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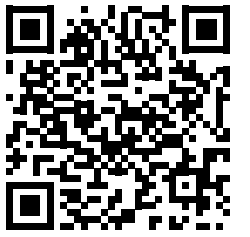
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NEWS:

Crash closes Main Street

See page A2

THE RAVENA

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Volume 149, NO. 28 www.theupstater.com

THURSDAY, JULY 13, 2023

CAPITAL REGION INDEPENDENT MEDIA

\$1.50

Town mulling farm animal law

By **Melanie Lekocevic**
Capital Region
Independent Media

COEYMANS — The town is expected to revise a proposed law prohibiting farm animals and fowl in some areas of the town.

Proposed Local Law No. 8 of 2023 would make it unlawful for farm animals or fowl to be kept within the commercial, business or industrial zones in the town.

But pleas from several residents whose homes are in the industrial zone led town officials to reconsider portions of the law. Those changes are expected to be made at the town board's next meeting July 13 and if enacted, would remove the town's industrial zone from the prohibition.

The law would make it unlawful to keep animals

including cows, cattle, horses, ponies, donkeys, mules, pigs, goats, sheep, chickens, roosters, ducks, geese and others.

Resident Emily Zinkhen lives in Selkirk but the land surrounding her home is zoned industrial for the town of Coeymans, she told the board at a public hearing June 22.

"In the early spring of 2020, as COVID restrictions and lockdowns were being put in place, our family rescued a little black sheep from slaughter," Zinkhen said. "We raised her as if she were a puppy, with love and respect, and in turn she ate our weeds and fertilized our soil. That November, my family rescued a pig from a breeder in Tennessee. She became a member of our family quickly and helps us refresh our

garden and till our soil. The next spring brought us a baby goat and another sheep, both of which were rescued from certain death at a meat market."

The animals have become members of the family, Zinkhen said.

"Our two sheep, goat and pig are beloved pets. They keep us sane during hard times and greatly improve not only the quality of our lives, but the quality of our land," she said. "We look forward to spending our time caring for them, especially when times get a little rougher. Fruit trees and gardens now grow where the soils were once dust, and our grass truly is greener with them here."

The passage of Local Law No. 8 in its original form would negatively impact her family and



Courtesy of Pexels
A proposed local law would prohibit the keeping of farm animals like goats, chickens, sheep, ponies and ducks, among others, in some zones in the town.

home, which is otherwise "surrounded by industry

and pollution," Zinkhen said.

Zinkhen's mother, See **ANIMAL A2**

Former columnist, volunteer Norma June: A life of service



Melanie Lekocevic/Capital Region Independent Media
Norma June, honored with a bench dedicated in her name, greets family and friends at a celebration at Henry Hudson Park on Saturday.



Melanie Lekocevic/Capital Region Independent Media
Norma June and her daughter, Phyllis Buckley, try out the new bench with a plaque honoring June's work in the community over more than five decades.

By **Melanie Lekocevic**
Capital Region
Independent Media

SELKIRK — Over more than 50 years of service, Norma June left an indelible mark on her community and on Saturday, the community turned out to show how much they appreciate her

contributions.

June, 94, now lives at a residential facility in Columbia County, but greeted friends and family at a ceremony this weekend at Henry Hudson Park, where a bench dedicated in her honor was unveiled. June, writing under the

pen name "Murt Emmet," wrote two columns for the Ravena News-Herald for more than half a century, often sitting by the side of the Hudson River to gain inspiration.

So, it seemed only fitting that a bench in her honor sit beside the river

where she wrote some of her best works.

June was a volunteer with the Selkirk Fire Department and for Delmar-Bethlehem EMS for half a century, bringing her compassionate care to anyone who needed it.

"Today we are present-

ing Norma with a bench to remind the public of the years of service that she had put out for the public — over 50 years with the ambulance and with the Selkirk fire district," said District Fire Chief Thomas Neri. "She was a center of the community — she

knew everybody. If we went to an accident, she knew who the person was. If we went to a fire call, she knew who the person was. She was known by everybody in the town because she was always helping people."

June was a volunteer with the Selkirk fire company's fire police, doing stints as the department's president and secretary.

She was also a founding member of the Bethlehem Historical Association and was a key figure in securing the former one-room schoolhouse on River Road in Selkirk as the museum's permanent home.

"She was very active in the community," Neri said.

June's daughter, Phyllis Buckley, said having

See **NORMA A2**

Fourth of July storm downs trees, damages power lines

By **Melanie Lekocevic**
Capital Region
Independent Media

NEW BALTIMORE — Rain and high winds blew through New Baltimore on the Fourth of July, downing trees and power lines.

Town and county workers spent much of the holiday evening clearing roads and debris from the storm.

New Baltimore Highway Superintendent Alan VanWormer said the first call came in from Greene County 911 at around 9 p.m. alerting the town to several trees that were blown down by high winds on Main Street, south of Church Street.



Contributed photo
High winds knocked down trees and power lines in New Baltimore, leaving highway crews with a big clean-up job for several days after.

VanWormer said he notified the Greene County Highway Department as Main Street is a county road and falls under their jurisdiction.

Within moments, another call came in regarding more trees that were knocked down on Mill Street.

"The town highway crew sprung into action, not only clearing our own roads, but assisting Greene County Highway in clearing theirs," VanWormer said.

The fire department also assisted in clean-up efforts, he added.

"The Cornell Hook and Ladder Fire Compa-

ny also responded with manpower to assist in removing debris from the roadway as it was cut by highway personnel," VanWormer said.

With the highway and fire departments collaborating to clear the blocked streets, all roads were open and passable by 1 a.m., with the exception of Mill Street, where a utility pole remained broken, with downed wires.

Town and county highway crews were back on the road Wednesday morning to begin clean-up efforts in the wake of the holiday storm.

See **STORM A2**

Outdoors

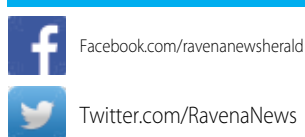


Club selects Garden of the Month
See page B1

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Melanie Lekocevic/Capital Region Independent Media

District Fire Chief Thomas Neri addresses the crowd that gathered at the park to honor June for her accomplishments over more than half a century.



Melanie Lekocevic/Capital Region Independent Media

District Fire Chief Thomas Neri of the Selkirk Fire Department greets June at a ceremony at Henry Hudson Park on Saturday.



Melanie Lekocevic/Capital Region Independent Media

June with her daughter, Phyllis Buckley.

NORMA from A1

a bench dedicated in her honor was a fitting tribute. “This is due — she served in so many ways,” Buckley said. “So many times I would walk into a store or restaurant and people would tell me all the things my mother did for them. She would doctor them, comfort them, hold their hand, whatever they needed. Even at the nursing home, she is still helping people.”

June’s works at the Ravena News-Herald spanned over a half century. Her News and Views column always featured a sketch of a lion and the tagline “Keep your powder dry” at the end of the column. The tagline is also included on the plaque that adorns the park bench, recalling yet another of her contributions to the community.

She wrote weekly, for decades, about the goings-on in the area, dropping

ping off her handwritten columns to the newspaper’s Ravena office without fail. See samples of her writing on page A8.

Ever a Renaissance woman, June also wrote poetry, and a volume of her works was published by Bleezarde Publishing, the former owner of the Ravena News-Herald.

Neri said researching June’s many contributions to the community and her more than 50 years of service was challenging because much of her work pre-dates computers.

“I got to the number 50 and just said, let’s put 50-plus, because I can’t even research that far back,” Neri told the crowd with a laugh.

“You don’t know how much you have affected this community and helped people,” he told her.

Nancy Newkirk from the Bethlehem Historical Association read one of

June’s poems, “River of Legend and Lore,” at the dedication ceremony.

“Norma is one of the founding members of the historical association, so we are pleased to be here today to recognize this great honor,” Newkirk told June. “It’s been more than 50 years with Bethlehem Historic. We thank you for everything that you’ve done.”

June and her son, Herb June, were instrumental in getting the former one-room schoolhouse to serve as a permanent historical museum, Newkirk said.

Norma June has six children, 21 grandchildren and around a dozen great-grandchildren.

She said she will never forget Saturday’s ceremony.

“This was unbelievable,” June said. “It’s one of the moments of history that I will hang onto forever and ever.”

ANIMAL from A1

Gina Al-Mahdi, broke into tears as she addressed the board at the public hearing.

“Not only did we save these animals, but these animals saved my children and my family,” she said. “We need them. They aren’t nobody. They even have Instagram (accounts), and people follow them. They harm nobody.”

Al-Mahdi said her children with special needs have greatly benefited from having the animals around. The animals have helped alleviate symptoms of depression and helped the children develop life and social skills.

“I just wanted to point out that not only did we

save them, but they saved us as well,” Al-Mahdi said.

Selkirk resident Janet Kessler spoke on behalf of the family and their animals.

“These people have had these animals — they are considered pets,” Kessler said.

No other community members spoke out on behalf of keeping farm animals on properties in either the business or commercial zones, and Town Supervisor George McHugh said the town council could revise the law to omit industrial zones.

“Frankly, the complaints that we’re receiving are not from the industrial zones, they are from

the commercial and business districts,” McHugh said.

Resident Barbara Tanner asked if the farm animals at the Zinkhen property would be grandfathered in in the event the law is passed in its original form.

“They would not be,” McHugh responded. “But that doesn’t mean that we’re going to keep industrial in.”

McHugh said the town council would consult with the town attorney before adopting the law, and that a revised law may be presented at the next meeting of the town council on July 13.



Contributed photo

A damaged tree hangs perilously over the road in New Baltimore.



Contributed photo

Town and county workers cleaned up debris from a straight-line wind storm in the town of New Baltimore on the Fourth of July.

STORM from A1

Ongoing clean-up continued for another week with storm debris littering several areas in the town including Cornell Park

and Matthew Point.

The slow-moving Independence Day storm brought high winds and heavy rainfall to the Capital Region, according to the National Weather Ser-

vice in Albany, affecting broad swaths of Greene, Albany, Columbia, Schenectady and Montgomery counties, among other areas.

Crash closes Main Street, knocks out power



Melanie Lekocevic/Capital Region Independent Media

Central Hudson crews worked to restore power and repair broken utility poles after a car crash on Main Street this weekend.

By Melanie Lekocevic
Capital Region Independent Media

RAVENA — A car crash on Main Street this weekend knocked out power and severely damaged utility poles, leading to a power outage in the village.

The accident occurred around 2 a.m. Saturday on Main Street when a red pickup truck struck a pair of utility poles near the corner of Route 9W, according to the Ravena Fire Department.

The poles were severely damaged and power was knocked out for around two hours.

One patient was evaluated for injuries by EMS but was not transported to the hospital, according to the fire department.

Main Street was temporarily closed as crews worked to remove the vehicle and clean up debris. Power was restored at around 4 a.m.

Central Hudson crews worked throughout the weekend to replace the

broken utility poles.

In addition to the Ravena Fire Department, first responders assisting on the scene included the Ravena Rescue Squad,

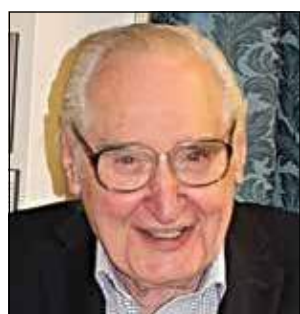
Albany County Paramedics, Albany County Sheriff’s Office, Coeymans Police Department, Ravena Highway Department and Central Hudson.



Courtesy of Ravena Fire Department

A motor vehicle accident on Main Street knocked out power and closed the road for a couple of hours early Saturday morning.

News from the Past in Memory of Harry A. Sturges



IN MEMORY OF Harry A. Sturges

News Herald — July 6, 1923 - F.E. Bleezarde, Publisher

Coeymans:
• The threatening weather conditions on the Fourth of July spoiled

the outings that many had planned and the showers in the afternoon drove many home that were out for the day.

• The sacrament of the Lord's supper was observed in the M.E. church last Sunday morning. Two were received into full membership in the church.

• Edward K. Uthe was driving a team down Westerlo Street Tuesday morning when a portion of the harness broke, which allowed the wagon tongue to fail. The team became frightened and ran down the street. When near Carhart gent's furnishing store, the wagon collided

with a tree and was overturned, pinning Mr. Uthe under the wagon. He was extricated. It was found that no bones were broken, but he suffered considerable from the shaking up he received.

• Mrs. Orra Hawn and daughter of Albany are visiting her father, Dr. A.T. Powell.

• Mr. and Mrs. Clare Robbins of this place and Mr. and Mrs. Lauren Robbins of Schenectady are enjoying camp life at Schroon Lake.

Ravena:
• The Fourth of July passed away in this village in a blaze of glory and lots

of music in the air. The band concert and display of fireworks planned by the Ravena Hose Co., and the Ravena Band proved a big attraction to a couple of thousand out of town folks, who came in hundreds of cars and filled lower Main Street and West Shore Street.

• Community Chautauqua will be here again for its five days of pleasure and education beginning the program on Tuesday evening, July 10, with a concert and entertainment by the John Ross Reed Company. Tickets are for sale by the members of the association from whom

they can be purchased at the regular price of \$2.50.

• Born to Mr. and Mrs. Daniel Makely, a daughter, on Wednesday last.

• William V. Roberts played in the Shriners Band, whose concert was broadcasted from WGY last Thursday night.

• The installation of officers of LeRoy M. Whipple Council, No. 96 will be held on Friday night, July 27, instead of July 13. The change in date has been made on account of Chautauqua. The regular business meeting will be held on Friday evening July 13, and every member is urged to attend.

Coeymans Herald — July 4, 1888 - S.H. & E.J. Sherman, Proprietors

• H. Slingerland had his dock front rebuilt.

• A cargo of coal was discharged Saturday for the Lotta.

• Baeren Island is engaged for 27 excursions during the month of July.

• The employees of S.L. Munson's big collar establishment in Albany had a complimentary excursion on Baeren Island Saturday.

• "Jeffersonian simplicity" in summer means short sleeves and trousers but no collar.

Humane Society seeks help in animal cruelty case



Contributed photo
Juliet, one of the dogs found in Columbia County, was determined to be emaciated.



Contributed photo
One of the dogs died on the way to medical care after he was found.



Contributed photo
Juliet is recovering at the Columbia-Greene Humane Society.

HUDSON — The Columbia-Greene Humane Society/SPCA (CGHS/SPCA) is asking for the public's help in identifying two dogs that were victims of animal cruelty.

CGHS/SPCA are looking for the owners of two dogs that were found on Schoolhouse Road in Claverack.

One dog was found incapacitated and died on his way to emergency care. After a full exam-

ination by CGHS/SPCA technicians, the dog was found to be emaciated with open wounds that were untreated. The wounds were filled with maggots.

The second dog, now named Juliet, was brought to CGHS/SPCA where she's receiving medical attention and being treated for starvation and dehydration.

Both dogs were scored as a 1 on a scale of 1 to

9 using the Nestle/Purina Body Condition System. With this system, 1 is very thin/emaciated and 9 is obese.

CGHS/SPCA is offering a \$1,000 reward for information leading to the arrest and conviction of the person(s) responsible for these acts of cruelty.

"We're asking the public's help with these heinous acts of animal cruelty. As a society, we are obligated to bring those

responsible to justice," said CGHS/SPCA President and Cruelty Investigator Ron Perez. "These two poor creatures were subjected to horrible neglect, starvation, and denial of medical attention. If anyone has any information on these two dogs, please don't hesitate to call us at 518-828-6044 ext. 108."

All information will be kept confidential.

Kids turn out for annual fishing derby

By Melanie Lekocevic
Capital Region Independent Media

COEYMANS — Families turned out for the annual fishing derby hosted by the R.C. Sportsmen's Club.

The fishing derby, held every June, is now in its 44th year.

Held at the Coeymans Filtration Plant on Route 144, the fishing derby invites children ages 1-16 in the Ravena-Coeymans-Selkirk Central School District to try their hand at fishing.

Trophies are awarded annually in a number of categories and everyone

gets a prize, hot dogs and refreshments after the fishing is over.

This year's winners were Samantha White, Isabella Ciccarelli, Anthony Camarda, Kyle Goewey, Jacob Shear, Cassidy Shutter, Emma Done, Owen Barger, Theo Malloy and Maddox Frankovic.

Each of the winners was awarded a trophy.

Sponsors of the annual fishing derby included: Access Safety Products, Biscone Law Firm, Burns and Son, C.A. Albright and Sons, Carver Companies, Crossroads Ford,

Francisco Equipment, Bank of Greene County, Greene County Federation of Sportsmen, Greene County Legislature, Ravena Shop 'N' Save, in memory of J.R. Schroeder, John T. Biscone, Esq., K&D Auto Repair, Mueller's Automotive, NAPA (Ravena), National Bank of Coxsackie, National Stone Supplies, Persico Hardware, Ravena News-Herald, SAB-IC, Selkirk Transmission, Stewart's Shops (Ravena), Stolz Insurance Agency, Town of Coeymans, Trinity Construction and Big Top Portables.



