green Street Acres LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-26. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agents: 418 BROADWAY STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Kange, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-18. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent, LLC : 418 Broadway, Ste. N Albany NY 12207. Purpose: Any lawful

purpose
 Notice of Formation of 22 CHRS LLC, Arts of Org. filed with NY Secy of State (SSNY) on October 11, 2023. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to The LLC at c/o 22 Chestnut Hill Road S, Loudonville, NY 12211. Purpose: any lawful activity.

Notice of Formation of Thank Lucky Stars LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-15. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway Ste N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of BEARME ROAD LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to BEARME ROAD LLC: 262 HOOPER STREET BROOKLYN NY 11211. Purpose: Any lawful purpose

Notice of Formation of AMD AUTO, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-07-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to New York Registered Agent LLC : 418 Broadway STE Y Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Cocobolo LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-08. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of CRE HOUSING AND MANAGEMENT. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to New York Registered Agent LLC: 418 Broadway Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Sondermat, LLC . Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-19. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC : 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

IDEATION SPHERE LLC. Art of Org. filed with the SSNY on 09/29/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of Start Smart Plus LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agents: 418 BROADWAY STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Summit Wealth LLC. Arts of Org. filed with the SSNY on 09/19/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100, ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of 22 CHRS LLC, Arts of Org. filed with NY Secy of State (SSNY) on October 11, 2023. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to The LLC at c/o 22 Chestnut Hill Road S, Loudonville, NY 12211. Purpose: any lawful activity.

Notice of Formation of Blossom Signature Travel. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Writing And More, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of GENTOLO, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-08. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to GENTOLO, LLC C/O JACQUELINE ROTOLO: 1838 Bay Ridge Ave. Brooklyn NY 11204. Purpose: Any lawful purpose

Notice of Formation of 22-55 36 ST, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

OPPEL CONSULTING LLC. Art of Org. filed with the SSNY on 09/19/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to Corporate Service Bureau: 283 Washington Ave Albany NY 12206 Articles of Organization originally filed with NJ Secretary of State (SOS). 2819 Fire Road Egg Harbor Township NJ 08234. Purpose: Any lawful purpose.

Notice of Formation of Forecast Informed, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-07-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Forecast Informed, LLC: 30 Carriage Road Delmar NY 12054. Purpose: Any lawful purpose

BAAD BOYS REALTY LLC. Art of Org. filed with the SSNY on 10/04/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100, ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of Fire-side Development LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REPUBLIC REGISTERED AGENT SERVICES INC.: 54

279 Mountain House Road Palenville NY 12463. Purpose: Any lawful purpose

Notice of Formation of Vein/Vanity Post Op Concierge LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent: 418 Broadway Ste N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 60-54 55 ST, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Christophorou Law Office, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-25. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Elizabeth Lee Boomhower: 20 Country Estates Road Greenville NY 12083. Purpose: Any lawful purpose

Notice of Formation of Alda Strategy, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-08-30. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Karolina Haraldsdottir: 418 Broadway Ste R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Genius Living LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-07-17. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Republic Registered Agent Services Inc.: 54 State Street, Ste 804 #9416 Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Exit 21 Enterprises LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-13. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Exit 21 Enterprises LLC: 264 Jefferson Heights Catskill NY 12414. Purpose: Any lawful purpose

Notice of Formation of Navita Psychological Health PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-05. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to New York Registered Agent LLC: 418 Broadway Ste Y Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Neuro Health Equity LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REPUBLIC REGISTERED AGENT SERVICES INC.: 54

State Street Ste 804 Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of DRIVEN HAULING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-14. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to DARIN RIVENBURG: P.O. Box 181 Cairo NY 12413. Purpose: Any lawful purpose

LR DISTRIBUTION LLC. Art of Org. filed with the SSNY on 09/12/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100, ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of Tam Sun Printing, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-29. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Prime Corporate Services: 418 Broadway Ste R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of CATSKILL VALLEY CHIROPRACTIC, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-01-04. Office location: Greene County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 90 State Street Suite 700 Office 40 Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Nonfractional, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Stephen Hallgren: 696 Hudson Ave Albany NY 12203. Purpose: Any lawful purpose