Contributed photo
The winners of the 44th annual youth fishing derby pose with their trophies. Pictured, with members of the R.C. Sportsmen's Association, are prize winners Samantha White, Isabella Ciccarelli, Anthony Camarda, Kyle Goewey, Jacob Shear, Cassidy Shutter, Emma Done, Owen Barger, Theo Malloy and Maddox Frankovic.

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WED. JULY 19 • DOUG VILLANO BAND: 7-10PM • DEMO DERBY: 7:30PM	SAT. JULY 22 • JUKEBOX REBELLION: 7-11PM • TRUCK PULLS: 7PM
THU. JULY 20 • HOT FARM OUT OF THE FIELD TRACTOR PULLS: 6PM • GRIT-N-WHISKEY: 7-10PM	SUN. JULY 23 • ROXY AND THE ROLLERS: 4-8PM • DEMO DERBY: 6:30PM

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Senior Projects

RAVENA — Senior Projects of Ravenna offers dinner every Monday and Thursday at 5 p.m., and lunch on Tuesdays, Wednesdays and Fridays at noon. Senior Projects of Ravenna is located at 9 Bruno Boulevard, Ravenna.

If there is a senior who needs assistance or you are concerned about a senior, please call Senior Projects at 518-756-8593.

Below is the menu for the week of July 17 to July 21.

MONDAY:
Baked chicken, baked sweet potato, corn, bread, milk and coffee.

TUESDAY:
Herb-crusted fish, seasoned oven roasted potatoes, Brussels sprouts, bread, milk and coffee.

WEDNESDAY:
Chicken tacos with cheese, salsa, sour cream,

shredded lettuce and tomatoes, sauteed zucchini and summer squash, bread, milk and coffee.

THURSDAY:
Baked ham, pineapple sauce, scalloped potatoes, peas and carrots, tropical fruit, bread, milk and coffee.

FRIDAY:
Chili con carne, Brussels sprouts, corn bread, bread, milk and coffee.



RCS COMMUNITY LIBRARY

• **Lego Challenge**
Thursday, July 13, from 2-3 p.m.

Calling all school-aged Lego fans, come to the library to build a Lego masterpiece from the library's collection of Legos. Build according to the Lego Challenge prompt or make an inspired creation directly from your imagination. Registration is required at rescommunitylibrary.org as space is limited.

• **Romp and Read**
Friday, July 14, from 10-11 a.m.

Romp and Read will help get the wiggles out on Tuesdays and Fridays at 10 a.m. with interactive themes, stories and action songs with props. No need to register.

• **Traveling Farm from Winterberry Homestead**
Monday, July 17, from 6-7 p.m.

Meet the animals of Winterberry Homestead Farm at the library! Learn about how these animals contribute to sustainable agriculture and have the opportunity to pet each animal. This event will be held at the Moshier Park Pavilion. Bring a blanket or lawn chair. Please register at rescommunityli-

brary.org so the library can notify you in the event of a location change due to inclement weather. For ages 3 and up.

• **Romp and Read**
Tuesday, July 18, from 10-11 a.m.

Romp and Read will help get the wiggles out on Tuesdays and Fridays at 10 a.m. with interactive themes, stories and action songs with props. No need to register.

• **Family Storytime**
Wednesday, July 19, from 10-11 a.m.

Family Storytime meets on Wednesdays at 10 a.m. and combines music, movement, stories and play to encourage early literacy. For kids of all ages (and their grown-ups, too!). No need to register.

• **Wednesday Movie - "Champions"**
Wednesday, July 19, from 2-4:30 p.m.

The library will show the film "Champions," starring Woody Harrleson. "The hilarious and heart-warming story of a former minor-league basketball coach who, after a series of missteps, is ordered by the court to manage a team of players with intellectual disabilities. He soon realizes that despite

his doubts, together, this team can go further than they ever imagined." Rated PG-13. Registration at rescommunitylibrary.org is appreciated but not required. For adults.

• **Stories and Fun in the Park**
Wednesday, July 19, from 6:30-7:30 p.m.

Join in at the Moshier Park Pavilion for a mix of stories and play with activities, crafts or experiments to try. Please register at rescommunityli-
brary.org so you can be contacted in the event that inclement weather results in a change of location.

• **Lunchtime Books on hiatus**

The Lunchtime Book Club is taking a break for summer vacation. Join in when the club starts up again in September.

NEW FICTION

"The Door-to-Door Bookstore" by Carsten Henn

"The Collector" by Daniel Silva

"The Beach at Summerly" by Beatriz Williams

"Flags on the Bayou" by James Lee Burke

"The Air Raid Club" by Annie Lyons

Cemetery history presentation at Bronck Museum



Contributed photo
On Tuesday, July 18, local researcher Eva Behr will present a program at the Bronck Museum on the history of the Palenville Cemetery and the stories of the people buried there.

COXSACKIE — On Tuesday, July 18, the Greene County Historical Society is pleased to welcome local researcher Eva Behr, who will present a program on the history of the Palenville Cemetery

and the stories of the people buried there.

Amidst the clamor of the important tanners and boarding house keepers of Palenville, there are quieter stories, told by those interred in the cemetery.

Meet Hannah Van De Bogart Palen, mother of seven children, widowed in 1822 at 35 years of age, who opts not to marry again, raising her children and two sets of grandchildren, her story is told in the family bible and store ledgers.

Hear the story of Edward Londo, basketmaker and the "last" of the Mohawks, immigrating to Palenville from Saratoga Springs and dying in 1938.

And, Mary Whitney Mower, born in 1903, rehomed at two, married at 16, washing the boarding house laundry, running a small store, and remembered as a warm and loving woman by her summer neighbors.

Come hear the stories whispered in the Palenville Cemetery on Tuesday, July 18, at 7 p.m. in the Reading Room of the Vedder Research Library on the grounds of the Bronck Museum located at 90 County Route 42, Coxsackie, N.Y.

Suggested donation for this lecture is \$10. For more information call 518-731-6490 or visit www.gchistory.org.

MY VIEW

The fight against LGBTQ+ rights

By Dane Weintraub
For Capital Region
Independent Media

When I first heard of the ruling from the Supreme Court allowing certain businesses to be able to discriminate against LGBT, I was first shocked then disappointed, sad and now frustrated and scared.

I was in the closet for most of my life and saw how gay people were treated firsthand. I'm in my 60s now. I've been with my husband for 26 years. It wasn't until my late 30s, when I started to see myself being represented in TV shows and movies, that I felt less afraid. This eventually gave me courage to come out and eventually get married. Now, seeing all this hatred, it is scary

times again.

I wouldn't want to walk into a business to ask to have a service performed and then be made to feel less than they are. I would need to know upfront from the business so I wouldn't subject myself to that trauma again.

I think they need to add some conditions to that law. I want the business to publicly disclose what groups they discriminate against. I want public disclosure on all their promotional materials and business cards, posted at their entrances next to their hours, on their menu boards at their drive-ups, on the home page of their website and all their social media accounts, and if they sell products on hubs like Amazon, it should be

included in their vendor profiles.

Let the customers know you're a bigot, homophobic, Islamophobia, antisemitic or transphobe. Have courage of your convictions and let customers decide if they want to financially support your convictions.

If a more welcoming competitor opens across the street and you go out of business, at least you know your right to not like certain groups was not violated. However, if someone discriminates against someone or a group and they didn't publicly disclose it, they should be sued and face fines.

Dane Weintraub is a subscriber to the *Ravenna News-Herald*.

Hannacroix Rural Cemetery seeks 2023 mowing donations

WESTERLO — The Hannacroix Rural Cemetery, which is located on Route 411 in Dormansville/Westerlo, is seeking donations for the 2023 mowing expenses for the cemetery.

Whether you have a loved one buried there or would just like to give a donation, it would be greatly appreciated.

Many thanks to all who have helped in the past.

Your help is needed to keep the cemetery maintained. Contributions can be sent to: Hannacroix Rural Cemetery, c/o Linda Smith, Treasurer, 115 State Route 143, Westerlo, New York 12193.

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Puttering

WHITTLING AWAY



DICK BROOKS

Puttering around is an art form that as a fairly new senior citizen I'm trying to fully understand and participate in. It is something that goes with the other responsibilities that fall upon a senior's shoulders.

Older folks are supposed to putter around so I devote some time to it daily. Today I was puttering in the dining room, straightening up stuff and moving it from one spot to another, when in the

corner cupboard I came across the basket of this year's Christmas cards. I thumbed through them.

They should have been discarded due to The Queen's Anti-Clutter Campaign rules. Some were beautiful scenes, there were picture cards of various family members and their clans. There were picture cards of folks I didn't recognize.

There were a bunch of those newsy yearly reports on various family groups and what their year had been like. They don't interest me much. They are never really filled with stuff I need to know or even want to know, and frankly I don't know how reliable they are. Things like: Bob was promoted and is now the CEO of such and such a company. Sally married a Harvard Law graduate

and is now living in the south of France where she is heading up a "Save the Whales" group. Our dog won "Best in Show" at Westminster this year — and so on.

I suspect the truth might be more like: Bob lost his job and is drinking too much, we've moved into a trailer in our in-laws' back yard. Sally is dating a high school dropout with Harley tattoos and the dog bit the mailman again. That kind of news would be more interesting.

Not knowing what might be a future family treasure, I put the basket back where I found it.

It did get me thinking about what constitutes a family treasure. All seniors reach a point at which the urge to "downsize" kicks in. What are the things that I've got

squirreled away that I would keep in my forever pile?

Surprisingly, I realized that my pile wouldn't have anything of monetary value in it. Most of it would be considered junk by a stranger going through my stuff. My pile would have the angel tree topper that my dad bought for my first Christmas that's been on the top of every Christmas tree I've ever had. There's the folder of various little notes that I got from students over the years that I taught. I'd include the album of pictures of my kids at all stages of their lives, pictures of my parents and siblings, pictures of my Queen and I in younger years. The pictures themselves aren't that important but the memories they conjure up sure are.

There's a box of

awards I've won that I like to thumb through once in a while. My desk has a small clipping from a newspaper showing a little girl giving me a bunch of flowers and thanking me for saving her life; she died five years later. I'd keep that. I have a small bunch of various cards with a rubber band around them in my sock drawer. Father's Day cards, Valentine's, handmade cards with crayon drawings on them, ones with sweet notes on them, all keepers.

I don't think I'd like to lose the three big binders with more than a thousand pages of newspaper columns that I've written because they document the later stages of my life and could show my granddaughter and grandkids yet to come what I was like.

Funny that all the years

I worked towards having a nice house, shiny cars and a bank account that was in black ink, those things didn't make it into my mental pile of treasures. The other thing that kind of surprises me was how small that pile would be and how very precious it is to me. I love these things but I could survive without them because they are all tucked away safely in my heart's memory banks.

Puttering sure is nice. I'm going to have to try to find time to do more of it.

Thought for the week — "The power of accurate observation is commonly called cynicism by those who have not got it." ~ George Bernard Shaw

Until next week, may you and yours be happy and well.

Reach columnist Dick Brooks at Whittle12124@yahoo.com.

Echoing the River: The Story of 'River Barrow'

Horses of Unbridled



SUSAN KAYNE

The River Barrow, the second longest river in Ireland, is an enchanting lifeline that courses through the country's southeastern landscapes. Beginning its journey in the Slieve Bloom Mountains, it weaves its way through verdant valleys and ancient towns, finally merging with its sister rivers, the Nore and the Suir, before surrendering itself to the Celtic Sea.

The Barrow's lyrical beauty is inescapable as it winds through Ireland's heartlands. Shifting with the seasons, it presents a living tapestry — emerald green in spring, dappled gold in autumn, starkly beautiful in winter's grip and riotously colorful in the peak of summer. The river's surface mirrors the cerulean Irish sky on a sunny day, appearing as a sheet of molten silver, while on cloudy days, it borrows the gray from overcast heavens, crafting a spectacle that is both dramatic and melancholic.

The River Barrow is more than just a waterway, it's a lifeline and a provider. Home to diverse flora and fauna, it is a haven for naturalists. Kingfishers dart across the water, otters frolic along the banks, and salmon and trout leap in its currents. The river teems with life, standing as a testament to nature's resilience and abundance.

The allure of the River Barrow lies in the serene tranquility it offers amidst the relentless pace of the modern world. It is a place where time appears to slow, where the soul finds solace in the rhythm of flowing water and the rustling leaves. It is a living painting, a poem and a song, all at once.

By naming a Thoroughbred horse "River Barrow," one captures the river's strength, beauty, resilience and timeless grace. Like the river that brims with life and tells stories of resilience and constancy, the horse,



Contributed photo

River Barrow enjoys outdoor time in the winter.



Contributed photo

River Barrow, right, with one of her friends.

too, embodies innate strength and majesty. This name signifies not only the horse's connection to nature, but also to the heritage and culture represented by the river. Hence, "River Barrow" is a compelling choice for a Thoroughbred destined for greatness.

On April 29, 2004, in Ontario, Canada, when the mare Valid Secret gave birth to a long-legged dark gray filly sired by Cat's At Home, her breeder, Ormonde Farm, christened her "River Barrow." The Canadian breeder had purchased Valid Secret at Keeneland in Kentucky back in November 2000.

Ormonde Farm, based in Ontario, derives its name from the horse Ormonde (1883-1904), an undefeated English Thoroughbred racehorse who clinched the 1886 English Triple Crown and was hailed as the "horse of the century."

During the five years that Ormonde owned Valid Secret, River Barrow was the only foal to survive her youth. She was born not just into any lineage but into one of royalty, being a maternal great-granddaughter of the celebrated Triple Crown winner, Secretariat. Her lineage, akin to a noble human bloodline in horse-racing terms, led to her life being under intense scrutiny and grand expectations. Racing under the banner of Canada's Ormonde Farm, her career spanned the U.S. and Canada, earning black type at the tender age of two and amassing \$114,825 in prize money over 35 races at seven different racetracks.

When River Barrow could no longer race, she was relocated to a breeding farm. While pregnant with her fifth foal, River Barrow, like her moth-



Contributed photo

River Barrow with one of the volunteers at Unbridled.

er and her own offspring before, was sold through the Keeneland Auction in Kentucky. She was purchased by Royal Kraft Sr., a stalwart of the Louisiana Thoroughbred Breeders Association, and she and the unborn foal within her were transported to Kraft's quaint farm in Louisiana.

Of River Barrow's six foals, four made it to the races, collectively earning over \$140,000 on the racetrack. In 2020, at the age of 86, Kraft bred her back to Apriority. That fall, she was listed on his farm's Facebook page, along with several other mares, for private sale.

With Kraft's passing in late December 2020, River Barrow lost her protector. In a world where her prowess on the racetrack should have granted her value, she was quickly dismissed. Louisiana horse traders, indifferent to her fate, ruthlessly discarded River Barrow and her pasture mates, consigning them to Dominique's Livestock Market

in Opelousas, Louisiana, a market infamous for its cruelty and harsh dealings.

Sold for slaughter at Dominique's, her world rapidly diminished to the grim confines of Jacob Thompson's notorious feedlot in Louisiana. Amid the stress of the slaughter pipeline, the foal she carried was lost. Surrounded by the echoes of hopeless whinnies, the stench of fear, and a palpable sense of despair, River Barrow experienced the worst of humanity. Filthy, with her tail cut off, alone, terrified, and alarmingly malnourished, she was pleading for a lifeline to escape this living nightmare less than a month after the passing of her owner, Royal Kraft, Sr.

On the brink of oblivion, Unbridled Sanctuary opened its doors to River Barrow. In January 2021, her troubles ended, and she, along with Beauty, Censored and Joy, all victims of the same dreadful pipeline, entered the lifelong care and protection

of the Unbridled Thoroughbred Foundation.

At the Sanctuary, River Barrow began her healing journey. No longer a commodity or a tool for production, she was now viewed as a sentient being deserving of care, dignity and respect. Little by little, with countless hours of attention, gentle care and doses of Adequan to alleviate her lameness, she regained her strength and spirit.

Today, River Barrow stands as a beacon of hope, a survivor rising from the depths of despair. As a cherished equine family member at Unbridled, she receives royal care and provisions to accommodate her comfort every day. With nutrition, her tail has grown out so luxuriously that it touches the ground. She shares a profound bond with Joy and Beauty, and together, they form an inseparable trio, each a testament to resilience and the healing power of love.

Just like the river she is named for, River Barrow

is a living embodiment of the true beauty that lies within every horse. She is a caring companion, an emotionally supportive friend, and a thoughtful equine teacher in all of the programs at Unbridled. Her warm, dappled silvery coat and kindly eyes invite you to just be with her and reflect on the majesty of her being, and question how she could be treated with such indifference.

Unbridled aims to shatter the existing paradigm of horse racing and breeding, which often leaves these majestic animals to a grim fate. By illuminating the realities faced by Thoroughbreds, Unbridled is sowing the seeds of change through advocacy, education, hands-on engagement, and sharing the real, often overlooked stories of horses like River Barrow.

Susan Kayne operates the horse rescue organization Unbridled Thoroughbred Foundation, on the border of Albany County and Greenville.

Life is what you ask of it

Positively Speaking



TOBY MOORE

Have you ever read this old yet poignant poem by Jessie B. Rittenhouse?

*"I bargained with life for a penny,
And life would pay no more,
However, I begged at the evening
When I counted my scanty store.*

*For life is a just employer,
It gives you what you ask,
But once you have set the wages,
Why, you must bear the task.*

*I worked for a menial's hire,
Only to learn, dismayed,
That any wage I had asked of life,
Life would have willingly paid."*

The poem underscores that life is prepared to offer us whatever we ask of it. But is that true?

You might wonder, "I've dreamed of a better life, yet it hasn't materialized. I've often asked, Why can't I be a movie star? A pro athlete? Or even rich?"

Are you asking, or are you complaining? Grumbling about the life you desire yet don't have or envying what others possess points to a bigger issue — a heart steeped in bitterness.

This self-victimization and surrender to circumstances turns into a life of negativity.

Ancient scriptures tell us that when we genuinely

ask, we receive. But they also warn that grumbling lips can lead to ruin.

The poem hints at a nuanced interpretation of the word "ask."

In this context, "ask" could be synonymous with "expect." So, when you ask life for your desires, do you anticipate them materializing?

What have you sincerely requested and expected from life?

I've heard it said that when you ask for something and actively move toward it, unseen forces come to your aid.

Numerous individuals who have achieved remarkable feats have personally witnessed this phenomenon. I've seen it in my life.

Things align, the right people appear as if by magic, opportunities and situations fall into place, and the door to possibility swings wide open.

When you transition from a state of complaint and bitterness to asking

with expectation, you evolve into a dreamer, an adventurer. You develop the faith that what you've asked for has already been granted; you need only continue working with a cheerful heart, secure in your impending triumph.

Think about this: How would you chase your dreams if you knew you couldn't fail?

Would you gripe about your dreams not materializing quickly enough? Or would you work tirelessly, filled with gratitude, to seize what life has offered you?

Author and motivational speaker Tony Robbins shares a story of encountering a drunken man in a town square who asked him for a quarter.

Robbins pondered if he should reward this type of behavior. He has a giving heart, so he chose to give, attempting to impart a lesson simultaneously.

He asked the man, "All you want is a quarter?" as

he leafed through a stack of hundred-dollar bills, searching for some change.

The man's eyes bulged at the sight of the money, and he said something like, "Yes sir, a quarter would change my life," as he anticipated receiving hundred-dollar bills, even though he'd only requested a quarter.

Robbins handed him a quarter, leaving the man to label him "weird" as he staggered into the night.

Life can sometimes be a harsh teacher. What are you asking of it? Are you pleading for just enough to get by, or are you seeking your dreams?

I've encountered folks who argue that it's wrong to aspire to great things when so many have so little.

I believe the universe has unlimited blessings to offer to those who ask and move toward their goals with the expectation of success.

Am I suggesting that

those who have nothing have done something wrong?

Not at all. We all face unique advantages and disadvantages; some are born into hopeless situations with no apparent escape, unless people like you and I align our purpose to lend a helping hand.

Perhaps we are the miracle they've been asking for.

Dare to dream big. You can become the shining light of hope for those in need.

Life is always ready to reward our audacity to dream, our courage to ask, and our commitment to chase those dreams.

Reflecting on Jessie B. Rittenhouse's poem: Are we asking life for a penny or a wealth of experiences, opportunities and joy?

Toby Moore is a columnist, the star of Emmy-nominated "A Separate Peace," and the CEO of Cubestream Inc.

Grant pays for traffic safety equipment in New Baltimore

NEW BALTIMORE — The town of New Baltimore recently received a traffic safety grant from Cornell Local Roads in the form of \$1,800 in traffic safety equipment.

The grant means the equipment was purchased at no cost to taxpayers, according to Highway Superintendent Alan VanWormer.

VanWormer applied

for the grant about one year ago along with many other towns from throughout New York state.

The towns of New Baltimore and Greenville were both selected to be awarded the grant.

Funds from the grant were used to pay for safety equipment including 20 orange cones; six work zone signs; two signs each reading "One Lane Road

Ahead," "Road Work Ahead" and the flag symbol, including stands; two stop/slow paddles; two safety vests; two hard hats; two safety whistles; and two flagger safety guides.

"Employee safety is always our number one priority at the town of New Baltimore," VanWormer said.



Traffic safety equipment purchased with an \$1,800 grant awarded to the town of New Baltimore. Contributed photo

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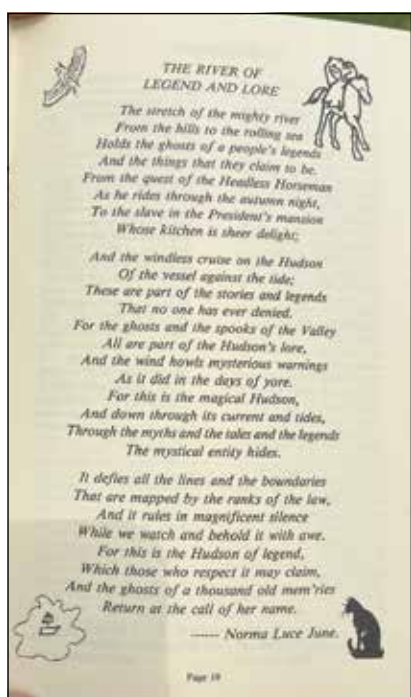
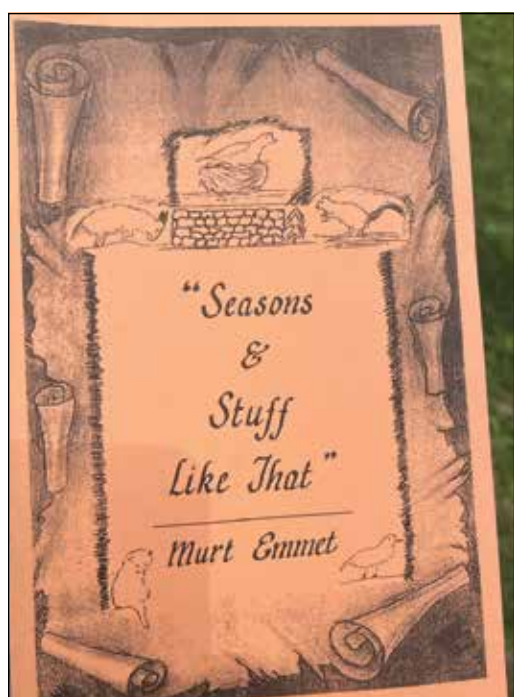
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EDITOR'S NOTE: Norma June was a columnist for the Ravena News-Herald for more than 50 years, penning two columns, "News and Views" and "News from the Fourth Estate," under the pen name Murt Emmet. She retired from writing several years ago and now lives at the FASNY Firemen's Home in Hudson. June was honored this weekend for her work in the community, including a half century of volunteering with both the fire police at the Selkirk Fire Department and as an EMT with Delmar-Bethlehem EMS. We want to honor Norma's contributions to the News-Herald with a look at some of her work through the years. We hope you enjoy this trip down memory lane with our beloved Murt Emmet

Poetry: A tribute to the mighty Hudson River



LEFT: A publication of works written by Norma June and published by Bleezarde Publishing, the former owner of the Ravena News-Herald. CENTER: "The River of Legend and Lore," a poem by Norma June. RIGHT: Former Ravena News-Herald columnist Norma June at her bench dedication at Henry Hudson Park in Selkirk on Saturday.

Norma June's savvy writing was not limited to her columns. She was a prolific writer of poetry and her work was published as a small volume of poetry by Bleezarde Publishing, the former owner of the Ravena News-Herald. Here is one of her works:

"The River of Legend and Lore"
By Norma Luce June

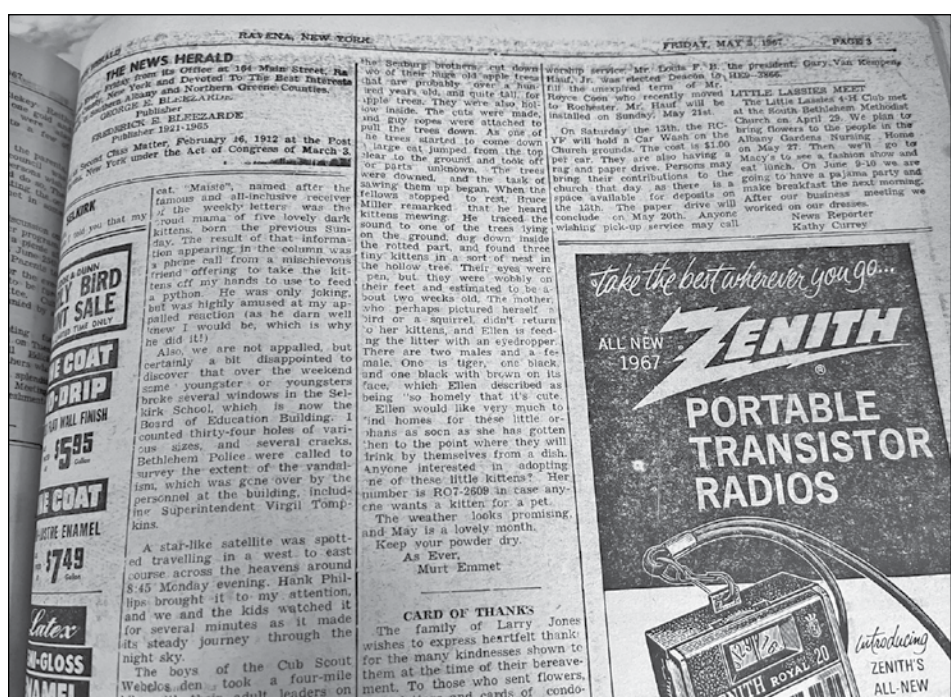
The stretch of the mighty river
From the hills to the rolling sea
Holds the ghosts of a people's legends

And the things that they claim to be.
From the quest of the Headless Horseman
As he rides through the autumn night,
To the slave in the President's mansion
Whose kitchen is sheer delight;
And the windless cruise on the Hudson
Of the vessel against the tide;
These are part of the stories and legends
That no one has ever denied.

For the ghosts and the spooks of the Valley
All are part of the Hudson's lore,
And the wind howls mysterious warnings
As it did in the days of yore.
For this is the magical Hudson,
And down through its current and tides,
Through the myths and the tales and the legends
The mystical entity hides.
It defies all the lines and the bound-

aries
That are mapped by the ranks of the law,
And it rules in magnificent silence
While we watch and behold it with awe.
For this is the Hudson of legend,
Which those who respect it may claim,
And the ghosts of a thousand old memories
Return at the call of her name.

REPRINT: A Norma June column from 1967



A "Murt Emmet" column - the pen name for Selkirk columnist Norma June - from the May 6, 1967 issue of the Ravena News-Herald, then known as The News-Herald.

SELKIRK — Columnist Norma June, who wrote under the pen name Murt Emmet, wrote for the Ravena News-Herald for more than 50 years. Here is a reprint of her column that ran on page 3 in the May 5, 1967 issue, recounting the goings-on of the day.

Last week I told you that my cat, "Maisie," named after the famous and all-inclusive receiver of the weekly letters, was the proud mama of five lovely kittens, born the previous Sunday. The result of that information appearing in the column was a phone call from a mischievous friend offering to take the kittens off my hands to use to feed a python. He was only joking, but was highly

amused at my appalled reaction (as he darn well knew I would be, which is why he did it!).

Also, we are not appalled, but certainly a bit disappointed, to discover that over the weekend some youngster or youngsters broke several windows in the Selkirk School, which is now the Board of Education building. I counted thirty-four homes of various sizes, and several cracks. Bethlehem Police were called to survey the extent of the vandalism, which was gone over by the personnel at the building, including Superintendent Virgil Tompkins.

A star-like satellite was spotted travelling in a west to east course across the heavens around 8:45 Monday evening.

Hank Phillips brought it to my attention, and we and the kids watched it for several minutes as it made its steady journey through the night sky.

The boys of the Cub Scout Webelos den took a four-mile hike with their adult leaders on Saturday afternoon down around Shad Island in the Hudson River near the Castleton bridge. They saw the tide moving swiftly, like a stream, out of the inlet, and crossed the bridge over to the island itself. They saw two dead deer, one apparently torn apart by dogs during the winter, and another one, without signs of violence, which had apparently died of natural causes within the past two weeks. The boys enjoyed the hike, as did their leaders, for it was a beautiful day. Afterwards they were served cake and soda pop by Mrs. Peter Mortenson, at whose home the hike began and ended.

A goody number of people came to look over the new ambulance of the Bethlehem Volunteer Ambulance Service, Inc., which was on display to the public at an Open House at the Selkirk #1 firehouse Sunday afternoon. Besides local people, Bethlehem Town Supervisor Bertram Kohinke came to see the new vehicle, as did three members of the Ravena Hose Company Rescue Squad. Coffee and cookies were served.

The ambulance will be stationed at Glenmont next week beginning at 1:00 p.m. this Sunday. The number to call at all times, regardless of duty station is HE9-2204.

The First Aid course is coming along well. For those who wish to take the Refresher Course for certificate renewal or just for their own information, it will begin on Monday evening, May 15. The time is 7:30 to 9:30, and the place is the Selkirk #1 firehall on Maple Ave. in Selkirk. Instructors are Charles Wickham and Lou Hauf. All people from surround-

ing areas and rescue squads are cordially invited to take advantage of this training opportunity.

Here's a rather odd story, told to me the other day. It seems that last Sunday afternoon Ellen and Charlie Miller were having the Seaburg brothers cut down two of their huge old apple trees that are probably over a hundred years old, and quite tall, for apple trees. They were also hollow inside. The cuts were made, and guy ropes were attached to pull the trees down. As one of the trees started to come down a large cat jumped from the top clear to the ground and took off for parts unknown. The trees were downed and the task of sawing them up began. When the fellows stopped to rest, Bruce Miller remarked that he heard kittens mewling. He traced the sound to one of the trees lying on the ground, dug down inside the rotted part, and found three tiny kittens in a sort of nest in the hollow tree. Their eyes were open, but they were wobbly on their feet and estimated to be about two weeks old. The mother, who perhaps pictured herself a bird or a squirrel, didn't return to her kittens, and Ellen is feeding the litter with an eyedropper. There are males and a female. One is tiger, one black, and one black with brown on its face, which Ellen described as being "so homely that it's cute."

Ellen would like very much to find homes for these little orphans as soon as she has gotten them to the point where they will drink by themselves from a dish. Anyone interested in adopting one of these little kittens? Her number is RO7-XXXX (phone number deleted) in case anyone wants a kitten for a pet.

The weather looks promising, and May is a lovely month.
Keep your powder dry.
As ever,
Murt Emmet

Poem: "Who Walks With God?"

By Norma June

"Who watches eagles and hawks as they soar,
Or clouds in a blue summer sky?
Who watches waves, splashing soft on the shore,
Or a stream bubbling solemnly by?"

Who hears the mice in the shocks of dry corn
As the wind in the night drives the cold;
And who thrills anew when the Spring lambs are born,
And the ewes bring them into the fold?

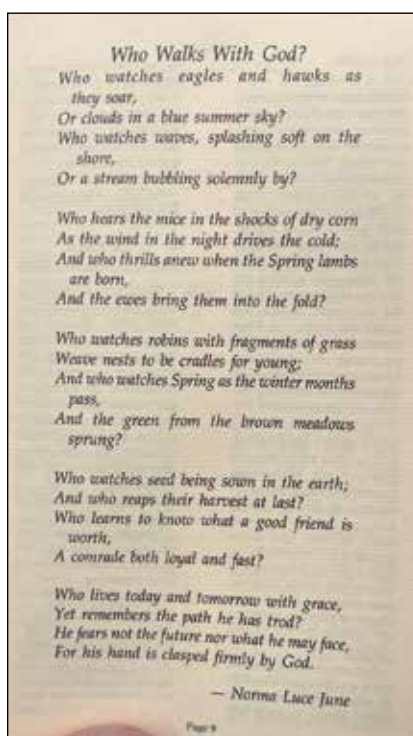
Who watches robins with fragments of grass
Weave nests to be cradles for young;

And how watches Spring as the winter months pass,
And the green from the brown meadows sprung?

Who watches seed being sown in the earth;
And who reaps their harvest at last?
Who learns to know what a good friend is worth,
A comrade both loyal and fast?