Notice of Formation of Papi Pastellos LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 39 Maryland Ave LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-21. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to The LLC: 3 Collegeview Drive Albany NY 12211. Purpose: Any lawful purpose

Notice of Formation of GARNISH ENT., LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-24. Office location: Albany County. SSNY designated as agent of upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 30-06 HOBART LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway Ste R Albany NY 12207. Purpose: Any lawful purpose

VELOCITY GROUP PARTNERS LLC. Art. of Org. filed with SSNY on 7/4/23. Office: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Northwest Registered Agent LLC, 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose.

Notice of Formation of LIN CPA PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-18. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of STONE WATERS, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-19. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to STONE WATERS, LLC: 23 Lawrence Avenue White Plains NY 10603. Purpose: Any lawful purpose

Notice of Formation of ProfiPath LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-18. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 90 State Street Suite 700 Office 40 Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Nonfractional, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Stephen Hallgren: 696 Hudson Ave Albany NY 12203. Purpose: Any lawful purpose

Notice of Formation of Papi Pastellos LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 39 Maryland Ave LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-21. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to The LLC: 3 Collegeview Drive Albany NY 12211. Purpose: Any lawful purpose

Notice of Formation of GARNISH ENT., LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-24. Office location: Albany County. SSNY designated as agent of upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 30-06 HOBART LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-12. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Ocean Avenue LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-18. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to The LLC: 43 Wedgewood Drive Albany NY 12054. Purpose: Any lawful purpose

Notice of Formation of Art Valuation Audit LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-17. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

STOCKSOFT LLC. Art of Org. filed with the SSNY on 09/18/2023. Office: Albany County, SSNY designated as agent of the LLC upon whom process against it

may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100, ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of SilverChime Services LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-08. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Aegis Property Development LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-04. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process

to Aegis Property Development LLC: 5 Herbert Dr. Latham NY 12110. Purpose: Any lawful purpose

Notice of Formation of Morel TLC Mobility. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-06. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agent Inc: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of WINDING ELM PSYCHOLOGY, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-11. Office location: Albany County, SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to NEW YORK REGISTERED AGENT LLC: 418 BROADWAY STE Y Albany NY 12207. Purpose: Any lawful

purpose
Notice of Formation of Age Strong. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-18. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to New York Registered Agent: 418 Broadway STE R Albany NY 12117. Purpose: Any lawful purpose

Notice of Formation of SMV ENTERTAINMENT LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-07. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Brian Morales: 818 Wyckoff Ave New York NY 11237. Purpose: Any lawful purpose

Notice of Formation of Next Step Media LLC. Articles of Organization filed with Sec-

retary of State of NY (SSNY) on 2023-08-04. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway, Ste N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of T&D Legacy Law Office PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-01. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to NORTHWEST REGISTERED AGENT LLC: 418 Broadway, STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Boss Mom Basics LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-27. Office loca-

tion: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway ST Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of BMT-J 289 LLC, Arts of Org. filed with NY Secy of State (SSNY) on October 12, 2023. Office location: Albany County, SSNY is designated as agent of LLC upon whom process against it may be served. SSNY should mail process to The LLC at c/o 289 New Scotland Ave., Albany, NY 12208. Purpose: any lawful activity.

Notice of Formation of The Green Hut, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-19. Office location: Greene County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Polanyi Weidman: 25 Barnside Road Gree NY 12083. Purpose: Any lawful purpose

Notice of Formation of OGGI HOLDING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-09-25. Office location: Greene County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Corporate Service Bureau: 283 Washington Ave Albany NY 12206 Articles of Organization originally filed with NJ Secretary of State (SOS). 2819 Fire Road Egg Harbor Township NJ 08234. Purpose: Any lawful purpose.