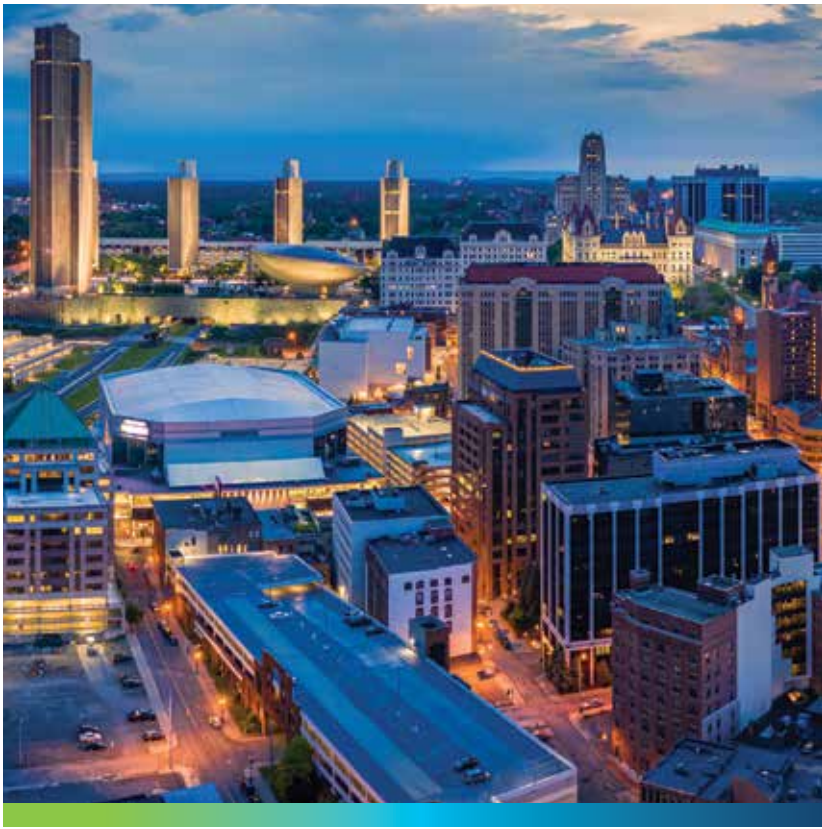
Who lives today and tomorrow with grace,
Yet remembers the path he has trod?
He fears not the future nor what he may face,
For his hand is clasped firmly by God.

~ Norma Luce June



LEFT: The poem "Who Walks With God?" by Norma June. RIGHT: A News & Views column written by Norma "Murt Emmet" June that was published in the Aug. 22, 2002 issue of the Ravena News-Herald, and featuring her trademark lion sketch.

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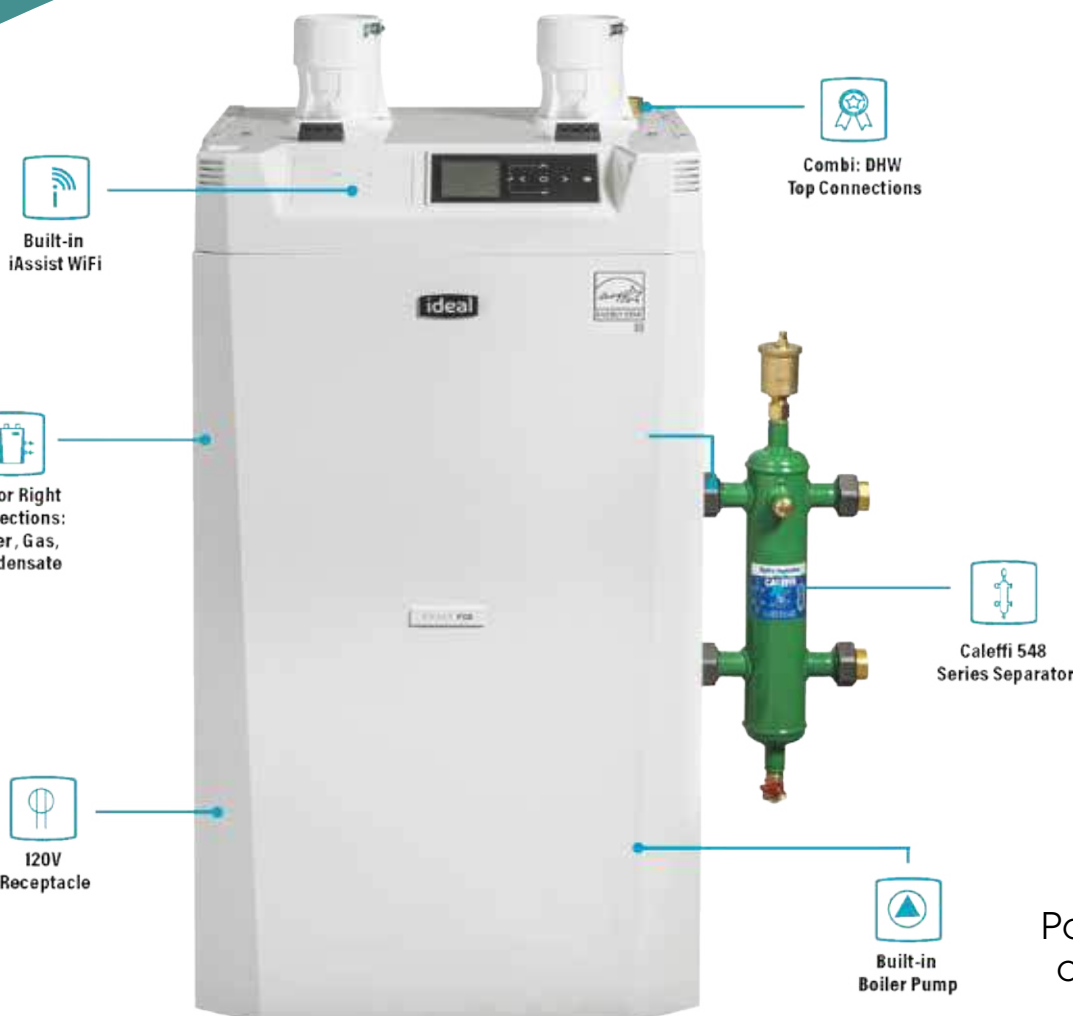
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Community Calendar

RAVENA Community Bulletin Board

JULY 2023

- 13 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 15 - Capital Region Bicycle Club Road Race, 9 a.m., at RCS High School. Race route follows local roads in Coeymans, Ravena and Selkirk.
- 16 - 140th Anniversary of Callanan Industries, 11 a.m., Route 101, Selkirk. Quarry tours, kids' activities. Free admission.
- 18 - Ravena Village Board meeting, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 19 - Evening on the Green Concert, 6 p.m., at Coeymans Landing. Sugarskull will perform.
- 25 - Ravena Village Board workshop, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 26 - Coeymans Planning/Zoning Board of Appeals meeting, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 26 - Evening on the Green Concert, 6 p.m., at Coeymans Landing. The Rockin' Johnsons will perform.
- 27 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.

AUGUST 2023

- 1 - Ravena Village Board meeting, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 2 - Evening on the Green Concert, 6 p.m., at Coeymans Landing. Don & Company will perform.
- 10 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 14 - Coeymans Planning/Zoning Board of Appeals, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 15 - Ravena Village Board meeting, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 16 - Evening on the Green Concert, 6 p.m., at Coeymans Landing. Sugarskull will perform.
- 22 - Ravena Village Board workshop, 6 p.m., at Village Hall, 15 Mountain Road, Ravena.
- 23 - Evening on the Green Concert, 6 p.m., at Coeymans Landing. Off the Record Trio will perform.
- 23 - Coeymans Planning/Zoning Board of Appeals, 7 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 24 - Coeymans Town Board meeting, 6 p.m., at Town Hall, 18 Russell Avenue, Ravena.
- 26 - Friendship Festival, all day, at Mosher Park, Ravena. Free admission.
- 30 - Evening on the Green Concert, 6 p.m., at Coeymans Landing. Playing with Fire Band will perform.



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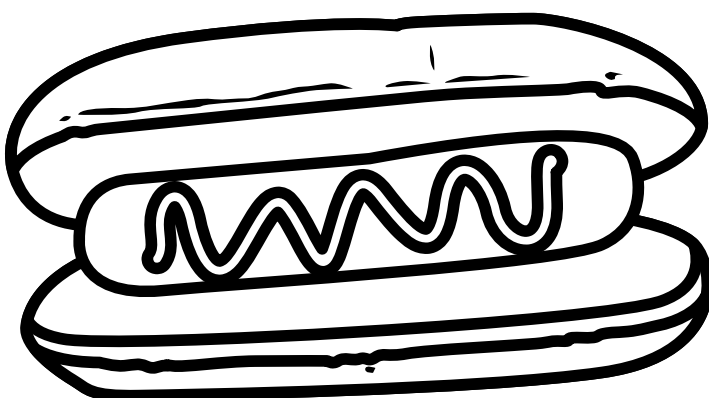
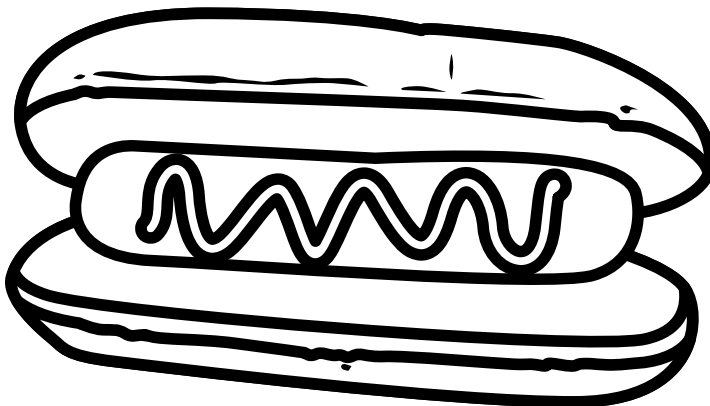
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THIS WEEK IN...



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- **1865:** EDWARD WHYMPER AND HIS TEAM COMPLETE THE FIRST ASCENT OF THE MATTERHORN.
- **1911:** HARRY ATWOOD, AN EXHIBITION PILOT FOR THE WRIGHT BROTHERS, LANDS AN AIRPLANE ON THE SOUTH LAWN OF THE WHITE HOUSE.
- **1960:** JANE GOODALL ARRIVES IN PRESENT-DAY TANZANIA TO BEGIN HER STUDY OF CHIMPANZEES IN THE WILD.



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ANSWER: HOT DOGS

How they SAY that in...

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- SPANISH:** Carne
- ITALIAN:** Manzo
- FRENCH:** Boeuf
- GERMAN:** Rind

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ANSWER: HOT DOGS



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CLUES ACROSS

- 1. Database management system
- 5. Medical procedures
- 11. ___ Clapton, musician
- 12. Defender
- 16. Exert oneself
- 17. Indicates position
- 18. Prevents river overflow
- 19. Atrocities
- 24. Mister
- 25. Ends
- 26. Slope or tilt
- 27. Taxi
- 28. The very ends
- 29. Actor Sean
- 30. Japanese persimmon
- 31. Sours
- 33. Beneficiary
- 34. Baseball official
- 38. Muddy, boggy ground

CLUES DOWN

- 1. Draw a scene
- 2. Its sultan is famous
- 3. Unlucky accident
- 4. A way to ski
- 5. Abba ___ Israeli politician
- 6. Saw
- 7. "Westworld" actor Harris
- 8. Belonging to me
- 9. Shoelace tube
- 10. Takes to court
- 13. Early multimedia
- 14. In a way, produces
- 15. Bowlers
- 20. Of I
- 21. Equally
- 22. Gets some sun

- 23. A place to stay
- 27. Town in Galilee
- 29. Aronofsky film
- 30. Klingon character, "Star Trek"
- 31. Equal to 100 square meters
- 32. Atomic #58
- 33. Arrived extinct
- 34. Loosen grip
- 35. A distinctive odor that is unpleasant
- 36. Membranes
- 37. Some is poisonous
- 38. Partner to Pa
- 40. Small brown gray rail
- 41. A salt or ester

- of acetic acid
- 42. Sodium
- 44. Military official (abbr.)
- 45. Lighted
- 46. Took off
- 47. All
- 48. Ohio city
- 50. More abject
- 51. A radio band
- 52. Controversial tech product (abbr.)
- 54. Monetary unit
- 55. Passed with flying colors
- 57. A way to win a boxing match
- 61. The Golden State
- 62. Home of the Longhorns

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OUTDOORS

The Ravena News Herald • Thursday, July 13, 2023 **B1**

Exploring the natural gems: Hiking trails in Albany County

By **Melanie Lekocevic**
Capital Region
Independent Media

With summer in full swing, getting out and about in the great outdoors may be just what you are looking for.

And there's plenty to explore when it comes to hiking and getting back in touch with nature right here in our backyard.

Albany County offers a plethora of outdoor adventures for nature enthusiasts. From lush forests to panoramic vistas, the county is home to an array of hiking trails that cater to hikers of all skill levels. Whether you're a seasoned hiker or a beginner looking for a refreshing getaway, Albany County's hiking trails are sure to captivate you.

Here are some of the area's top hiking trails that showcase New York's natural beauty:

- **Thacher State Park:** Located about 20 miles from Coeymans, Thacher State Park is a haven for outdoor enthusiasts. With over 25 miles of trails,

this park offers a diverse range of experiences. The Indian Ladder Trail is a must-visit, taking hikers on a scenic journey along limestone cliffs and breathtaking waterfalls. The trail also provides an opportunity to explore the awe-inspiring underground beauty of the park's cave system.

- **Five Rivers Environmental Education Center:** For those seeking a more educational hiking experience, the Five Rivers Environmental Education Center is the ideal destination. With over 450 acres of forests, fields and wetlands, this center offers an extensive trail network. The trails are well-marked and include interpretive signs, providing insights into the surrounding flora and fauna. From peaceful walks to birdwatching opportunities, Five Rivers is a gem for nature enthusiasts and also offers programming for kids looking to learn about nature.

- **Albany Pine Bush Preserve:** A unique and

rare ecosystem, the Albany Pine Bush Preserve is home to several hiking trails that offer an immersive experience in this distinctive inland pine barrens. The trails wind through rolling sand dunes, scrub oak forests and open fields, showcasing the preserve's biodiversity. The Blueberry Hill West Trail is a popular choice, providing panoramic views of the preserve and an opportunity to spot rare species of plants and animals.

- **Peebles Island State Park:** Situated at the confluence of the Hudson and Mohawk rivers, Peebles Island State Park offers a tranquil escape. The park boasts picturesque trails that meander through diverse habitats, including woodlands, wetlands and riverbanks. Hikers can explore the island's rich history by visiting the remains of a historic canal lock and enjoying scenic views of the rivers.

- **Huyck Preserve and Biological Research Sta-**



The Indian Ladder Trail at Thacher State Park is one of many options to go hiking in Albany County.

tion: Located in Rensselaerville, the Huyck Preserve and Biological Research Station is a nature lover's paradise. The preserve features an extensive network of trails that traverse forests, wetlands and the serene Lake Myosotis. Hikers can enjoy the beauty of waterfalls, listen to the sounds of birdsong, and observe

a variety of wildlife. The popular High Falls Trail rewards hikers with a magnificent view of the 80-foot waterfall cascading into a deep gorge.

Whether you're seeking breathtaking vistas, tranquil forests or unique ecosystems, the county has something to offer every hiker. From the limestone cliffs of Thacher

State Park to the serene beauty of Peebles Island State Park, each trail presents a chance to reconnect with nature and immerse yourself in the great outdoors.

Always keep safety in mind when hiking and use appropriate gear and footwear, hiking experts advise.

Club selects Garden of the Month



The Clematis Garden Club, which covers Albany, Greene and Schoharie counties, has selected the beautiful gardens of Barbara Valicenti, on Route 81 in Greenville, as the Garden of the Month.

Valicenti purchased her home in 1991. The original portion of her home was built in 1802 and was part of the King George land patent of the Prevost Manor House homestead.

Valicenti has main-

tained the original character of the home, along with the additional rooms that were added in the 1920s.

She calls her landscape "mountain goat country," including beautiful locust trees that are original to the Greenville area shading the gardens and terraced paths. There are sitting areas featuring the different levels around her home.

The gardens are filled with countless numbers of

beautiful perennials and ground covers.

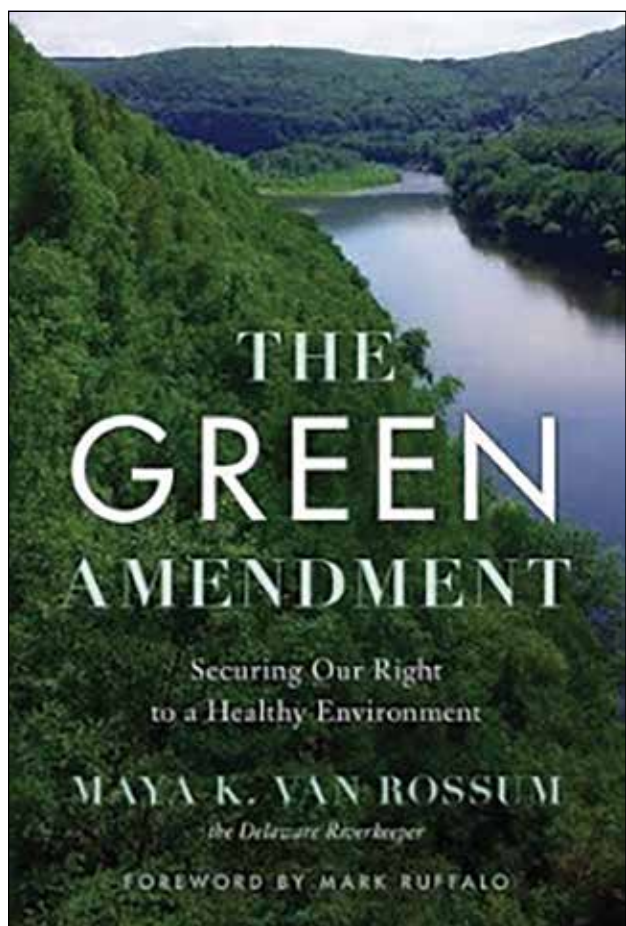
Valicenti has also built a covered gazebo to sit and take in the cavernous view of the flowing Basic Creek.