Notice of Formation of TDP Phase Too, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-05. Office location: Albany County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Corporate Service Bureau: 283 Washington Ave Albany NY 12206 Articles of Organization originally filed with NJ Secretary of State (SOS). 2819 Fire Road Egg Harbor Township NJ 08234. Purpose: Any lawful purpose

Notice of Formation of Lanuto Enterprises, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-10-23. Office location: Greene County, SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Angela Lanuto: 15 Landon Ave. Catskill NY 12414. Purpose: Any lawful purpose

Notice of Qualification of Scofield Marine Contractors LLC. Certificate of Authority filed with Secretary of State of NY (SSNY) on 2023-05-05 Office location: Albany County, undefined formed in NJ on 2021-09-07. SSNY designated as agent of upon whom process against it may be served. SSNY shall mail process to Corporate Service Bureau: 283 Washington Ave Albany NY 12206 Articles of Organization originally filed with NJ Secretary of State (SOS). 2819 Fire Road Egg Harbor Township NJ 08234. Purpose: Any lawful purpose.

LINE ADS

ATTORNEY DIVORCE \$389 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380

AUTO DONATIONS Drive Out Breast Cancer: Donate a car today! The benefits of donating your car

or boat: Fast Free Pickup - 24hr Response Tax Deduction - Easy To Do! Call 24/7: 855-905-4755

HEALTH My Caring Plan's local advisors have helped thousands of families with unique needs find senior living. Can you afford 2k a month in rent? We can help for free! 866-989-1812

HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced

90% less than competitors. Tiny and NEARLY INVISIBLE! 45-day money back guarantee! 855-598-5898

VIAGRA and CIALIS USERS! 50 Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 855-413-9574

HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced 90% less than competitors. Tiny and NEARLY INVISI-

BLE! 45-day money back guarantee! 855-598-5898

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 888-514-3044

HOME IMPROVEMENT BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices -

No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 866-393-3636

Do you need a Roof or Energy Efficient Windows & Help paying for it? YOU MAY QUALIFY THROUGH NEW RELIEF PROGRAMS (800) 944-9393 or visit NYProgramFunding.org to qualify. Approved applications will have the work completed by a repair crew provided

by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs.

Secure your home with Vivint Smart Home technology. Call 866-601-1219 to learn how you can get a professionally installed security system with \$0 activation.

MISC DIRECTV Sports Pack - 3 Months on Us! Watch pro and college sports LIVE. Plus over 40 regional and specialty

networks included. NFL, College Football, MLB, NBA, NHL, Golf and more. Some restrictions apply. Call DIRECTV 1-888-534-6918

Happy Jack® Liquiavict 2x® is recognized safe & effective against hook & round worms by the USCVM. Double strength, 3 year stability. At Tractor Supply® (www.happyjackinc.com)

BEST SATEL-

LITE TV with 2 Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day installation! Call 888-508-5313

TRAVEL SERVICES SAVE ON YOUR TRAVEL PLANS! Up to 75% More than 500 AIRLINES and 300,000 HOTELS across the world. Let us do the research for you for FREE! Call: 877 988 7277

LeafFilter PROTECTION
EXCLUSIVE LIMITED TIME OFFER!
15% OFF + **10% OFF** + **0% APR** FOR 24 MONTHS**
YOUR ENTIRE PURCHASE
SENIORS & MILITARY
FREE GUTTER ALIGNMENT + FREE GUTTER CLEANING*
Promo Code: 285
CALL US TODAY FOR A FREE ESTIMATE
1-855-478-9473
Mon-Thurs: 8am-1pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

Have Computer Problems?
Get **\$20 OFF** Any Service
Use Coupon Code **42513**
24/7 Emergency Service
Data Recovery
Virus Removal
Regular Maintenance
Call Now Get a Free Diagnosis
866-848-0045
Geeks OnSite®
Friendly Certified Computer Repair Experts