The Clematis Garden Club, based in Greenville, has members from Greene, Albany and Schoharie counties, and meets the third Friday of the month at the American Legion Hall on Maple Avenue in Greenville. Guests are always welcome.



BE A BETTER GARDENER

Green Amendments for the Generations



Contributed photo

Environmentalist Maya van Rossum's book, "The Green Amendment."

By Thomas Christopher
For Capital Region
Independent Media

Back in late April, I attended an Earth Day celebration where I met a thoroughly remarkable woman, Maya K. van Rossum. Today, I'm going to step back from advice on how to cultivate your garden to profile a movement — "Green Amendments for the Generations" — that she is leading. This movement, I pre-

dict, will have a hugely positive impact not only on your personal landscape but also on countless other aspects of your daily life. An attorney based in Pennsylvania, van Rossum has served since 1994 as the Delaware Riverkeeper. As she explained to me, that means she is responsible for coordinating a network of advocates who guard the health

of that river, which drains 13,539 square miles in the states of Pennsylvania, New Jersey, Delaware and New York.

A principal threat that van Rossum and her colleagues have confronted is the environmental devastation caused by fracking. They had succeeded in securing a temporary ban on fracking within the watershed by 2012 when the fracking industry struck back. Working behind closed doors, industry leaders assembled a bill ("Act 13") that would greatly loosen public control of their activities in Pennsylvania and succeeded in pushing this through the state legislature and getting it signed by the governor.

Because of its temporary fracking ban, this new law wouldn't have immediately affected the Delaware watershed, but van Rossum takes an ecosystem-wide view of environmental protection. She discovered that the Pennsylvania state constitution included a clause in its Bill of Rights section, which affirmed that residents had a right to pure water, clean air and a healthy environment.

Joining with seven municipalities that were concerned that the new law deprived local communities of the right to regulate fracking within their borders, the Delaware River-

keeper Network brought a suit before the Pennsylvania Supreme Court that charged Act 13 with violating the state's Bill of Rights. In December of 2013, the plaintiffs won.

Maya van Rossum pointed out to me in a conversation last May that most existing environmental regulations, including the landmark Clean Water and Clean Air Acts of the 1970s, essentially took ongoing pollution and environmental degradation for granted. All these laws did was to regulate how and to what extent these harms would be permitted.

Her experience with Act 13 suggested that the language in Pennsylvania's Bill of Rights was a far more powerful tool for protecting the environment. When van Rossum checked, however, she found that Montana was the only other state with a similar guarantee. She resolved to change that.

First, she wrote a book, "The Green Amendment: Securing Our Right to a Healthy Environment." Published in 2017, this volume detailed the devastating experiences homeowners have had with fracking and its contamination of the soil and poisoning of the groundwater. She outlined the power for residents she had found in Pennsylvania's Bill of Rights and

urged her readers to join in making sure that their state constitutions included similar protection in their own states' bill of rights. This book met with favorable reviews and in 2018 won a Living Now Evergreen Awards gold medal as a "world-changing book."

In 2019, van Rossum built on this foundation to create Green Amendments for the Generations, a non-profit organization dedicated to promoting what was becoming a popular movement. Since then, she has traveled the country to meet with local environmentalists who are seeking to adapt the green amendment concept to suit their states.

In 2021, New York state voters passed, by a 2-1 margin, a green amendment to the Bill of Rights in their state constitution. Currently, van Rossum told me, Green Amendments for the Generations is collaborating with 17 other states on similar efforts.

In November 2022, van Rossum published a second edition of her book, "The Green Amendment," which is expanded to include consideration of environmental racism, the climate crisis, the human health devastation caused by environmental degradation, and the importance of protecting future generations from pol-

lution and environmental harm. I should note that all profits from both editions have gone to support Green Amendments for the Generations.

To listen to my conversation with Maya K. van Rossum, log onto the Berkshire Botanical Garden's "Growing Greener" podcast at www.berkshirebotanic.org

Be-a-Better-Gardener is a community service of Berkshire Botanical Garden, located in Stockbridge, Mass. Its mission, to provide knowledge of gardening and the environment through a diverse range of classes and programs, informs and inspires thousands of students and visitors each year. Thomas Christopher is a volunteer at Berkshire Botanical Garden and is the author or co-author of more than a dozen books, including Nature into Art and The Gardens of Wave Hill (Timber Press, 2019). He is the 2021 Garden Club of America's National Medalist for Literature, a distinction reserved to recognize those who have left a profound and lasting impact on issues that are most important to the GCA. Christopher's companion broadcast to this column, Growing Greener, streams on WESUFM.org, Pacifica Radio and NPR and is available at berkshirebotanical.org/growinggreener.

DEC: Don't attract bears to home or campsite

This is a time of year when bears are active. The state's Department of Environmental Conservation has issued guidelines to avoid black bears and prevent them from being attracted to your campsite or home.

Black bears are omnivorous, meaning they feed on both plants and animals. Their natural diet is composed primarily of vegetation, and secondarily of insects and other animals.

Bears are opportunistic

and will eat bird seed, pet food and trash left outside or unsecured. They may attempt to break into or consume anything with an appealing odor including barbecue grills, coolers and toiletries.

Black bears are well established in New York, with the Catskills and Adirondacks having the highest population densities.

The DEC is encouraging everyone to keep black bears living off the bare necessities, and to



Courtesy of Pexels

Black bears are active this time of year, so the DEC has issued recommendations to avoid attracting bears to your home or campsite.

practice the BearWise Basics and Safety Tips, especially when vacationing or recreating in bear country this summer.

Be sure to follow the guidance below:

- Stay alert and together;
- Set up camp away from dense cover;
- Cook as far from your tent as possible;
- Leave no trash or food scraps;
- Use bear-resistant food containers, which are required in the Eastern

High Peaks Wilderness of Adirondack Park;

- Never keep food, coolers or scented items in tents or vehicles when camping;
- Never leave food unattended;
- Know what to do if you see a bear; and,
- Carry bear spray and know how to use it.

For more information on how to live responsibly with Black Bears visit bearwise.org.

Give trout a break this summer

You know who isn't a huge fan of summer? Trout!

Summer heat waves impose serious stress and can even cause death. Trout and salmon that are already heat-stressed may not recover after being caught and released.

You can help these fish

survive the summer by following a few simple tips.

DON'T MOVE ROCKS IN STREAMS

Now that summer's officially here, it's important to understand the detrimental impact building rock dams with the intent of creating swimming

holes can have on trout streams.

Trout are sensitive, cold-water fish that require cold, clean water to survive. Water temperatures warmer than 68°F can put extreme stress on trout and temperatures approaching 75°F can even be lethal.

ROCK DAMS

- Alter the natural flow of the stream by slowing down or trapping the water, allowing it to warm up faster.
- Prevent the migration of trout to colder headwaters where they can seek thermal refuge in the warm summer months, as

well as spawning habitat in the spring and fall.

- Prevent upstream and downstream movement of animals, such as aquatic insects — a major diet item for trout.
- Weaken the stream bank, increasing erosion and sedimentation into the stream, further altering its

natural flow.

So, this summer if your favorite swimming hole is drying up, think about the trout that live there. Instead of building a rock dam, maybe go for a walk downstream and find a natural pool to cool off in.

New round of Environmental Justice Community Impact Grants

ALBANY — Six million dollars in grants is available to help communities facing environmental justice challenges and address environmental concerns.

The latest round of Environmental Justice Community Impact Grants is the largest amount offered to date and is supported by the state's Environmental

Protection Fund as part of New York's ongoing efforts to assist communities disproportionately burdened by environmental pollution.

Community-based organizations can apply to receive up to \$100,000 in funding for projects that address environmental and public health concerns of residents in impacted

neighborhoods.

Eligible community-based organizations are:

- Located in Potential Environmental Justice Areas;
- Groups serving the residents of an area equal to or smaller than a county outside of New York City or an area equal to or smaller than one of New York City's five boroughs;

and

- Organizations with total annual revenue of less than \$3 million.
- Projects must address a community's exposure to multiple environmental harms and risks and include a new research component that will be used to expand the knowledge of the affected community.

Further organization

and location eligibility requirements can be found in the Grant Opportunity Portal at www.grantsgateway.ny.gov.

Applicants are required to register and pre-qualify in the Grants Gateway by the application deadline for their application to be considered. Once registered, organizations can apply for the grant while waiting on

their document vault to become prequalified.

The deadline to submit applications is 3 p.m. EST on July 26. For a complete list of guidelines and more information, contact DEC's Office of Environmental Justice at 518-402-8556, justice@dec.ny.gov, or online at DEC's Environmental Justice webpage at dec.ny.gov.

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Mastering the art of outdoor grilling



Courtesy of Pexels

It's outdoor grilling season. Here are tips — and a recipe — to make the most of it.

By Melanie Lekocevic
Capital Region
Independent Media

There's something magical about firing up the grill and cooking delicious meals in the great outdoors. Outdoor grilling brings people together, creates unforgettable memories, and fills the air

with tantalizing aromas.

Whether you're a seasoned grill master or a beginner, these expert tips will help you take your outdoor grilling game to the next level.

- Choose the Right Grill: Invest in a high-quality grill that suits

your needs. Options range from gas and charcoal grills to electric and pellet grills. Each has its advantages, so consider factors such as convenience, flavor and temperature control before making your selection.

- Preparing the Grill:

Cleanliness is key. Remove any remnants from previous grilling sessions. For gas grills, check the propane tank, hoses, and connections for leaks or damages. With charcoal grills, ensure the vents are open and the charcoal is evenly distributed.

- Essential Grilling Tools: Having the right tools will make your grilling experience smoother. Stock up on long-handled tongs, spatulas, basting brushes, a meat thermometer and grill brushes for proper cleaning.

- Preheat for Success: Preheating your grill is crucial for ensuring even cooking. For gas grills, preheat for 10-15 minutes with the lid closed. For charcoal grills, allow the coals to turn white before placing the food on the grill.

- Mastering Direct and Indirect Heat: Direct heat is ideal for quick-cooking items like burgers, steaks and vegetables. Indirect heat is perfect for larger

cuts of meat or delicate foods. Create a two-zone fire by piling the coals on one side or turning off burners on a gas grill. This allows you to control the cooking temperature more effectively.

Here is a recipe to try out: Grilled Lemon Garlic Shrimp Skewers

Ingredients:

- 1 pound jumbo shrimp, peeled and deveined
- 3 cloves garlic, minced
- 2 tablespoons fresh lemon juice
- 2 tablespoons olive oil
- 1 teaspoon paprika
- 1/2 teaspoon salt
- 1/4 teaspoon black-pepper
- Fresh parsley, chopped (for garnish)
- Lemon wedges (for serving)

Instructions:

1. Preheat the grill to medium-high heat.
2. In a mixing bowl, combine the minced garlic, lemon juice, olive oil, paprika, salt

and black pepper. Mix well to create a marinade.

3. Add the shrimp to the marinade and toss until well-coated. Allow the shrimp to marinate for 15-20 minutes.
4. Thread the shrimp onto skewers, ensuring they are evenly spaced.
5. Place the shrimp skewers on the preheated grill and cook for 2-3 minutes per side, or until they turn pink and opaque.
6. Remove the shrimp from the grill and garnish with fresh parsley.
7. Serve the grilled lemon garlic shrimp skewers with lemon wedges for an extra burst of citrus flavor.

So, fire up that grill, embrace the sizzle, and let your taste buds savor the delicious flavors of outdoor cooking. Happy grilling!

LIVING ON PURPOSE

Preventing seeds of unforgiveness to germinate

By Dr. William Holland
For Capital Region
Independent Media

For those of you that reHow much grace does it take to love our enemies? That's a good question.

Tragedies occur all around us and it's true we are heartbroken and disturbed, but how do we react when our family is harmed or we are personally offended?

I admit I do not always have the character of Christ when I'm being

threatened or provoked to anger. Our natural reaction is to retaliate because that's a natural part of our carnal nature. Most of us agree people need to be punished for their evil deeds, but Christians must remember the temptation to hold unforgiveness against anyone must be resisted.

Yes, we will face challenges and situations that attempt to lure us into loathing attitudes, but it's forgiveness and love that

keeps us on the narrow way of peace and contentment.

When we dwell on retaliation, our joy, which is our spiritual strength, evaporates and we become weak and discouraged. The brooding desire for revenge will emotionally, mentally and spiritually hold us in the bondage of misery. If we allow ourselves to become weighed down with animosity, our relationship with God suf-

fers, which is why it's so important to not become entangled with the poison of hatred. To those around us, we may seem fine, but on the inside, we are seething with contempt.

Do you secretly have resentment against someone today? Let us remember this internal agonizing battle is not forced upon us, we decide to participate. Our natural mind loves to justify corrupt attitudes, and if we continue to focus on vengeance instead of asking for God's help, we are allowing the darkness of sin to control and hold us hostage.

Sadly, many would rather live in the agony of hostility instead of releasing their agony to God and allowing Him to execute vengeance and justice His way.

As a chaplain, I remember a few years ago being called by a health care facility to pray for an elderly gentleman that was near death. He was barely able to understand or communicate because of the heavy doses of morphine. His son was sitting next to the bed and after a while, he started to talk about his dad.

They were not close, and he began to describe a man that was not only harsh and uncaring but

abusive. I could sense the deep emotional pain as he began to tell a sad story about a disappointed and wounded family.

The son was a Christian and had been dealing with resentment for years. As he continued to share about the power of forgiveness, I could sense the love and peace of God in his countenance. If we sincerely repent and ask the Lord to step into our situation, He is the only one who can bring true hope and healing to our hearts and minds.

When watching a toddler, we notice they react to basic experiences of hunger, affection, disappointment, happiness and anger but are only beginning to learn what it means to be offended. Resentment and bitterness are negative attitudes and it's only through inviting Christ to become our Lord and allowing His truth to transform our minds that we can be molded into His way of merciful thinking. He wants us to be honest with Him and not suppress these ugly imaginations that not only can build a wall between us and the Lord, it also makes us toxic to those around us.

Just how serious is unforgiveness? Matthew

6:14-15 says, "If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins."

Hatred is silent but deadly and is like a growing infection that can desensitize us from having compassion for anyone or anything. Since the Christian's greatest asset is love, the enemy of our soul will use anything he can to prevent us from forgiving and praying for others.

May we never discard our responsibility to humbly serve and obey Christ because we are blinded by our plans to get even with someone. Whatever they have done to hurt us, we have the choice to let it go so that we can live in the joy of God's presence.

Some may boldly declare they cannot forgive but this is not true. Forgiveness is a choice as the Bible reminds us in Proverbs 13:18, "Poverty and shame will come to those who refuse instruction; but they who embrace correction will be honored."

Read more about the Christian life at: billyholandministries.com.



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Why can't I collect survivor benefits from my deceased wife?

SOCIAL SECURITY MATTERS



RUSSELL GLOOR

Dear Rusty:

I am a 62-year-old widower that is still working full-time.

While my late spouse was in hospice, I was able to get her to apply for Social Security disability and she received one payment before she passed away two years ago. I was told that I could collect a survivor benefit, so I

called my local Social Security office, but they told me that I could not collect any type of benefits from my wife and that all the money she paid into SS for all of those years was basically gone for good.

Would you please advise what I can do and if this is true? I was also told that Social Security's agents will do everything they can to avoid paying out benefits.

**Signed: Frustrated Widower
Dear Frustrated Widower:**

I suspect that the reason Social Security said you were not eligible for benefits as a widower is because you are working full-time.

At age 62, you are subject to Social Security's "earnings test," which limits how much you can earn while collecting early Social Security benefits. The 2023 earnings limit is

\$21,240 and, if that is exceeded, SS will take away \$1 in benefits for every \$2 you are over the limit. If your earnings are high enough, that could make you temporarily ineligible to collect benefits until 1) your earnings are less, or 2) you reach your full retirement age (FRA) when the earnings test no longer applies.

Assuming you have not yet claimed your personal SS retirement benefit, you are still eligible to collect a survivor benefit from your wife when your earnings are less or after you reach your full retirement age.

One strategy you may wish to consider, if you plan to keep working full-time, is to wait and claim only your surviving spouse benefit at your FRA (67), thus allowing your personal SS retirement benefit to continue growing until you are 70

when your personal SS retirement benefit will be about 75% more than it would be now.

Although your survivor benefit reaches maximum at your FRA, your personal benefit doesn't reach maximum until age 70, so it's possible to collect your smaller survivor benefit from your wife first and claim your higher personal benefit later.

You were apparently given some confusing information when you contacted Social Security. If you haven't already claimed your own SS retirement benefit, you are still eligible for a surviving spouse benefit from your wife but likely can't collect a widower benefit at this time because you're working full-time.

However, that doesn't mean you can never collect a survivor benefit; only that you can't collect it at this time because of

the "earnings test." The earnings test goes away when you reach age 67, so you can claim only your survivor benefit at that time (or before if you no longer work full-time) and allow your personal SS retirement benefit to continue to grow (to age 70 if you like).

From our experience with the Social Security Administration, the skill level of SSA representatives varies but we have never suspected their goal was trying to avoid paying benefits due.

Nevertheless, depending on the agent you spoke with, the information provided may have been less clear about the best claiming strategy for you — which is why the AMAC Foundation's Social Security Advisory Service exists. Our advisors are all highly experienced and strive to provide you with complete and clear infor-

mation that enables you to make an informed choice about how and when to claim the Social Security benefits you are entitled to. I hope we have succeeded.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

Sunmark Credit Union holds grand opening for Glenmont branch



Contributed photo

Elected officials and community leaders were on hand to cut the ribbon on the new branch at 7 Moriah Road in Glenmont.

GLENMONT — Sunmark Credit Union celebrated the grand opening of its branch location in the hamlet of Glenmont, designed to better serve the residents of Albany County, according to the company.

The 2,000-square-foot branch, which opened at 7 Moriah Road earlier this year, marks Sunmark's 16th location across the credit union's 14-county

field of membership.

State and town officials were on hand to help celebrate with a ribbon-cutting ceremony. Among those in attendance were state Assemblyman Scott Bendett, Bethlehem Town Councilman David DeCancio, and President of Bethlehem's Chamber of Commerce, Terri Egan.

The Glenmont branch is a full-service location equipped with interactive

teller machines (myTMs) both inside and outside the branch. After daily operating hours, the two drive-up myTMs are available 24 hours a day, allowing members to conduct transactions on their schedule.

In celebration of the location's grand opening, Sunmark is offering specials to both new and current members who visit the Glenmont branch.



Contributed photo

Sunmark Credit Union held a grand opening at its newest branch, in Glenmont.

"Because you're not-for-profit you really can focus on your members and the services you provide them, and that is something here in Beth-

lehem and I think all over that we really value," said Terri Egan, president of the Bethlehem Chamber of Commerce.

Lobby hours for the Glenmont location are

Mondays and Tuesdays 9 a.m. to 4:30 p.m., Wednesdays from 10 a.m. to 4:30 p.m., Thursdays and Fridays from 9 a.m. to 6 p.m., and Saturdays from 9 a.m. to 1 p.m.

Albany County preparing for 250th anniversary of American Revolution

ALBANY — Albany County Legislator Jeff S. Perlee (R-C, Altamont) recently testified on legislation he introduced with Majority Leader Dennis A. Feeny (D-C, Guelderland) to help the Capital District prepare for the 250th anniversary celebration of the American Revolution in 2026.

The resolution would establish the "USA-250" Commission to help plan, develop, coordinate and promote activities relating to the War of Independence anniversary, and the resulting establishment of

our great nation.

"The 250th Anniversary of the American Revolution promises to be the most significant commemoration of American history since the bicentennial," Perlee said. "Our region was a leader in the War of Independence, which provides us a tremendous opportunity to put Albany County and the Capital District at the forefront of this national event. I am hopeful this resolution will foster a new appreciation for history, support for local historical societies, and drive heritage tourism and

economic development throughout Albany County. Though 2026 may seem far away, it is never too early to start planning."

Albany County was the focal point of many important parts of the American War of Independence and was critically the intended end point for British forces in the decisive Saratoga Campaign, which turned the tide of the conflict, according to a statement from the county.

The county was also home to many important leaders, political thinkers and other individuals who

took part in the American Revolution, such as the Schuyler family, Peter Gansevoort, Abraham Ten Broeck, and other prominent individuals.

"As Democratic Majority Leader, and as an American, I am proud to support this commission, which will recognize the significant efforts of the many Albany County residents and Continental Army soldiers who worked and fought to support the 13 colonies in the Revolutionary War," Feeny said. "Substantial numbers of those soldiers were Black

and Native American people, who came from around the Northeast to serve in the first integrated military units in American history, and who proudly served the Continental Army in battles throughout the region. I look forward to further exploring the contributions of all those who worked towards, fought, and died for the cause of freedom and American independence."

The USA-250 Commission, to be appointed by Albany County Executive Daniel McCoy, the county Legislature, and

Discover Albany, will help leverage the region's rich revolutionary history into a win for area tourism and economic development.

The measure was passed in multiple Legislative committee meetings.

In the coming weeks and months, Perlee and Feeny will continue to push for critical funds and actions that help promote the 250th anniversary of the American Revolution, as well as the region's overall historical importance.

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The invisible deficiency

Concepts in Fitness



MARY SCHOEPE

Have you ever experienced a sharp, stabbing pain in your calf that was so deep, it woke you up? Or maybe you've had a craving for chocolate that so intense, it was all you could think about.

Also known as hypomagnesemia, those are just

some of the early warning signs that your body is in desperate need of magnesium. Often overlooked as a health problem, numerous studies suggest that up to 75% of Americans are not meeting their recommended intake of magnesium for various reasons such as excessive caffeine and alcohol consumption.

After oxygen, water and food, magnesium may be the most important element your body depends on. Necessary for more than 300 biochemical functions, magnesium is especially important for your heart, muscles and kidneys, regulating blood pressure and heartbeat rhythm, bone health, proper vitamin D absorption

and much more.

According to Dr. Carolyn Dean, author of the "Magnesium Miracle," "Science has shown that a magnesium deficiency can trigger or cause many different conditions including unexplained fatigue or weakness, abnormal heart rhythms, rapid heart-beat, muscle twitches, leg cramps, foot pain, vertigo, irritability, insomnia or migraine headaches."

Everyone feels fatigued from time to time. But if you're feeling persistent fatigue that doesn't get better with rest and quality sleep, it may be time to see a professional.

Many observational studies have found that insufficient amounts of

magnesium increase the odds of developing high blood pressure. However, numerous studies found that increasing magnesium can successfully lower blood pressure. Dr. Dean suggests asking your health care practitioner for an "erythrocyte magnesium level" or "red blood cell magnesium level" test. These tests provide more insight into your magnesium levels and are available from labs across the U.S.

In addition to helping reduce the symptoms listed above, magnesium also improves sleep, relieves stress, increases energy and improves mood.

Luckily, getting your magnesium levels back on

track isn't all that difficult.

"Since we don't need all that much magnesium, a deficiency can likely be fixed within a few weeks," Dr. Dean said.

However, if you have diarrhea or some other malabsorption issues in your gut, it may take longer.

The best way to increase your body's magnesium levels is through proper diet. Adding magnesium-rich dark green leafy vegetables such as spinach and Swiss chard to your diet is the optimal way as both are easily absorbed by the body. Other great sources include pumpkin seeds, kefir, salmon, cashews, goat cheese, artichokes,

almonds, black beans, avocado, figs, dark chocolate and bananas

While it's best to get magnesium from food, magnesium supplements might be an option for some people.

When choosing a magnesium supplement, look for a chelated magnesium supplement. However, chelated magnesium tends to be a bit more expensive due to the complex process required to make it.

One final note: The information provided in this article is not a substitute for professional medical advice, diagnosis or treatment. If you have any medical questions or concerns, please talk to your health care provider.

Pet medicine

BODY, MIND & SPIRIT



PAT LARSEN

To experience the unconditional love of a pet during trying times is to know a connection to an-

other living creature that is deeper than any other that I've ever known in the non-human world.

It's a relationship that is expressed with a sincerity that transcends the spoken word. Didn't matter how much emotion I unleashed during the hardest of days after I had surgery, my little ones were there at my side, snuggling, giving me the connection that I needed to know I was not alone. Their actions said, "Go ahead and cry your head off and take all the time you need, we're here!"

That's what "pet medicine" is. They knew I needed them to just "be

there."

Oftentimes, there were those incredibly generous occasions when I was also offered their most precious possessions known as their "baby" toys that were dropped on my sobbing chest in a gesture that said... "Here, Momma, you can play with these until you feel better."

Without fail, that drew me right out of the depth of emotion and brought a sincere smile to my face that healed the wound that had broken open at that moment. My smile warmed their hearts and got their tails wagging exuberantly. They and I knew all was well, at least

for now.

So, what is this magical elixir? The nectar that fuels the psychological need to be shown love without the actual words that might be said by another, human or pet?

In my field of work, whereby I delve into what's known as "energy medicine," I've learned the power of just being with another as a witness to an experience. I've been just that... a version of "pet medicine." I may not wag my invisible tail, but I definitely can show love and support through eye contact and a gesture that says "I'm here for you," by sitting quietly

and matching the breathing pattern of the person I'm working with.

Eventually, that closeness and the calming of both of our energies results in a shift of complacency and trust.

This is the duality of being on the needing side of compassion and actively just "being" alongside.

Obviously, our pets, in this case my two pups, came with this program already installed and they showed me how much they were capable of by helping me to get through a really tough time by just having them with me.

Of course, my gratitude was shown by per-

haps giving back an extra treat of two, which only tends to happen on the holidays.

Could this be their motivation? I doubt it, but it has left me wondering.

Pat Larsen is a fitness instructor bringing Baby Boomers and seniors music and movement mornings at The Shamrock House, in East Durham. She also is a certified clinical hypnotherapist working in Greene County to uncover solutions to help those seeking to live their best life at any age. Contact Pat at 518-275-8686 or via email at pelarsen5@aol.com, or on Facebook at Pat Larsen.

Upcoming events at Bethlehem Grange

SELKIRK — Bethlehem Grange 137 will once again host the annual Garage Sale Explosion this weekend and next weekend.

There will be two full floors of items, plus tents of additional items in the back. The second floor is also handicap accessible.

You name it, they probably have it. There's also lots of plants, both indoor and outdoor, available and new items are added daily. There will be lots of tables of items, both indoors and outdoors.

The Grange building has two handicap-accessible ramps.

Only cash or checks are accepted for payment. No credit or debit cards.

This year the Grange is also adding something new to the garage sales — flea market vendors are wanted for outdoors during the garage sales. For more information about becoming a flea market vendor during the garage sale, please call Charles Ryan at 518-227-8954.

Bethlehem Grange 137 garage sale dates are Friday and Saturday, July 14 and 15, and again July 21 and 22. All days are 9 a.m. to 3 p.m.

Bethlehem Grange 137

is located at 24 Bridge St., Selkirk, NY 12158.

RAFFLE ANNOUNCEMENT
The Bethlehem Grange #137 is raffling a residential Hannay hose reel, generously donated by "Hannay Reel" out of Westerlo.

The company is the leading manufacturer of hose and cable reels for fire/rescue, LP gas, petroleum and aviation fuel delivery. Although they produce the garden reels, typically, they focus on the larger reels. So, for the price of a raffle ticket, it could be uniquely yours.

This hose reel is sold

at retail for \$510 and is stainless steel with powder coating.

You can purchase a raffle ticket at any one of the Bethlehem grange events. Call Charles at 518-227-8954 or Jackie at 518-810-6031 to purchase tickets. The cost for a raffle ticket is \$2 for one or \$5 for three tickets. The drawing for this raffle will be Sept. 21 after the Grange's barbecue.

Where else can you get a \$510 garden hose reel for the price of a raffle ticket? It only takes one ticket to win!

OTHER GRANGE ACTIVITIES

Bethlehem Grange 137 also accepts recyclable bottles and cans in the donation box. Proceeds from the bottles and cans goes towards the maintenance of the historic Grange Hall, which is on the National Registry of Historic Places.

Men's, ladies' and children's clothing, shoes, boots, purses, belts, linens, stuffed animals, curtains, etc., are also accepted in the Grange's Clothing Shed, which is open 24/7.

The organization also collects non-perishable food for the food pantry, used eye glasses and

hearing aids for the Lions Club.

They also collect pull tabs from soda, beer, soup, seafood items and pet food, and hotel sample-sized toiletries or trial sizes, which are then donated to the Ronald McDonald House.

Bethlehem Grange 137 also accepts worn and tattered American flags. Flags can be dropped off 24/7 in the flag collection box in the front of the Grange Hall. The group is also a chapter of Stars for Our Troops.

Bethlehem Grange is located at 24 Bridge St., Selkirk, NY 12158.

Youth invited to serve on National Environmental Youth Advisory Council

The U.S. Environmental Protection Agency (EPA) announced the formal establishment of the agency's first-ever National Environmental Youth Advisory Council (NEYAC).

The NEYAC will provide independent advice and recommendations to Administrator Michael S. Regan on how to increase

EPA's efforts to address a range of environmental issues as they relate to youth communities.

The NEYAC will provide a critical perspective on how the impacts of climate change and other environmental harms affect youth communities. The Administrator announced his intent to launch the youth council last June at

the Austrian World Summit.

EPA is soliciting applications for youth to fill 16 vacancies on the NEYAC. Selected applicants will contribute to a balance of perspectives, backgrounds and experience of the council and will be appointed by the administrator.

As a first-of-its-kind

committee, all members of NEYAC will be between the ages of 16 and 29.

Applications to the NEYAC are due by Aug. 22, at 11:59 p.m. ET. To apply for appointment to the council, the below information is required:

1. Contact information.
2. Resume OR short

biography OR qualification essay.

3. Statement of interest.
4. Media project.

Visit the EPA NEYAC webpage at epa.gov/education/national-environmental-youth-advisory-council-neyac for more information on the council and to apply.

The EPA will be host-

ing a virtual application webinar where the public can ask EPA staff questions live. The webinar will be on Zoom on Monday, Aug. 7, from 12-1 p.m. Register at the NEYAC webpage at epa.gov/education/national-environmental-youth-advisory-council-neyac.

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Coeymans Hollow Volunteer Fire Corporation News

COEYMANS HOLLOW — Recruitment and retention:

Please consider joining your local volunteer fire company. They all need your help and are in desperate need of firefighters and EMTs. Summer is here and they need to prevent shortages of firefighters throughout the summer and throughout the year. They will provide all the training necessary for you to become a volunteer firefighter or an EMT at no cost to you. If you are 16 years old or older, and are

interested in the volunteer fire service, please call the firehouse at 518-756-6310 or stop by on drill night (Tuesdays) to see what it is all about or to obtain an application. For junior firefighters, remember — volunteering for your community looks good on your college or work application. They have the equipment, now all they need is you. Please join today. Remember, they are neighbors helping neighbors. You can make a difference!

• Events scheduled by neighboring fire compa-

nies and community organizations:

- Village of Ravena Mosher Park Pool Party 50th Anniversary Celebration on Saturday, July 8, from noon to 5 p.m. Food, games, music and swimming. Donations at the door to sponsor children's activities for the Friendship Festival.
- Capital Bicycle Racing Club 22nd Annual Road Race will be held on July 15, beginning at 9 a.m. at the high school.
- The 140th anniversary celebration of Callanan Industries will be on July 15, from 11 a.m. to 3 p.m.

on County Route 101. There will be food trucks, music, kids' activities, quarry tours and heavy equipment. Learn about what they do and more.

- Cornell Hook & Ladder Golf Tournament will be on Sunday, August 20, at the Sycamore Golf Course beginning at 10 a.m. Lunch and dinner will be provided for all participants as well as many prizes. Contact John Wallace or Jeff Deso to register.

- Selkirk Fire Company No. 2 Glenmont Flea Market will be on Satur-

day, July 29, from 8 a.m. to 5 p.m. Over 100 vendors and refreshments will be available for purchase.

• Drill scheduled:

Tim Pinson, Coeymans Hollow training officer, has announced that the drill scheduled for Tuesday, July 18, will be on roof ventilation. The drill will begin promptly at 7 p.m. and all Coeymans Hollow firefighters and EMS personnel are encouraged to attend.

• Capital Bicycle Racing Club Road Race scheduled for July 15:

The Capital Bicycle

Racing Club will host its 22nd annual road race through Ravena, Coeymans Hollow and Selkirk. Motor vehicles will have limited access to the race route and short closures will occur to allow racers to pass through intersections safely. The race course will be clearly marked and motorists are asked to be cautious.

• Safety tip:

If the pavement is too hot for you to walk on in your bare feet, then it is too hot for your pet to walk on. Keep your pet safe.

Check your pool filter for Asian longhorned beetle



The Asian longhorned beetle.

Courtesy of Department of Environmental Conservation

DELMAR — The Asian longhorned beetle is active from now through Labor Day. The

New York State Department of Environmental Conservation invites pool owners to regularly check

filters for the invasive insect and submit a report if any are found.

Asian longhorned bee-

gles attack and kill maples, birches, willows and other hardwoods trees. They emerge from infested trees in the late summer to find a new host.

The beetles are 1.5 inches long, have long black-and-white antennae, and have black-and-white spots on their body.

They should not be confused with the native white-spotted pine saw-

yer, which has a distinctive white spot on their back, below their head.

No pool? You can still help! Be on the lookout for Asian longhorned beetle exit holes, sawdust accumulating at the base of trees, oozing sap, or pits in bark, according to the DEC.