FROM OUR FAMILY TO YOURS, LET'S MAKE YOUR KITCHEN **MAGIC**
NEW CABINETS | CABINET REFINISHING | COUNTERTOPS | BACKSPASHES
SAVE **10%** ON YOUR FULL KITCHEN REMODEL*
Discount applies to purchase of new cabinets or cabinet refacing with a countertop. Does not apply to countertop only. May not combine with other offers or prior purchases. Nassau: 9175490000 Suffolk: 10834 NY/Rockland: 5642 OFFER EXPIRES 10/31/23
KITCHEN REMODELING EXPERTS
855.281.6439 | Free Quotes

Butcher's Deluxe Package
4 Butcher's Cut Top Sirloins (5 oz.)
4 Air-Chilled Boneless Chicken Breasts (4 oz.)
4 Boneless Pork Chops (5 oz.)
4 Individual Scalloped Potatoes (3.8 oz.)
4 Caramel Apple Tartlets (4 oz.)
1 Omaha Steaks Seasoning (3 oz.)
8 FREE PureGround® Flat Mignon Burgers (6 oz.)
74222DRF separately \$291.94
SPECIAL INTRODUCTORY PRICE **\$99.99**
Get 8 FREE Burgers
1.877.592.1351 ask for 74222DRF
OmahaSteaks.com/Deluxe8463

DENTAL Insurance
from Physicians Mutual Insurance Company
Call to get your FREE Information Kit
1-855-225-1434
Dental50Plus.com/nypress
Product not available in all states. Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, NY, call 1-800-969-4781 or respond for similar offer. Certificate C250A (ID: C250C; PA: C250D); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN). Rider kinds: B43B, B439 (GA: B439B). 6208-9721

BOGO 40% OFF
OFFER ENDS 1/31
Available at participating locations
888-448-0421
RENEWAL by ANDERSEN
FULL-SERVICE WINDOW & DOOR REPLACEMENT

Make the smart and ONLY CHOICE when tackling your roof!
Before After
Limited Time Offer! **SAVE!**
Up to **50% OFF** + **10% OFF**
ON YOUR INSTALLATION
Additional savings for military, health workers and first responders
ERIC Metal Roofs FREE ESTIMATE **1.855.492.6084**
Expires 12/31/2023
MADE IN THE U.S.A.
New orders only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Construction Mid-West, Inc ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a "DO NOT CALL" list or register. Please review our Privacy Policy and Terms of Use on homeservices.compliance.com. All rights reserved. License numbers available at eriemetalroofs.com/erie-licensing.

THE RENSSELAER COUNTY REGIONAL CHAMBER OF COMMERCE PRESENTS
TROY VICTORIAN STROLL
SINCE 1982
SHOP, DINE & STROLL DOWNTOWN TROY
SUNDAY **DECEMBER 3RD 2023**
11 AM TO 5 PM
The Reckless Foundation
PIONEER All Support Partner
Rensselaer
VERIZON
COTY

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**
SAFE STEP WALK-IN TUB
1-855-916-5473
With purchase of a new Safe Step Walk-in Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445
EASE OF USE CERTIFIED
MADE IN TENNESSEE
BBB
LIFETIME LIMITED WARRANTY
FINANCING AVAILABLE WITH APPROVED CREDIT

SAVE ON YOUR **Travel Plans!**
Up to **75%** more than **500 Airlines** and **300,000 Hotels** across the world!
Let us do the research for you for free... we'll save you time and money
Spend your travel dollars when you get there **not getting there!**
We're not allowed to publish fares online so call for the best rates now **877-988-7277**

NEW YORK HOMEOWNERS:
NEED HELP WITH EXPENSIVE REPAIRS? WE MATCH YOU WITH FUNDING YOU CAN AFFORD.
888-254-6006 or visit **NYProgramFunding.net**
ROOFING | SIDING | WINDOWS | DOORS & MORE!
HELP IS AVAILABLE EVEN IF YOU COULD PAY CASH ...but it won't last! Enrollment is only open during a limited time. Programs, appointments, and installations are first come, first serve.
ACT NOW!
Approved applications will have the work completed by a quality repair crew provided by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs. Contractor License: NY: #2719-h14

Saving a Life EVERY 11 MINUTES
I'm never **alone**
Life Alert® is always here for me.
One touch of a button sends help fast, 24/7.
Help at Home Help On-the-Go
Life Alert Batteries Never Need Charging.
For a **FREE** brochure call:
1-800-404-9776

any lawful purpose.