If you do find the beetle or evidence of it:

- Email photos to the

Forest Health Program; or

• Mail insects to DEC's Forest Health Diagnostics Lab for identification:

NYSDEC Forest Health Diagnostic Laboratory

Attn: Jessica Canceliere

108 Game Farm Road Delmar, NY 12054.

Learn more about ALB surveys on the DEC website at dec.ny.gov.

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Legals

Notice of Form. of GK SUB SHOP 1, LLC. Arts. of Org. filed with SSNY on 1/11/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 612 WATERVLIET SHAKER ROAD, LATHAM, NY, 12110. Any lawful purpose.

Notice of Formation of A1 CARE & SERVICES COORDINATION LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to A1 CARE & SERVICES COORDINATION LLC: 132 32ND STREET BROOKLYN NY 11232. Purpose: Any lawful purpose

Notice of Formation of BGCSY Consulting. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-01-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to BGCSY Consulting: 1326 59th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of JCS Apparel, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Waverly Unit 31 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly Unit 31 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of Strawberries and Cream LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agents : 418 Broadway Ste N Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of GOOD RACK LLC. Arts. of Org. filed with SSNY on 05/26/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1967 WEHRLER DRIVE, SUITE 1-086, BUFFALO, NY, 14221. Any lawful purpose.

Notice of Formation of Full Access LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway, STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of GoodVets Services of Brooklyn Heights LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-20. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway, STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Preston Property Services LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-11. Office location: Albany County. SSNY designated as agent of upon whom process against it may be served. SSNY should mail process to

cess to Preston Property Services LLC: 1443 Indian Fields Road Feura Bush NY 12067. Purpose: Any lawful purpose

Notice of Formation of AUGUST JAC LLC. Arts. of Org. filed with SSNY on 06/19/2023. Office: Albany County. SSNY designated as agent upon whom process against it may be served. SSNY shall mail process to the LLC, 7001 Brush Hollow Rd, Westbury, NY 11590 Purpose: any lawful activity

A1 ARMOR CLEANING SERVICE LLC. Art of Org. filed with the SSNY on 05/25/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Form. of 515 PARK AVENUE 18 LLC. Arts. of Org. filed with SSNY on 05/12/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Form. of KNC813 WELLINGTON MANAGEMENT, LLC. Arts. of Org. filed with SSNY on 05/01/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to The LLC: c/o Whiteman Osterman & Hanna LLP One Commerce Plaza Albany NY 12260. Purpose: Any lawful purpose

Notice of Formation of Decker Disposal, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-26. Office location: Albany County. SSNY designated as agent of upon whom process against it may be served. SSNY should mail process to The LLC: c/o Whiteman Osterman & Hanna LLP One Commerce Plaza Albany NY 12260. Purpose: Any lawful purpose

Notice of Form. of 241 LENOX AVE OWNER LLC. Arts. of Org. filed with SSNY on 05/03/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of SHODAH PROPERTIES LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-12-14. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to SHODAH PROPERTIES: 2 HOEY CIRCLE POMONA NY 10970. Purpose: Any lawful purpose

Notice of Form. of SPORTS CONSULTING AND INVESTING LLC. Arts. of Org. filed with SSNY on 05/17/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1967 WEHRLER DRIVE, SUITE 1-086, BUFFALO, NY, 14221. Any lawful purpose

Notice of Formation of Peace and Kaos Media Productions. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-08. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Qualification of ALLEGIAN PARTNERS, LLC. Certificate of Authority filed with Secretary of State of NY (SSNY) on 2023-03-16 Office location: Albany County. Limited Liability Company (LLC) formed in DE on 2023-03-07. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207 Articles of Organization originally filed with DE Secretary of State (SOS). 8 The Green STE B Dover DE 19901. Purpose: Any lawful

purpose.

Notice of Form. of JME & CO. NYC, LLC. Arts. of Org. filed with SSNY on 05/15/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of AHG Assets LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-22. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents INC: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Virtuous Pursuits LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on June 13, 2023. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway Suite N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Zilizaza, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to New York Registered Agent: 418 Broadway Ste. Y Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of ALDEN BUSH, DNP - NURSE PRACTITIONER IN PSYCHIATRY PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-30. Office location: Albany County. SSNY designated as agent of upon whom process against it may be served. SSNY should mail process to THOMAS LAW FIRM PLLC: 131 7TH AVENUE #204 New York NY 10011. Purpose: Any lawful purpose

Notice of Formation of Devils Choice LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-23. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Jeremy Degracia: 70 Morris St Albany NY 12208. Purpose: Any lawful purpose

Notice of Formation of Phase Lighting Audio Events LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-07. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Christopher Wilson: P.O. Box 192 Round Top NY 12473. Purpose: Any lawful purpose

Notice of Form. of YAD AVRAHAM DOVID MARRIAGE WORKSHOP LLC. Arts. of Org. filed with SSNY on 05/23/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to YAD AVRAHAM DOVID MARRIAGE WORKSHOP LLC: 199 Lee Avenue Suite 411 Brooklyn NY 11211. Purpose: Any lawful purpose

Notice of Formation of EBCC LLC. Arts of Org filed with the SSNY on 07/03/2023. Office: Albany County. SSNY designated as agent upon whom process against it may be served. SSNY shall mail process to the LLC, 7001 Brush Hollow Rd, Westbury, NY 11590 Purpose: any lawful activity

Notice of Formation of LITTLE LAMBS LLC. Arts of Org filed with the SSNY on 06/01/2023. Office: Albany County. SSNY designated as agent upon whom process against it may be served. SSNY shall mail process to Northwest Registered Agent: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 40 BAILEY LLC. Arts. Of Org. filed with SSNY on 06/06/2023. Office location Greene SSNY desg. As agent of LLC upon whom process against it may be served. SSNY mail process to 65 KATYDID DR, BRANCHBURG, NJ, 08876. Any lawful purpose.

Notice of Formation of Lurie Technologies, LLC. Articles of Organization

filed with Secretary of State of NY (SSNY) on 2023-03-23. Office location: Albany County. SSNY designated as agent of upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway Suite N Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of NOBLEBOW LLC. Arts. of Org. filed with SSNY on 05/18/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Form. of MARSPROJECT LLC. Arts. of Org. filed with SSNY on 05/19/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Form. of SAB-BATH LEGACY CAPITAL, LLC. Arts. of Org. filed with SSNY on 05/11/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway Suite N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Sixth Peak Army. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-30. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to New York Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Hold Yer Horse Stable LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-26. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Hold Yer Horse Stable LLC: 102 Kruger Rd Selkirk NY 12158. Purpose: Any lawful purpose

NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY Notice of Form. of TRIARCH MANAGEMENT II LLC. Arts. of Org. filed with SSNY on 05/18/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY 12207. Any lawful purpose.

Notice of Formation of The Paloma Girls, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-18. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of EBCC LLC. Arts of Org filed with the SSNY on 07/03/2023. Office: Albany County. SSNY designated as agent upon whom process against it may be served. SSNY shall mail process to the LLC, 7001 Brush Hollow Rd, Westbury, NY 11590 Purpose: any lawful activity

Notice of Formation of LITTLE LAMBS LLC. Arts of Org filed with the SSNY on 06/01/2023. Office: Albany County. SSNY designated as agent upon whom process against it may be served. SSNY shall mail process to Northwest Registered Agent: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Embark Properties, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-03. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway, STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of TALK LINK LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-03. Office location: Albany County. SSNY designated as agent of

Notice of Formation of 170-172 Holland LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-16. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to 170-172 Holland LLC: 75 Huntington Street Brooklyn NY 11231. Purpose: Any lawful purpose

NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the Limited Liability Company is R&M Catskill, LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the Secretary of State on June 19, 2023. THIRD: The County within the State of New York in which the office of the Company is located is Greene County. FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is 2758 Old Kings Road, Catskill, New York 12414. FIFTH: The Company is organized for all lawful purposes. DATED: June 19, 2023 GUTERMAN SHALLO & ALFORD, PLLC 21 North Seventh Street Hudson, New York 12534 (518) 828-5400

PUBLIC AUCTION OF STATE SURPLUS VEHICLES AND EQUIPMENT AT: NYS OFFICE OF GENERAL SERVICES 1220 WASHINGTON AVE - SURPLUS LOT B, ALBANY, NY 12226 ON WEDNESDAY JULY 19, 2023, AT 9:30AM PREVIEW: 8:30AM (CATALOGS AVAILABLE AT TIME OF PREVIEW) AUCTION ITEMS TO INCLUDE: SURPLUS VEHICLES, TOOLS, AND OTHER MISCELLANEOUS ITEMS. TO VIEW UP TO DATE AUCTION ITEMS AND PHOTOS VISIT OUR WEBSITE AT: NYSStore.com (518) 457-6335

TERESA'S ARTISTRY LLC. Art of Org. filed with the SSNY on 03/30/2023. Office location: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose.

Notice of Formation of 45 WINDSOR LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-22. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to 45 WINDSOR LLC : 555 FLUSHING AVE BROOKLYN NY 11206. Purpose: Any lawful purpose

Notice of Qual. of CHARLEMONT MANAGEMENT LLC Auth. filed with SSNY on 05/11/2023. Office location: Albany, LLC formed in DE on 01/17/2023. SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1967 WEHRLER DRIVE, SUITE 1-086, BUFFALO, NY, 14221. Arts. of Org. filed with DE SOS. Townsend Bldg. Dover, DE 19901. Any lawful purpose.

Notice of Formation of 652 Myrtle LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-11. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Gregory Bruno: 652 Myrtle Ave Albany NY 12208. Purpose: Any lawful purpose

Notice of Formation of Mugen Universal, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-13. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent: 418 BROADWAY STE N ALBANY NY 12207. Purpose: Any lawful purpose

Notice of Formation of CNY Tech Services LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-01. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents Inc.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Heather Mueller, Nurse Practitioner in Psychiatry, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-22. Office location: Albany County. SSNY designated as agent of

Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to CHAYA PERL: 593 E 3RD ST Brooklyn NY 11218. Purpose: Any lawful purpose

Notice of Form. of CJB WEALTH MANAGEMENT, LLC. Arts. of Org. filed with SSNY on 05/24/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1280 NEW SCOTLAND ROAD, SLINGERLANDS, NY, 12159. Any lawful purpose.

Notice of Formation of PISIECZKO PENSION HOLDINGS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-27. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Northwest Agent: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of 25909 81 AVE LLC. Arts. of Org. filed with SSNY on 05/12/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose

Notice of Form. of LA FAMILIA DE CINCO LLC. Arts. of Org. filed with SSNY on 12/19/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET STE 700 BOX 10 , ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of Brian Wickham Manufacturing Solutions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE Y Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Ashuraey Law PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-11. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 4200 Victory LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Yesilkart Forum LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-29. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 BROADWAY STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Elmhurst Investors, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-15. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Gregory Bruno: 652 Myrtle Ave Albany NY 12208. Purpose: Any lawful purpose

Notice of Form. of BANGKOK IN BROOKLYN LLC. Arts. of Org. filed with SSNY on 05/25/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 472 LORIMER ST, BROOKLYN, NY, 11211. Any lawful purpose.

Notice of Formation of Anna Jankowska Psychologist PLLC. Articles of Organization filed with Secre-

ability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway Ste N Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of AVILES LAW FIRM PLLC. Arts. of Org. filed with SSNY on 05/10/2023. Office location: Albany SSNY desg. as agent of PLLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of Emery Infrastructure LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-16. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Northwest Agent: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of 25909 81 AVE LLC. Arts. of Org. filed with SSNY on 05/12/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY should mail process to 90 STATE STREET, SUITE 700 BOX 10, ALBANY, NY, 12207. Any lawful purpose

Notice of Form. of LA FAMILIA DE CINCO LLC. Arts. of Org. filed with SSNY on 12/19/2022. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 90 STATE STREET STE 700 BOX 10 , ALBANY, NY, 12207. Any lawful purpose.

Notice of Formation of Brian Wickham Manufacturing Solutions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-05. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Kenneth Katz Law PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-12. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to Northwest Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Waverly 30 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly 30 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of KINGS 11 ELECTRONICS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-03. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Registered Agents INC: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Form. of PERMISSIBLE CAPITAL LLC. Arts. of Org. filed with SSNY on 05/18/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served. SSNY mail process to 1967 WEHRLER DRIVE, SUITE 1-086, BUFFALO, NY, 14221. Any lawful purpose.

SERRES LLC Art of Org. filed with the SSNY on 06/07/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose

Notice of Formation of Anna Jankowska Psychologist PLLC. Articles of Organization filed with Secre-

tary of State of NY (SSNY) on 2022-05-27. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of 170-172 Holland Ave LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-23. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to 170-172 Holland Ave LLC: 4770 White Plains Rd Bronx NY 10470. Purpose: Any lawful purpose

Notice of Formation of Soresen Registered Nurse Services, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-09-21. Office location: Albany County. SSNY designated as agent of Professional Limited Liability Company (PLLC) upon whom process against it may be served. SSNY should mail process to REGISTERED AGENTS INC.: 418 Broadway STE R Albany NY 12207. Purpose: Any lawful purpose

Notice of Formation of Dough! A Gluten and Dairy Free Bakery LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-07. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Northwestern Registered Agent LLC: 418 Broadway STE N Albany NY 12207. Purpose: Any lawful purpose

FRESHPAGE MAJESTY ENT LLC Art of Org. filed with the SSNY on 04/03/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, LEGALCORP SOLUTIONS 1060 Broadway Suite 100 ALBANY, NY 12204 Purpose: Any lawful purpose

Notice of Formation of Waverly 30 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly 30 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of Waverly 30 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly 30 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of Waverly 30 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly 30 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of Waverly 30 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly 30 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

Notice of Formation of Waverly 30 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24. Office location: Albany County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served. SSNY should mail process to Waverly 30 LLC: 1238 47th Street Brooklyn NY 11219. Purpose: Any lawful purpose

LUMINA APPLIANCE

REPAIR LLC. Art. of Org. filed with the SSNY on 05/02/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served.

Notice of Form. of BRUCE H. YAFFE MEDICAL SERVICES PLLC. Arts. of Org. filed with SSNY on 05/16/2023. Office location: Albany SSNY desg. as agent of PLLC upon whom process against it may be served.

Notice of Form. of METABOLIC NASHVILLE, LLC. Arts. of Org. filed with SSNY on 04/05/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served.

Notice of Formation of Round Top Small Engine Repair. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24.

Notice of Form. of FOX-RIDGE PARTNERS, LLC. Arts. of Org. filed with SSNY on 05/16/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served.

Notice of Formation of AA Basement Technologies LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-05.

Notice of Formation of MENDEL PANETH LLC. Arts. of Organization filed with Secretary of State of NY (SSNY) on 2022-11-28.

Notice of Formation of 117 HART ST LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-19.

Brooklyn NY 11249. Purpose: Any lawful purpose

Notice of Formation of Wild Amaranth Farm LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-09.

Notice of Formation of VEM MARKETING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-04-21.

Notice of Formation of Big Barn Realty, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-31.

Notice of Formation of Kinesthetic Minds LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-26.

Notice of Formation of Interstate Cleaning Services LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-16.

Notice of Form. of TRUE BARBERS LLC. Arts. of Org. filed with SSNY on 05/15/2023. Office location: Albany SSNY desg. as agent of LLC upon whom process against it may be served.

Notice of Formation of UNITED LICENSED BEHAVIOR ANALYST ABA PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-22.

to THE PLLC: 1441 46TH STREET BROOKLYN NY 11219. Purpose: Any lawful purpose

Notice of Formation of LTG EQUITIES LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-18.

Notice of Qualification of Think About Me, LLC. Certificate of Authority filed with Secretary of State of NY (SSNY) on 2023-06-21.

Notice of Formation of NAL 770 LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-28.

Notice of Formation of Boards and Bites LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-16.

Notice of Formation of Dhamo LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-01.

Notice of Formation of 1000 Dean Brooklyn LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-01-18.

Notice of Formation of Kreider Spataro LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-05.

tail. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-03.

Notice of Formation of VISAFLEX LAW PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-16.

Notice of Formation of Artful Studios. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-19.

Notice of Form. of 25911 81 AVE LLC. Arts. of Org. filed with SSNY on 05/12/2023.

Notice of Form. of ZENITH MARKETING AGENCY LLC. Arts. of Org. filed with SSNY on 05/15/2023.

Notice of Formation of Dhamo LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-01.

Notice of Formation of LI EXOTICS, LLC. Arts. of Org. filed with the SSNY on 06/03/2023.

Notice of Formation of Quamar LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-05.

NY (SSNY) on 2023-04-18. Office location: Greene County. SSNY designated as agent of Limited Liability Company (LLC) upon whom process against it may be served.

Notice of Formation of HOT POINT TOUR LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-31.

Notice of Formation of PHP LAW PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-19.

Notice of Formation of PHOENIX JEWELRY LLC. Arts. of Org. filed with SSNY on 05/10/2023.

Notice of Formation of DKA & One LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-08.

Notice of Formation of Faibish Capital LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-06.