 Notice of registration of SOFI CLUB LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 07/09/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for Dispatch.

Notice of registration of RAEDEN RE, LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 10/06/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of FORECLOSURE USA LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 09/28/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for General real estate.

Notice of registration of TRIED & TRUE REALTY SOLUTIONS LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 06/21/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of IMPELLO GLOBAL INSURANCE SERVICES, LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 06/30/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of HELIOS NEW YORK ENERGY LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 08/29/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose.

any lawful purpose.

 Notice of registration of EOS MARKETING LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 10/10/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of DPH DELIVERY LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 08/30/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of LEOSTELLA LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 12/09/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of PROGRESSARY, LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 10/02/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose.

Notice of registration of EPROS FLORIDA, LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 08/09/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose.

YOUR AD COULD BE HERE!

CALL 413-212-0130

Connect Anywhere, Anytime.

Enjoy Free Internet Data on Your Mobile Devices with the Affordable Connectivity Program. You qualify if you receive:

- Medicaid
- SNAP
- SSI
- WIC
- Veterans Pension
- Survivors or Lifeline Benefits
- Tribal Assistance Program
- Housing Assistance

maxsip

Get a subsidized 4G Android Tablet for \$20

CALL TODAY (877) 651-1637

Jacuzzi BATH REMODEL

YOUR BATHROOM. YOUR WAY. IN AS LITTLE AS **ONE DAY**

CALL NOW **855.564.2680**

SPECIAL OFFER

Waiving All Installation Costs*

*Add'l terms apply. Offer subject to change and vary by dealer. Ends: 12/31/23.

The UpStater .COM

local news
YOU NEED & TRUST ALL IN ONE PLACE!

FOR LIMITED TIME!

DON'T MISS ANY OF THE ACTION!

8,000 TOUCHDOWNS
ONE PLACE TO WATCH!

Plus, Multi-Sport Pack Included for a Limited Time!

1-866-782-4069

Switch to DISH for access to every professional football game this fall on YouTube, Prime Video, Peacock, and ESPN+.

DISH has the most college football with SEC, ACC, Big Ten, Pac-12, and Longhorn Networks.

Plus, get the Multi-Sport Pack on us!

Sign up for AT 120+ or above and get 15 additional sports channels with the Multi-Sport Pack at no cost.

SWITCH TO DISH & GET UP TO A \$300 GIFT CARD!

*Only available for new subscribers. Offer ends 11/30/23. See restrictions at dish.com/multi-sport-pack. ©2023 Dish Network. All rights reserved. Terms of service apply. See restrictions at dish.com/multi-sport-pack. Offer subject to change without notice. Local blackout and other restrictions apply. Streaming app require separate subscription.

PROTECT WHAT MATTERS MOST

Whether you are home or away, protect what matters most from unexpected power outages with a Generac Home Standby Generator.

FREE
 7-Year Extended Warranty*
 A \$735 Value!

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(877) 516-1160

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

GENERAC

CELEBRATING A BIRTHDAY?

Announce it with style and in this space!

Call Now
413.212.0130

The UpStater.com

W Y B N TV-14 FACTS ✓

ZERO. NADA. ZILCH. ✓

1. Cost per month:

2. Special reception gear needed:

3. National World News Custom Weather Reports @ 14 & 42 minutes past the hour. ✓

Never a bill. Never a big rate bump.

JUST FREE TV.

Fun / Movies / News / Auto / Hunting / Xtreme Sports / Gameshows

Scan Us in NOW.

W Y B N TV-14

The Catskills' Only Locally Owned and Operated TV Station
 (Cable & Over-the-air television)

WYBN TV-14
 (518) 772-4414
 (845) 876-1212
 cannytv@gmail.com
 www.wybn14.com