Notice of Formation of LI EXOTICS, LLC. Arts. of Org. filed with the SSNY on 06/03/2023.

Notice of Formation of Quamar LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-05.

designated as agent of Limited Liability Company (LLC) upon whom process against it may be served.

Notice of Form. of JEREMY MONTROSE DENTISTRY, PLLC. Arts. of Org. filed with SSNY on 05/16/2023.

Notice of Formation of AV-DOO & PARTNERS MARKETING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-22.

Notice of Formation of Byron/Beggs LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-24.

Notice of Form. of STUNNING JEWELRY LLC. Arts. of Org. filed with SSNY on 05/10/2023.

Notice of Formation of Bridgeform LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-09.

Notice of Formation of 42ND FLOOR CONSULTING LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-06-06.

Notice of Form. of SOLARBLOCKS ENERGY LLC. Arts. of Org. filed with SSNY on 05/11/2023.

Notice of Formation of JR Wood LLC. Articles of Or-

ganization filed with Secretary of State of NY (SSNY) on 2023-05-31.

Notice of Formation of Chauncey Property Management LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-22.

Notice of Formation of Over Drinks Productions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-01.

Notice of Formation of Koru Studio LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-06.

Notice of Formation of YNK Solutions LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-02-21.

Notice of Form. of BEAUTY LASER SPA LLC. Arts. of Org. filed with SSNY on 05/25/2023.

Notice of Formation of BE-MAG LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07.

Notice of Formation of BSD Y&U REALTY LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-06.

Notice of Form. of CUSTOM RESIDENTIAL SOLUTIONS, LLC. Arts. of Org. filed with SSNY on 05/23/2023.

Notice of Formation of Stable View Pastures LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-31.

Notice of Formation of GOODVETS SERVICES OF BROOKLYN HEIGHTS LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-03-20.

Notice of Formation of Bending Birches Laughing Skies Nurse Practitioner in Psychiatry, PLLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2023-05-30.

Notice of Formation of BE-MAG LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2022-10-07.

Notice of Form. of MIRO-SA DIAMONDS LLC. Arts. of Org. filed with SSNY on 05/16/2023.

Notice of formation of C.C.S TRANSPORTATION, LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/20/2021.

Notice of formation of ATLAS MASONRY LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 11/07/2022.

Notice of formation of GLOBAL KICKBACK LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 02/02/2023.

Notice of registration of BREITLIGHT INNOVATIONS LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 07/03/2023.

Notice of formation of Lia Kim Design LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 03/23/2023.

Notice of formation of Acadia Collective LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 04/12/2023.

Notice of formation of TRULYUNKNOWN LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 04/19/2023.

Notice of formation of INTERNATIONAL COMMERCE ADVISORS LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 04/20/2023.

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NOTICE OF MODIFICATION OF ENVIRONMENTAL MANAGEMENT AND CONSTRUCTION PLAN FOR CHAMPLAIN HUDSON POWER EXPRESS

Please take notice that, on or about July 5, 2023, CHPE LLC and CHPE Properties, Inc. (collectively referred to as "CHPE") intend to request modification of an Environmental Management & Construction Plan ("EM&CP") for the Temporary Laydown Yards Segment of the proposed Champlain Hudson Power Express ("CHPE") Project approved by the New York State Public Service Commission ("PSC") on February 16, 2023. The proposed modification would add a temporary laydown yard on previously disturbed lands in the Town of Bethlehem (Albany County) which will be used for construction staging, marshalling, and storage during construction.

CHPE holds a certificate of environmental compatibility and public need (Certificate), pursuant to Article VII of the Public Service Law (PSL), to construct and operate the CHPE Project. The PSC approved CHPE's Temporary Laydown Yards EM&CP; modifications to that approved EM&CP which impact areas not previously included in the EM&CP review process require additional public notice and an opportunity for the community to comment. Details of the planned work locations, including an overview map of the proposed route, are available on the Project website at: <https://chpexpress.com/overview-of-public-documents/environmental-management-construction-plan/>. In general, construction activities for this Segment are anticipated to commence in summer 2023. Construction of the laydown yard will generally occur between 7 a.m. and 7 p.m., with any high-noise construction activities occurring during daylight hours as much as possible.

The approved Temporary Laydown Yards EM&CP and Bethlehem Annex Laydown Yard Change Notice provide detailed information regarding how the temporary laydown yard will be constructed. The document describes and depicts the specific location of these yards including the Construction Zone and temporary work areas, as well as descriptions of work to be performed, plan and profile drawings, and protocols to be used during construction to protect the community and the environment, and to comply with the CHPE Certificate.

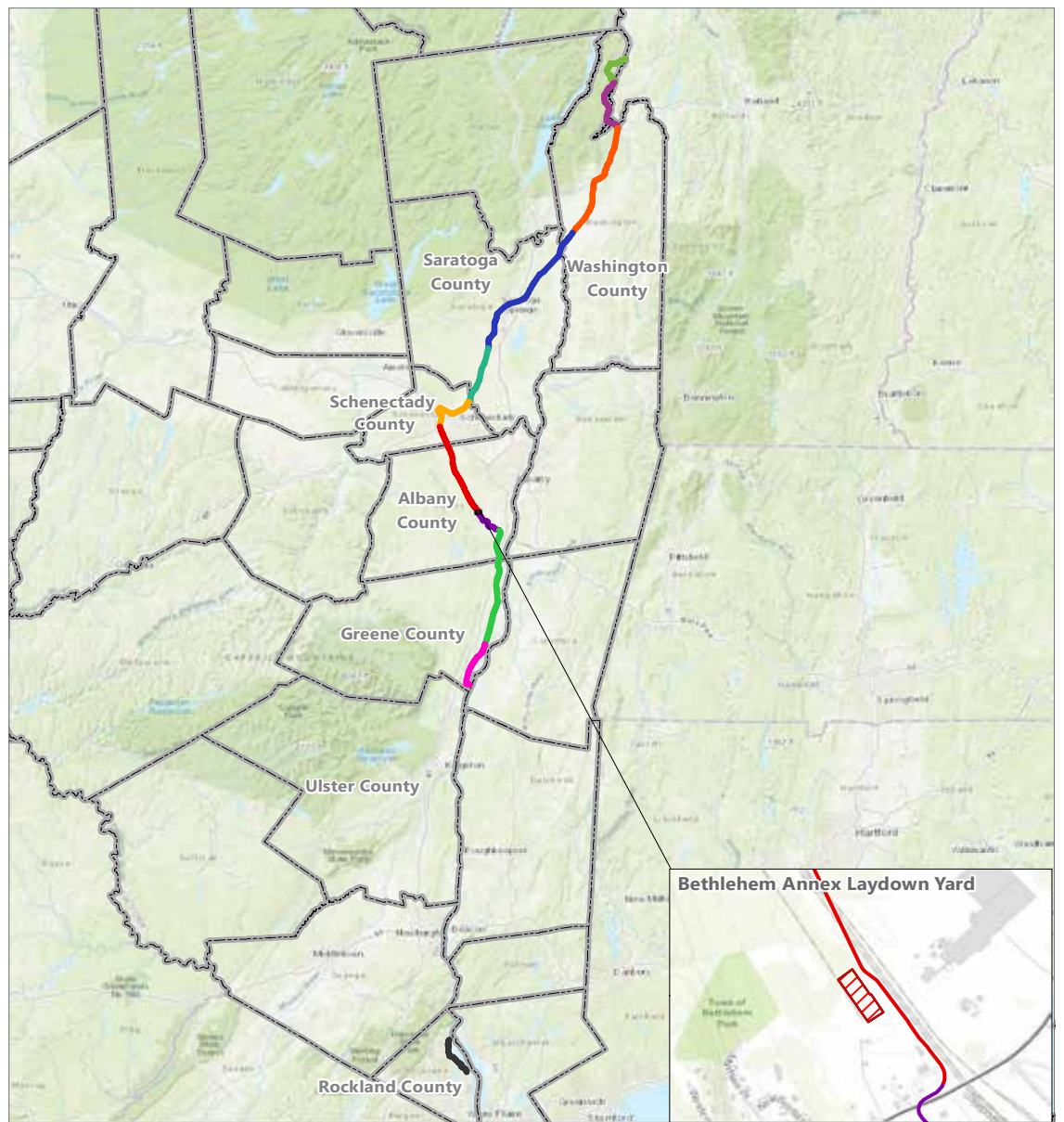
The full Commission docket for the Project can be accessed via the Commission's website at: <http://documents.dps.ny.gov/public/MatterManagement/CaseMaster.aspx?MatterCaseNo=10-T-0139> and electronic copies of EM&CP documents also will be available on the Project website at <https://chpexpress.com/overview-of-public-documents/environmental-management-construction-plan/>.

Comments related to the proposed Bethlehem Annex Change Notice to the Temporary Laydown Yard EM&CP should be submitted to the Commission Secretary by email at secretary@dps.ny.gov or by mail to Michelle Phillips, Secretary, NYS Public Service Commission, 3 Empire State Plaza, Albany, NY, 12223. All comments should reference Case Number 10-T-0139.

CHPE has established a toll-free number for questions regarding the Project: 1-800-991-CHPE (2473). Questions or requests for further information can be directed to: publicoutreach@chpexpress.com or by mail to Molly Hollister, WSP USA, One Pennsylvania Plaza, New York, New York 10119.

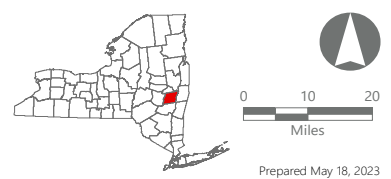


Bethlehem Annex Laydown Yard



CHPE Package 5A/B EM&CP
Albany County

- CHPE EM&CP Filing
- Segment 1
- Segment 2
- Segment 3
- Segment 4 & 5
- Segment 6
- Segment 7
- Segment 8
- Segment 9
- Segment 10
- Segment 11
- Segment 12
- Bethlehem Annex Laydown Yard



EDR

Prepared May 18, 2023
Basemap: Esri "World Topographic Map" map service

Notice of formation of Gotham Geothermal LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 05/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6825480

Notice of registration of ARDENT STAFFING SOLUTIONS, LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 05/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6827028

Notice of formation of WBS GROOMING LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 05/17/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6836676

Notice of formation of NIMOL BEAUTY LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 05/20/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6838884

Notice of formation of Saratoga Sites, LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 05/31/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6846938

Notice of formation of I Image Design LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/01/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6864896

Notice of formation of FIG ACADEMY LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/01/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6864915

Notice of formation of Laurie Chameides LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6867493

Notice of formation of Resilient Resource Groups LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/14/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6876670

Notice of formation of WASHINGTON MARKET STRATEGIES LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/15/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6877871

Notice of formation of Freelance Photo-Journalist International LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/20/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6881142

Notice of formation of MOON GRASS LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/22/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6883505

Notice of formation of RS MANHATTAN LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/26/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6885762

Notice of registration of OKAM PROPERTIES, LLC. Certificate of Authority filed with the Secretary of State of New York (SSNY) on 06/27/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6888330

Notice of formation of GIANT MANLIUS LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/28/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6888697

Notice of formation of Field Artist Management LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/29/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6889056

Notice of formation of Kingdom Kiddos Child Care LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/29/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Child Care. 6889242

Notice of formation of Birdies Golf Studio LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/29/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Golf Services. 6889424

Notice of formation of WriEd LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/29/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Writing and education. 6889658

Notice of formation of Sapio Real Estate Research LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/30/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6890313

Notice of formation of Be Inspired Healing LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/30/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Nurse Practitioner. 6890384

Notice of formation of PMM CONSULTANTS LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 06/30/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6890408

Notice of formation of Gherrera enterprises LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Management earnings from the barbering industry. 6926268

Notice of formation of Golden Green Obsession LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6926290

Notice of formation of Denise Social LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6926291

Notice of formation of Echo Vertex LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6926305

Notice of formation of Semper Holdings LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Real estate holding company. 6926320

Notice of formation of Barbagallo's Volleyball LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Volleyball coaching mentoring instructing. 6926364

Notice of formation of Client Convoy LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6926925

Notice of formation of Antisocial Superstars, LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/03/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for label with digital and physical merch. 6927029

Notice of formation of NY Slab Dealer LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/04/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Retail trade. 6927155

Notice of formation of ERA Dynamic Enterprise LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to REGISTERED AGENTS INC. at 418 BROADWAY STE R ALBANY, NY 12207. REGISTERED AGENTS INC. is designated as agent for SOP at 418 BROADWAY STE R ALBANY, NY 12207. Company is organized for any lawful purpose. 6927433

Notice of formation of Anneya Travel Group, LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6927444

Notice of formation of Casciano Logistics LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6927445

Notice of formation of DURAND G STYLE LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Fashion. 6928082

Notice of formation of Sidotsi Couture Cornerstone LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/05/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6928092

Notice of formation of MNY Capital LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/06/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Business Services. 6929244

Notice of formation of Distribuidora MEX GUA LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Venta y distribucion de productos Hispanos. 6929586

Notice of formation of Jonny Fix It LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Repair Services. 6929592

Notice of formation of Innovate Momentum, LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for Business Consulting. 6929710

Notice of formation of Matthew Rigby Photography LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for To earn money. 6929726

Notice of formation of ISG CAPITAL GROUP LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6929733

Notice of formation of Parallax Leadership LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6929747

Notice of formation of Timeless flor esthetic care LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6929862

Notice of formation of Seitz On Sites LLC. Articles of Org. filed with the Secretary of State of New York (SSNY) on 07/07/2023. Office location: ALBANY County, SSNY is designated as agent upon whom process may be served. SSNY shall mail service of process to NORTHWEST REGISTERED AGENT LLC at 418 BROADWAY STE N ALBANY, NY 12207. NORTHWEST REGISTERED AGENT LLC is designated as agent for SOP at 418 BROADWAY STE N ALBANY, NY 12207. Company is organized for any lawful purpose. 6929955

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Be Well: READ A LOCAL NEWSPAPER. The Pancreatic Cancer Action Network issued a list of "Tips and Practices for Self Care" to help "your physical, emotional, mental ad spiritual health" during the long-running pandemic. Among the actions listed under "Take a Break" was this practical advice: "Limit your exposure to news and social media. Choose just a few trusted sources of news, including a local source to learn what is happening in your community, and turn to those media at set times — not all day. Use social media to connect with people you don't get to see in person, but don't spend too much time on these platforms getting news and updates about the disease. Otherwise, it's easy to be consumed every moment of the day about the coronavirus as well as opinions and misinformation, all of which can be overwhelming." Thank you. We Agree. Source: The Pancreatic Cancer Action Network. Relevance Project. NEWSPAPER POWER. Print, Digital & Social Solutions for our advertisers.

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LEGALS

Section of Law - 206
Goodwoodfloor LLC. Filed 1/18/23. Office: Greene Co. SSNY design. as agent for process & shall mail to: 126 Tool House Rd, Catskill, NY 12414. Registered Agent: United States Corporation Agents, Inc., 7014 13th Ave, Ste 202, Bklyn, NY 11228. Purpose: General.

Schaghticoke Fair
Labor Day Weekend
August 30 - Sept. 4
AUSTIN SNELL
7:00pm Friday, September 1st
Performing on the JC Tractor Stage
VEGAS MCGRAW
THURSDAY, AUGUST 31ST, 7:30PM
TIM MCGRAW TRIBUTE SHOW FROM LAS VEGAS, NV

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Thursday, August 31st
CARLOAD ADMISSION
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In this webinar, learn how your Digital Footprint can help you reach more customers online. How do your customers find you? How do you rank against your competitors? We will provide practical tips & tricks to use reviews, social media & digital advertising to create meaningful engagement with your customers & community. We begin with the end in mind. Think about what action do you want your clients to take? Buy more? Call you? Learn how to help them do that.

SPECIFICALLY WHAT YOU WILL LEARN:

- How to be found on Google
- How to create a great social media strategy
- How to create engaging content
- How to increase engagement online, including resources
- Why you need to reply to all reviews, and how to handle negative ones
- How to use your Google Business Page to get the most reach and rise above competitors in your field



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ATTENTION COEYMANS RESIDENTS

Did you know that Long Energy is actively seeking approval from the Coeymans Planning Board for propane storage on Route 9W? This project has garnered significant attention, with multiple articles in the Times Union covering the latest developments. However, our progress has hit a roadblock. On April 26, 2023, the project approval vote resulted in a deadlock (3-3).

We want to emphasize that we have meticulously adhered to all legal requirements and have gone above and beyond to anticipate and accommodate the wishes of your community. As one Board member astutely stated during the April 26th meeting, "When I fall back to the code, the site plan section and the special-use section, if I went through that, they are in compliance with everything."

We deeply value the support of our customers, and we remain committed to offering more competitively priced fuel and service. By granting approval for this propane storage, we can enhance our ability to meet the energy needs of the community efficiently and effectively.

We appreciate your continued support and kindly encourage you to voice your opinions and help us tell the Town Planning Board to

"FOLLOW THE CODE. APPROVE THE PLAN!"

Together, we can ensure a reliable and affordable energy future for everyone in our community.



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